



Summer 2016 Rockville Rays Swim Team Registration Information

This summer, the Rockville Rays will be competing in Division A of the Montgomery County Swim League (MCSL) along with Stonegate, Tilden Woods, Upper County and Division Newcomers Germantown and Tallyho. Ellie Sherman will be the Rays' Head Coach this year. Although Ellie is new to the Rays, she has plenty of experience with coaching in MCSL. We are excited to welcome her to the team. Sara Kwon will be with the Rays as Co-Coach. Sara is a familiar face to the Rays, as she spent many years on the team as a swimmer.

Our program consists of a series of dual meets divided into two levels of competition. The advanced 'A' meets are limited in the number of competitors per team, while the 'B' meets are open to any swimmer not competing in the 'A' meets. We have a full season of Saturday 'A' meets and Wednesday night 'B' meets, so all of our swimmers will have an opportunity to compete in at least one meet each week. Swimmers must be able to swim at least one length of the pool (without stopping) to join the team, as evaluated by the coaches.

VERY IMPORTANT DATES!! These are important dates for the Rays, and we need many volunteers:

- June 3-5: Concession stand for the Maryland Long Course Meet;
- June 10, 6:30pm: Parent Orientation Meeting
- June 11, 8am: Time Trials. Participation by all families is needed to help run Time Trials. This meet determines our swimmers' initial seed times. Since no other team will be there, and we will time swimmers in 8 lanes, we will need all parents to be available to help run the meet. Please note that **only** swimmers who have registered and paid their fees can participate in the Time Trials.
- July 10 Relay Carnival at Upper County;
- July 23 Division Champs at Rockville,
- July 30-31 Concessions for All Star Meets.

Practice Schedule:

Rays Team practice starts Tues., May 31, in the South Pool (indoors at Rockville Swim and Fitness Center).

- Tuesday May 31 until June 17, swim team practice will be from 4pm – 5:30pm (Mon – Fri).
- Monday June 20 until July 22, swim practice will change to 5pm-6pm (10 and under) and 6pm-7pm (11 and older) Mon, Tues, and Thurs. Friday practices will be 5pm-6pm (for all swimmers) so our Friday parties can start at 6pm. Starting June 20, all swimmers must use the outdoor entrance and outdoor shower facilities when coming to or leaving practice.

Registration & Fees:

NEW FOR 2016 - First, please go to <http://rockvillerrays.us> and complete the online registration form. After a successful registration you will receive a "confirmation email". Please take this email (print-out or phone) to the Rockville Swim and Fitness Center to finalize registration. This includes: completing the City of Rockville Registration Form and submitting payments to the City of Rockville AND Rockville Rays Parents (more details below). Most of our team communication including swim meets sign-ups, and parent volunteer sign-ups are on-line. If families are unable to register online, an in-person option is available to complete the process will be held on Thurs. 5/26/16 from 5-7pm at the Swim and Fitness Center.

Two fees are required to complete your registration:

- \$45.00 (per family) payable to the **Rockville Rays Parents** (payable ONLY by check)
- \$205.00 for Swim and Fitness Center Members or \$265.00 for non-members payable to the **City of Rockville** (payable by cash, Visa, Master Card or check payable to: City of Rockville). Swimmers who enroll in both the Spring/Summer RMSC program and the Rays will receive a discount of \$115 off for Swim and Fitness Center members or \$150 off for non-members.

Team Information:

Every family on the team is a member of the Rockville Rays Parents, which exists to support the swim program. This year, volunteering will be required in order for your child to swim. If parents do not sign-up for at least 5 volunteering opportunities (at meets and concessions) after registration, your swimmer will not be entered in any swim meets. This includes officiating, timing, clerk of course, and other jobs listed on our sign-up. Please seriously consider becoming a Stroke & Turn Official or Starter. MCSL offers classes, see below and on the www.mcsl.org and you will be able to shadow more experienced officials. The Rockville Rays Parents also staffs a concession stand during several big swim meets this summer (Long Course, and All-Stars), so we need Rays parents to volunteer to sell concessions. The revenue generated from these activities helps support the Rays and keeps our registration fees lower compared to other MCSL teams.

The Rays team swim suit this year will be the Speedo Launch Splice (black with blue), which is the same suit as last season. Costs are as follows: Boy's (jammer) suit is \$41, the boy's (brief) suit is \$33, and the Girl's suit is \$60. Team suits are available for purchase from Aardvark Swim and Sport in Rockville (301-309-3660), located at 831 Rockville Pike #D, Rockville, MD 20852 (Wintergreen Plaza). If you are unsure what size you need to buy for your swimmer, we have two time slots reserved at Aardvark for fitting: (1) Sunday, June 5, noon-2pm and (2) Saturday, June 11, 1-3pm. If these times are inconvenient, feel free to go to Aardvark at a different time.

We look forward to a great summer and to seeing swimmers on May 31 for the first swim practice and everybody on Friday, June 10 for our party and parent orientation meeting!

If there are any questions, please feel free to contact Maribeth Malecki via email at maribethjm@gmail.com or 630-373-9996 OR Annette Rauh via email at iread4fun@yahoo.com or 301-367-0082. For City of Rockville, Department of Recreation and Parks related questions, please contact Dave Greene at 240-314-8755 or dgreene@rockvillemd.gov.

Officials Clinics:

Register at www.mcsl.org, then choose Officials Certification on the left hand menu

Tues. May 24 7:00pm	MCSL Advanced Referee Clinic For currently certified refs only. This clinic is only for Referees whose Ref and S&T certifications are both listed as 2014 or later.	Olney Swim Center
Thurs May 26	Online ADVANCED REFEREE clinic. For existing Referees whose Ref and S&T Certifications are both listed as 2014 or later.	Registration is mandatory.
Sun. June 5 8:00am	MCSL Officials Clinic (Ref. S&T, Starter)	Olney Swim Center
Tues June 7 6:00pm	MCSL Officials Clinic (S&T only) This clinic provides initial training & recertification for S&T only. There will be no rain date for the outdoor clinic for first time S&T in the event of inclement weather.	Flower Hill 8100 Mountain Laurel Ln, Gaithersburg
Wed Jun 8 6:00pm	MCSL Officials Clinic (Referee & Starter Only)	Connecticut Belair Pool 3901 Ferrara Dr., Silver Spring Parking is available at the pool or along the street.
Sun. Jun 12 8:00am	MCSL Officials Clinic (Ref. S&T, Starter)	Olney Swim Center
Tues. Jun 14 7:00pm	MCSL Officials Clinic (S&T only) This clinic provides initial training and Recertification for S&T only.	Germantown Indoor Swim Center

ROCKVILLE RAYS

2016 CALENDAR

Practices:

Tues May 31 – June 17	Practice Begins and Registration Due Mon – Fri 4pm-5:30pm	South Pool
Monday June 20– Friday July 22	Monday, Tuesday, Thursday 5PM – 7PM Friday 5PM – 6PM	South Pool (Outdoor Entrance)

Meets & Events

Friday June 3 3pm	Concessions for Maryland Long Course Meet	Rockville Fitness Pool
Sunday June 5 8pm	Volunteers needed	
Fri June 10 6pm	Rays Party 6PM	Outdoor Sundeck
Fri June 10 6:30pm	Parent Orientation Meeting 6:30PM	Outdoor Sundeck
Sat Jun 11 8:00 am	Rays Time Trials	Rockville Fitness Pool
Fri Jun 17 6:00 pm	Rays Party	Outdoor Sundeck
Sat Jun 18 9:00 am	A Meet: Rays vs. Upper County	Upper County Pool
Wed Jun 22 6:00 pm	B Meet: TBD	TBD
Fri Jun 24 6:00 pm	Rays Party	Outdoor Sundeck
Sat Jun 25 9:00 am	A Meet: Rays vs. Tilden Woods	Tilden Woods
Wed Jun 29 6pm	B Meet: Hosting Bethesda	Indoor South Pool
Fri July 1 6:00 pm	Rays Party	Outdoor Sundeck
Sat July 2 9:00 am	A Meet: Rays vs. Germantown	Rockville Fitness Pool
Wed Jul 6 5:30 pm	B Meet: Rays vs. Clarksburg Town Center Sharks	Clarksburg
Fri July 8 6:00 pm	Rays Party	Outdoor Sundeck
Sat Jul 9 9:00 am	A Meet: Rays vs. Tallyho	Tallyho Pool
Sun July 10 7am	A RELAY CARNIVAL	Upper County Pool
Mon July 11 6:00pm	Rain Date for A Relay Carnival	Upper County Pool
Tues July 12 6:00 pm	Coaches Long Course Invitational	Rockville Fitness Pool
Wed July 13 6:00 pm	B Meet: Rays vs. Bethesda	Bethesda Pool
Fri July 15 6:00 pm	Rays Party	Outdoor Sundeck
Sat July 16 9:00 am	A Meet: Rays vs. Stonegate	Rockville Fitness Pool
Wed July 20 5:30 pm	B Meet: TBD	TBD
Fri July 22 6:00 pm	Rays Party	Outdoor Sundeck
Sat July 23 8:00 am	A Divisional Championship Meet	Rockville Fitness Pool
Sat July 30	MCSL All-Star Relays	Rockville Fitness Pool
Sun July 31	MCSL Individual All-Stars	Rockville Fitness Pool
TBD	Rays Team Banquet	TBD



Office Use Only:
Course # 55564
Date Processed: _____
Initials: _____

ROCKVILLE RAYS SWIM TEAM REGISTRATION FORM - 2016

The REGISTRATION FEE of \$45.00 per family is payable by **check only** to: "ROCKVILLE RAYS PARENTS".

Please visit the Rays website (<http://www.rockvillerrays.us>) to complete the Team Membership Form. Documentation of Online Sign-Up will be required before payment is accepted at the Swim and Fitness Center to finalize registration for the team.

The PROGRAM FEE paid by cash, check (payable to City of Rockville) or credit card at the Swim and Fitness Center Front Desk is \$205.00 for Swim and Fitness Center members, \$265.00 for non-members. Note that membership must be valid for the swimmer, for the length of the Rays program.

PARENTS' NAMES

Last	First	MI.
Last	First	MI.

ADDRESS _____

CITY _____ STATE _____ ZIP _____

Home Phone _____ Mother's Work # _____ Father's Work # _____

Email (very important): _____

SWIMMERS:

LAST	FIRST	MI.	M / F	DOB	RMSC Spring & Summer Swimmer:	YES / NO (circle one)
LAST	FIRST	MI.	M / F	DOB	RMSC Spring & Summer Swimmer:	YES / NO (circle one)
LAST	FIRST	MI.	M / F	DOB	RMSC Spring & Summer Swimmer:	YES / NO (circle one)
LAST	FIRST	MI.	M / F	DOB	RMSC Spring & Summer Swimmer:	YES / NO (circle one)

Release, Waiver, Assumption of Risk and Consent

Participation in the program may be a hazardous activity. Participant should not participate in the program unless participant is in good physical shape and is medically able. Participant (or parent or guardian on behalf of a minor child participant) assumes all risks associated with participation in this program, including but not limited to, those generally associated with this type of program, the hazards of traveling on public roads, of accidents, of illness, and of the forces of nature. In consideration of the right to participate in the program and in further consideration of the arrangement made for the participant by the Mayor and Council of Rockville through its Department of Recreation and Parks for food, travel, and recreation, the participant, his or her heirs, and executors, or a parent or guardian on behalf of a minor child participant, agrees to release and indemnify the Mayor and Council of the City of Rockville and all of its agents, officers and employees, from any and all claims for injuries or loss of any person or property which may arise out of or result from participation in the program. The participant (or the parent or guardian on behalf of a minor child participant) grants permission for a doctor or emergency medical technician to administer emergency treatment of the participant and consents to the City's use of photographs taken or videotapes made of the program that include the participant. Neither the instructor nor any of the staff are responsible for participants prior to or after the scheduled program.

Signature of Participant/Guardian _____ Date _____