

# Rockville Senior Center Highlights



April 2018

### Voice Tech

Thursday, April 19, 10-11:30 a.m.

Using your voice commands, Amazon's Alexa plays your favorite music and radio stations, gives you the latest news and weather, reads you books, searches the Internet, does your shopping, alerts family and friends if you are in distress and much more. No software to learn, no keyboard: you simply speak. Join Paul Burden, founder of Our Voice, who explains and demonstrates this easy-to-use voice technology.

Course# 4834. Free

### Etched in Stone

Tuesday, April 17, 10:30-11:30

Rockville Cemetery Association volunteer Mike Grant presents "The Sentiment, Artistry, and Symbolism of Grave Stones at Rockville Cemetery" in a beautiful and artistic program. Several photographs illustrate how these most visible features are so much more than simple grave markers.

Course# 4803; Free

### New Stroke Comeback Center Opening in Rockville!

The Stroke Comeback Center (SCC) is a community of survivors dedicated to living successfully following a stroke or other neurological event. The SCC offers classes and activities that allow individuals to work toward goals that they have chosen—whatever "living successfully" means to that person.

50 W Edmonston Dr. Suite 301

Rockville, MD 20852

Please call 301-605-7620 for questions.

1150 Carnation Drive  
Rockville, MD 20850  
240-314-8800

For updates and  
information visit our  
website:

[www.rockvillemd.gov/seniorcenter](http://www.rockvillemd.gov/seniorcenter)

Follow Rockville Senior  
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rockvilleSeniors](http://www.facebook.com/rockvilleSeniors)



Get Into It

### Senior Center Hours:

Monday-Friday,  
8:30 a.m.-5 p.m.

Saturday, 8:30 a.m.-1 p.m.  
(Drop-in use only)

### Fitness Center Hours:

Monday-Thursday,  
7 a.m.-8 p.m.

Friday, 7 a.m.-7 p.m.

Saturday, 7 a.m.-4 p.m.

### Transportation 101

Tuesday, April 17, 1-2:30 p.m.

What is the difference between Uber and Lyft? How do I download and use their apps? What if I don't have a smartphone? GoGo Grandparent might be for you! Kathleen M. McGuinness, CHME Assisting Hands Home Care, is here to assist you!

#4787. Free

### Counselor's Corner

Spring is almost here. Time to get outside and get some sunlight. Many suffer with depression during the winter months due to shortage of daylight. If you are feeling depressed, come see the counselor at Rockville Senior Center. Rika Granger, LCSW-C is at the center Tuesdays and Thursdays and more. She provides individual counseling and psychoeducational groups. Call RSC or you may reach Ms. Granger at 301-978-9750 or [fggranger@we-aspire.org](mailto:fggranger@we-aspire.org)

### Need Help with Your Taxes?

Senior Income Tax Assistance

Mondays until April 12

Appointment needed: No Fee

240-777-2577 or online at [https://  
taxaidmontgomerycountymd.as.me/schedule.php](https://taxaidmontgomerycountymd.as.me/schedule.php)

### Thursday & Friday Movie Matinees at the Senior Center

#### Darkest Hour

April 12 & 13, 1-3:15 p.m.

The dramatic and inspiring story of four weeks in 1940 during which Churchill's courage to lead changed the course of world history. **Rated PG-13 for some thematic material.**

#### The Greatest Showman

April 19 & 20, 1-3 p.m.

Inspired by the imagination of P.T. Barnum, The Greatest Showman is an original musical that celebrates the birth of show business & tells of a visionary who rose from nothing to create a spectacle that became a worldwide sensation. **Rated PG for thematic elements.**

A full list of classes can be found in our seasonal 60+ Recreation Guide. The guide can be found online at [www.rockvillemd.gov/seniorcenter](http://www.rockvillemd.gov/seniorcenter), at the Senior Center or any city facility.

### Police Academy

Wednesday, April 11-May 16, 10:30 a.m.-12 p.m.

Join us for this important program highlighting safety and education for our 60-plus population. Classes cover code enforcement, K-9 and forensic science, to name a few. The last session tours the Rockville Police Station.

Program facilitated by Cpl. Ken Matney.

Course# 4198; Free

### Young In Heart-Happy Anniversary!

Thursday, April 19, 11 a.m.-1:30 p.m.

Congratulations to the Young In Heart Senior Club who celebrates the 68<sup>th</sup> Anniversary of the Club. The group started in 1950 under the auspices of the Recreation and Parks Department and continues today with over 100 members. All club members will receive details in the monthly "Chatter" mailed to their homes for the meeting and luncheon. Sponsored by Collingswood Nursing & Rehabilitation Center and Potomac Valley - Nursing & Wellness Center.

### Rockville Seniors Inc. -Spaghetti Dinner

Thursday, April 19, 6-8 p.m.

Enjoy the night out with the family with spaghetti and Bingo. Bingo cards will be available to purchase for adult participants.

\$13 in advance • \$15 at the door/ Kids 12 and under \$4 in advance • \$6 at the door

Register in person or mail payment to Rockville Senior Center, check or cash accepted, check made out to R.S.I. Transportation is available for 60+ Rockville

Residents. Call 240-314-8810 by 4/16

### Fashion Show Rescheduled!

Friday, April 20, 1-2:30 p.m.

We were able to reschedule our "snowed" out show!!

Let our senior center models wow you with the latest spring fashions.

Light refreshments will be served Register by 4/13.

Course# 4197; \$5M, \$7R/\$10NR



### Indoor Spring Yard and Craft Sale

Sponsored by Rockville Seniors, Inc.

Saturday, May 5, 9 a.m. -2 p.m.

\$25 Senior Center Members

\$35 Non members

Space is available. Please call 240-314-8800 for an application

\*All programs are held at the Rockville Senior Center unless otherwise noted\*

Spring Classes are starting the second week of April. Make sure you sign up early before classes fill up!

### April Birthday

Wednesday, April 4, 1:30-3 p.m.

Course# 4194; Free/\$7

### Painting on Glass-Margarita Madness

Friday, April 20,

10:30 a.m. -12:30 p.m.

Get ready for spring and summer by creating two classic margarita glasses. Keep for your own parties or give as gifts. You'll paint the lime designs on your glasses and take them home to bake. No painting experience is required. Delicious margarita recipes are available to take home, as well. Course# 4376; \$12/\$15/\$19

### Wine and Cheese Open House

Sponsored by Sunrise of Rockville  
Tuesday, April 24, 5:30-7 p.m.

Free transportation available for Rockville residents.

Course#4276; \$3/\$5

### Summer Registration

May 1-

Senior Center Members

May 3-

Residents and Non Residents

### Art Reception

Sponsored by

Brightview West End

Thursday, May 17

6-8 p.m.; Free