

Teens

Arts, Dance and Enrichment

Babysitting

This two-session workshop geared for boys and girls covers accident prevention and basic care for infants and children. Attendance at both sessions is required to receive a certificate.

Age: 12-15
 37795 F 1/6 &-1/13 4-6 PM \$49/\$55
 Thomas Farm CC/Adventist HC

Ballet for Teens - Advanced



Students with five or more years of experience are welcome to learn advanced techniques. Students with demonstrated proficiency are encouraged to register with the Rockville Civic Ballet. Participants registering for two or more ballet classes, can apply a \$5 discount to one class. To receive a discount, register by mail, fax or walk-in. Note: \$15 recital fee for Spring Recital held at the F. Scott Fitzgerald Theatre on June 2. A \$12 costume fee is payable to the instructor in May. Registration is for the winter and spring sessions and includes a payment plan option. See Adult and Children Ballet for more classes. Monday - 13 classes; Wednesday - 16 classes

Age: 13+
 37203 M 1/23-5/21 5:45-7 PM \$126/\$145
 37204 W 1/18-5/30 5:45-7 PM \$154/\$177
 Rockcrest Ballet Ctr./Mangan

Home Alone

This workshops helps to prepare children and their parents for times when children will spend brief periods alone at home. Parent or guardian must attend with the child(ren). The fee is per child.

Age: 8-11
 37796 Sa 1/14 10 AM-12 PM \$14/\$19
 Thomas Farm CC/Adventist HC

Late Night Friday

Pre-teens and teens have the Center all to themselves to play games in the gym, enjoy video games, dance and listen to music, make a craft or just hang out with their friends. Refreshments will be sold. Pre-registration is strongly encouraged. Fee at door: \$ 10 residents; \$15 non-residents.

Age: 8-12
 37402 F 1/13 7-10:30 PM \$7/\$10
 Thomas Farm CC

College Bound- Interest Meeting

Let us help you make a knowledgeable decision by visiting some area colleges this spring and seeing them for yourself (with your peers). Join us for an evening planning session.

37999 W 1/25 6-7 PM Free
 City Hall

After School Enrichment

Teen Lounge

Hang out with your friends after school at our fun, safe and laid back Teen Lounge at Twinbrook Community Center. Enjoy computers with Internet access, video games, sports, table tennis, computer games, field trips, craft projects, enrichment clubs and, of course, homework time. Daily attendance is encouraged but not required. Transportation is provided by the City of Rockville from Wood MS and by MCPS from Julius West MS. Program is held on half-days, Noon-6:30 p.m. Closed holidays or on days when MCPS is closed.

Grade: 6-8
 Twinbrook CRC
 37452 M-F 1/3-4/2 3-6:30 PM \$205/\$225



Teens

Fitness & Wellness

We recommend bringing a water bottle to all fitness programs.



Teen Fit *New*



This fast-paced class includes basic strength training, cardiovascular conditioning and stretching exercises. Teens can increase their overall fitness or can use the sessions to support their sport-specific training.

Age: 13-18					
37987	Su	1/8-2/19	1:10-2 PM	\$70/\$81	
37988	Su	3/4-4/22	1:10-2 PM	\$70/\$81	
Rockville Swim and Fitness Center					

Leaders in Training (L.I.T.)

LEADERSHIP CLINICS

Ages: 12-15

(must be 13 by July 1, 2012)

New L.I.T.'s must first complete a **Leadership Clinic** in the spring, 2012 to be eligible to participate in our summer L.I.T. program. The four day, 2 ½ hour clinics will include workshops, games and activities designed to prepare teens to volunteer and/or work in a camp/playground environment.

- Registration begins Wednesday, Jan. 25 for both residents and non-residents, on a first-come, first-served basis, with a 24 youth maximum per clinic.
- Detailed information included in Camp Recreation Guide, available Jan. 3.
- Clinics held Monday - Thursday evenings, Feb. 27 - March 29.

Returning L.I.T.'s are not required to register for a Leadership Clinic.

Teen CPR *New*

This certification course covers CPR training for all ages (infant, child and adult), choking and the use of an AED. Fee includes required book and CPR card.

Age: 13-17				
37914	Sa	1/21	10 AM-1 PM	\$68/\$71
Thomas Farm CC/Adventist HC				

Winter Break Programs

Leaders in Training

Get some of your mandatory SSL hours fulfilled during winter break. Volunteer at one of the three children's programs (see page 19) held at our community centers. Cost includes supervision and leadership training. Spaces are limited, first-come, first-served basis. SSL hour forms will be mailed home in January, 2012.

Grade: 7-12				
37997	Tu-F	12/27-12/30	9 AM-3 PM	\$20/\$25
Thomas Farm CC				

Age: 14-17				
37996	Tu-F	12/27-12/30	9 AM-3 PM	\$20/\$25
Lincoln Park CC				

Age: 14-17				
37998	Tu	12/27-12/30	9 AM-5 PM	\$20/\$25
Twinbrook CRC				

Winter Break Trips

No school doesn't mean there is nothing to do. Check out all the fun you can have during your winter break. Trips depart from and return to Julius West M.S. Detailed trip information will be mailed one week prior to trip departure.

Grade: 6-10				
Tubing				
37992	Tu	12/27	9 AM-3 PM	\$20/\$25

Pottery and Movie				
37993	W	12/28	10:30 AM-4 PM	\$20/\$25

Laser Tag and Pizza				
37994	Th	12/29	10:30 AM-3:30 PM	\$20/\$25

Teens

Trips

Registration for trips begins upon receipt of the Guide. A letter with specific information will be mailed to participants one week prior to each trip. Cancellations must be received ten days prior to a trip to receive a refund (less \$10 administrative fee). Call our staff with questions or concerns at 240-314-8634.

Snow Boarding/Skiing



No School Days - Two days off, why not come along skiing or snowboarding at Ski Liberty! Cost includes transportation, leadership and the ski package you select. Detailed information will be mailed upon registration. Pick-up and drop-off at Julius West MS.

Grade: 8-12

Lift Only

38000 M 1/23 8 AM-4 PM \$45/\$50

Lift, Lesson and Rental

38001 M 1/23 8 AM-4 PM \$60/\$65

Lift Only

38002 M 2/20 8 AM-4 PM \$45/\$50

Lift, Lesson and Rental

38003 M 2/20 8 AM-4 PM \$60/\$65

Transitions - College Fair *New*

Unsure which school you want to attend when you graduate high school or transfer from a community college? Take a trip to a college fair this winter and speak to representatives and counselors in-person to have your questions answered. Free to participate but must register in advance. Additional college fair trips are planned for the spring. Pick-up and drop-off at Julius West MS.

Age: 15-21

38005 W 2/15 4:30-9 PM Free

Snow Tubing Party



Feel the breeze through your hair as you swoosh down the slopes on a big inflatable rubber tube. We're heading to Ski Liberty for this MCPS Early Release Day. Cost includes snow tubing, transportation, food and supervision. Detailed information to be mailed upon registration. Pick-up and drop-off at Julius West and Wood Middle Schools.

Grade: 6-10

37453 F 3/2 1-6:30 PM \$25/\$30

FREE local Rockville

Sk8 Park



New "Bank to Wall"

Micro Ramp with Escalator, New Pyramid

Hours:

Sunrise to 9 p.m. · 7 Days a Week

-Park has Lights-

240-314-8625

www.rockvillemd.gov/skatepark

skatepark@rockvillemd.gov

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