

See next page for
important information on
Special Dates and Hours



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ROCKVILLE SWIM AND FITNESS CENTER

355 Martins Lane • Rockville, MD 20850

<http://www.rockvillemd.gov/swimcenter> • (240) 314-8750

Fall 2018 – Winter 2019 Recreational Swim and Fitness Center Schedule

POOLS

	<u>North Pool</u> (6 lanes x 25 meters + ramp area)	<u>South Pool</u> (6 lanes x 25 yards)
Monday	6:00 – 8:20 a.m. 11:00 – 2:00 p.m. 5:00 – 9:00 p.m. <i>ramp closed until 5:15 pm</i>	7:30 – 9:00 a.m. 12:00 – 3:00 p.m.
Tuesday	6:00 – 8:20 a.m. 11:00 – 4:30 p.m. 6:00 – 9:00 p.m. <i>ramp closed until 6:15 pm</i>	7:30 – 11:00 a.m. 12:00 – 2:00 p.m.
Wednesday	6:00 – 8:20 a.m. 11:00 – 2:00 p.m. 5:00 – 9:00 p.m. <i>ramp closed until 5:15 pm</i>	7:30 – 9:00 a.m. 12:00 – 3:00 p.m.
Thursday	6:00 – 8:20 a.m. 11:00 – 4:30 p.m. 6:00 – 9:00 p.m. <i>ramp closed until 6:15 pm</i>	7:30 – 11:00 a.m. 12:00 – 2:00 p.m.
Friday	6:00 – 8:20 a.m. 11:00 – 3:30 p.m. 5:00 – 9:00 p.m. <i>ramp closed until 5:15 pm</i>	7:30 – 9:00 a.m. 12:00 – 2:00 p.m.
Saturday	6:00 – 7:30 a.m. 12:00 – 9:00 p.m.	10:30 – 4:00 p.m. <i>(TWO LANES lap swim ONLY from 10:30 -11:15 am)</i>
Sunday	11:00 – 9:00 p.m. <i>ramp and 1st lane closed until 12:45pm</i>	1:00 – 4:00 p.m.

Fitness Room, Saunas, and Spa Hours

Monday through Saturday:

6:00 a.m. – 9:00 p.m. *(Spa closes at 7pm on Sat)*

Sunday:

9:00 a.m. – 9:00 p.m.

Please note: The spa is closed to all children (17 and under) during swimming lessons.

2018 – 2019 Holiday Schedule

<p style="text-align: center;"><u>Saturday, December 22</u></p> <p>North Pool Open 6:00 am to 9:00 pm (Spa closes at 7pm) South Pool Open 11:00 am to 4:00 pm Fitness Room Open – 6:00 am to 9:00 pm</p>	<p style="text-align: center;"><u>Monday, December 31</u></p> <p>North Pool Open 6:00 am to 4:00 pm South Pool Closed Fitness Room Open – 6:00 am to 4:00 pm</p>
<p style="text-align: center;"><u>Sunday, December 23</u></p> <p>North Pool Open 9:00 am to 9:00 pm South Pool Open 12:00 pm to 4:00 pm Fitness Room Open – 9:00 am to 9:00 pm</p>	<p style="text-align: center;"><u>Tuesday, January 1</u></p> <p style="text-align: center;">Swim and Fitness Center Closed</p>
<p style="text-align: center;"><u>Monday, December 24</u></p> <p>North Pool Open 6:00 am to 4:00 pm South Pool Closed Fitness Room Open – 6:00 am to 4:00 pm</p>	<p style="text-align: center;"><u>Wednesday, January 2</u></p> <p>North Pool Open - 6:00 am to 3:30 pm AND 5:00 pm – 9:00 pm South Pool Open – 6:30 am – 2:00 pm Fitness Room Open – 6:00 am to 9:00 pm</p>
<p style="text-align: center;"><u>Tuesday, December 25</u></p> <p style="text-align: center;">Swim and Fitness Center Closed</p>	<p style="text-align: center;"><u>Thursday, January 3</u></p> <p>North Pool Open - 6:00 am to 4:30 pm AND 6:00 pm – 9:00 pm South Pool Open – 6:30 am – 2:00 pm Fitness Room Open – 6:00 am to 9:00 pm</p>
<p style="text-align: center;"><u>Wednesday, December 26</u></p> <p>North Pool Open - 6:00 am to 9:00 pm* South Pool Closed Fitness Room Open – 6:00 am to 9:00 pm</p>	<p style="text-align: center;"><u>Friday January 4</u></p> <p>North Pool Open - 6:00 am to 3:30 pm AND 5:00 pm – 9:00 pm South Pool Open – 6:30 am – 2:00 pm Fitness Room Open – 6:00 am to 9:00 pm</p>
<p style="text-align: center;"><u>Thursday, December 27</u></p> <p>North Pool Open 6:00 am to 9:00 pm* South Pool Closed Fitness Room Open – 6:00 am to 9:00 pm</p>	<p style="text-align: center;">Regular Facility Hours will resume on Saturday January 5th</p>
<p style="text-align: center;"><u>Friday December 28</u></p> <p>North Pool Open - 6:00 am to 9:00 pm* South Pool Closed Fitness Room Open – 6:00 am to 9:00 pm</p>	<p>RSFC will have regular operating hours on Dr. Martin Luther King Jr. Day (Mon. 1/21/19) and Presidents' Day (Mon. 2/18/19). All instructional programs are on as scheduled.</p>
<p style="text-align: center;"><u>Saturday, December 29</u></p> <p>North Pool Open - 6:00 am to 9:00 pm* (Spa closes at 7pm) South Pool Closed Fitness Room Open – 6:00 am to 9:00 pm</p>	<div style="background-color: #0056b3; color: white; padding: 10px;"> <p style="text-align: center; font-size: 1.2em; margin: 0;">Sign Up for Notifications</p> <p style="text-align: center; margin: 0;">Receive updates on</p> <div style="display: flex; flex-direction: column; align-items: center;"> <div style="display: flex; align-items: center; margin-bottom: 10px;"> <input checked="" style="margin-right: 10px;" type="checkbox"/> Schedule changes </div> <div style="display: flex; align-items: center; margin-bottom: 10px;"> <input checked="" style="margin-right: 10px;" type="checkbox"/> Weather alerts </div> <div style="display: flex; align-items: center;"> <input checked="" style="margin-right: 10px;" type="checkbox"/> Upcoming classes and facility projects </div> <p style="text-align: center; margin-top: 10px; font-weight: bold; font-size: 0.9em;">Sign up at: www.rockvillemd.gov/swimcenteralerts</p> </div> </div>
<p style="text-align: center;"><u>Sunday, December 30</u></p> <p>North Pool Open 9:00 am to 9:00 pm* South Pool Closed Fitness Room Open – 9:00 am to 9:00 pm</p>	

*Please note 1 lap lane may be reserved for programming at various times between 9:30--5:00pm.