



Summer 2025 Rockville Rays Swim Team Registration Information

This summer, the Rockville Rays will be competing in Division A of the Montgomery County Swim League (MCSL) along with Stonebridge, Stonegate, Wildwood Manor, Potomac and River Falls.

Our program consists of a series of dual meets divided into two levels of competition. The advanced 'A' meets are limited in the number of competitors per team (meet entries completed by coaches), while the 'B' meets are open to any swimmer not competing in the 'A' meets. We have a full season of Saturday 'A' meets and Wednesday night 'B' meets (dual and intrasquad), so all our swimmers will be guaranteed to have an opportunity to compete in at least one meet each week. Swimmers must be able to swim at least one length of the pool (without stopping) to join the team, as evaluated by the coaches.

VERY IMPORTANT DATES!! These are important dates for the Rays, and we need many volunteers:

- April 1st, Registration opens on rockvillerrays.com
- June 6: Parent Orientation Meeting
- **June 7, 8am: Time Trials**. Participation by all families is needed to help run Time Trials. This meet determines our swimmers' initial seed times. We will need all parents to be available to help run the meet. Please note that only swimmers who have registered and paid their fees can participate in the Time Trials.
- TBD: Relay Carnival; (Rain date TBD) – Relay Carnival Window is June 22 – July 6
- July 8th: Concessions sales for MCSL Coaches' Invitational Long Course Meet (at RSFC). See volunteer info section of this packet for details.
- July 19th Division Champs at TBD
- July 26-27 All Star Relay and Individual All Star Meets at RSFC

Practice Schedule

Rays Practice starts Tues., May 27th, in the South Pool (indoors at Rockville Swim & Fitness Center).

- Tuesday May 27th until Tuesday June 17th, swim team practice will be from 4pm – 5pm (10 and under) and 4pm – 5:30pm (11 and older) Mon – Fri.
- Wednesday June 18th until July 18th, swim practice will change to 5pm-6pm (10 and under) and 6pm–7pm (11 and older) on Mon, Tues, and Thurs. Friday practices will be 5pm-6pm (for all swimmers) so our Friday parties can start at 6pm.
 - Beginning on 6/17 for the summer season, families should plan on entering the facility from the outdoor pool's entrance and use the outdoor pool's bathhouse to enter the facility for practices.

Registration & Fees

First, visit <https://rockvillerrays.com> and complete the online registration form. After a successful registration, you will receive a "confirmation email." Please take this email (print-out or phone) to the Rockville Swim and Fitness Center to finalize registration. This includes completing the City of Rockville Registration Form and submitting payments to the City of Rockville AND Rockville Rays Parents (more details below). Most of our team communication including swim meets sign-ups, and parent volunteer sign-ups are online. To assure your child's spot on the roster, do not delay in

registration. **To attend time trials, registration must be completed, and payments submitted by June 4th.** Any registration after June 4th will still be accepted until June 6th; however, those individuals will only be able to attend time trials make-up.

Fees (two fee payments are required):

Payable to the City of Rockville (Course #36962)		AND	Payable to Rockville Rays Parents
Member*	Non-Member		\$100 per family
\$155 per swimmer	\$310 per swimmer		

** To take advantage of the special pricing for Rockville Swim and Fitness Center Members, the Rays swimmer must be registered for an active aquatics or full facility membership spanning the entire session of the swim season (25 punch passes are not included).*

See <https://rockvillemd.gov/400/Day-Pass-Membership-Rates> for details on membership plans.

The City of Rockville believes that everyone, regardless of income, should be able to participate in its recreation opportunities. To facilitate participation, the department offers financial assistance through programs such as the Recreation Fund and Senior Assistance Fund. **Limited financial assistance is available for Rockville residents, based on income. Please call 240-314-8620 to make an appointment. Additional Information available at:** <https://www.rockvillemd.gov/384/Recreation-Financial-Assistance>

The Swim and Fitness Center also has a Reduced-Price Membership Program (application available at the Front Desk) which may help individuals qualify for a discounted facility membership that entitles them to the member price on the Rays Program.

Transfers to and from the Rays for swimmers who competed on a different MCSL team in the prior season: MCSL has implemented rules and procedures governing movement of swimmers among teams within the league. If a swimmer participated on a different MCSL team in the previous year, or if for some reason a prior Rays swimmer will be joining a different MCSL team for 2025, be sure to check the league's website at <https://www.mcsl.org/> for instructions on how to seek approval for a transfer. If MCSL approval is required (see website for details), transfer requests should be submitted by 6/1/2025.

Parent Volunteer Information

Every family on the team is a member of the Rockville Rays Parents group, which exists to support the swim program. Volunteering is required for your child to swim. **If parents do not sign-up for at least five volunteer opportunities after registration, with three being an on-deck position, their swimmer will lose the eligibility to be entered in any swim meets.** On-deck positions include officiating, timing, and clerk of course. All other jobs are listed on our sign-up website. The Rockville Rays Parents group also staffs a concession stand during several big swim meets this summer at the Rockville Swim and Fitness Center (MCSL Coaches' Long Course, and All Stars), so we need Rays parents to volunteer to sell concessions. The revenue generated from these activities helps support the Rays (purchase equipment, support team activities, etc.)

MCSL offers free classes (see below and on the <https://mcsl.org/officials/>) for new and recertifying officials. Please seriously consider becoming a Stroke & Turn Official, Referee, or Starter. **Parents who are certified as a MCSL Referee or Starter, have two or more years of experience in either position, and serve at least three times in B meets, will be reimbursed the Rockville Rays Parents Club fee of \$100 refunded by July 19th, 2025.**

Montgomery County Swim League Code of Conduct and Expectations for Participation

Code of Conduct

As a condition of participation in Rockville Rays, all coaches, athletes, and their parent/guardians/family members (participating adults) agree to follow Montgomery County Swim League's Code of Conduct available at <https://mcsl.org/dynamic/code-of-conduct>, MCSL Safe Sport Best Practice Guidelines available at <https://mcsl.org/dynamic/safe-sport>, Rockville Swim and Fitness Center Facility Guidelines, available at <https://rockvillemd.gov/2529/Rules-Guidelines> as well as posted rules and staff member's instructions.

Communications

Athletes, coaches, and participating adults are expected to always interact with each other in a courteous and respectful manner, including through electronic communications. Except in emergency situations, an adult (18+) may not have one-on-one electronic communications with a minor participant. All electronic communications between an adult and a minor participant should have a second adult included which is suggested to be the minor's parent/guardian (Exceptions: participants who are 18 years of age may communicate with other 15-18 year old participants directly and family members may communicate directly). At any time, should an individual express their preference to cease electronic communication (from non-family members), it must be honored.

Team Suit Information

The Rays team swimsuit this year will be a Dolfin brand in nylon (black) with the team logo. Costs are as follows: Jammer is \$40, Brief is \$26 (no logo), Girls suit is \$49 and prices do not include tax. Team suits are available for purchase from Cassel's Awards & Engraving (703-435-4666 online at <https://rockvillerrays2025.itemorder.com/shop/home/>). Wearing the team suit is strongly encouraged.

For More Information

If there are any questions, please feel free to contact Charles Schwieters via email at charles@schwieters.org. For City of Rockville, Department of Recreation and Parks related questions, please contact Dave Greene at 240-314-8755 or dgreene@rockvillemd.gov.

Officials Clinics (Free)

Register at <https://mcs1.org/officials/>, then choose Officials Certification on the left-hand menu.

Date(s)	Time(s)	Training Session	Location
Monday, May 19	7:00 PM	Advanced Referee	Online
Wednesday, May 21	7:00 PM	Starter	Online
Thursday, May 22	7:00 PM	Referee	Online
Wednesday, May 28	7:00 PM	Recertifying Stroke & Turn	Online
Thursday, May 29	7:00 PM	Advanced Referee	Online
Sunday, June 1	8:00 AM	First Time (new) Stroke & Turn	In-Person
Sunday, June 1	7:00 PM	Recertifying Stroke & Turn	Online
Tuesday, June 3	7:00 PM	Starter	Online
Wednesday, June 4	7:00 PM	Referee	Online
Thursday, June 5	7:00 PM	First Time (new) Stroke & Turn	Online
Sunday, June 8	8:00 AM	First Time (new) Stroke & Turn	In-Person
Sunday, June 8	7:00 PM	Referee	Online
Monday, June 9	7:00 PM	Recertifying Stroke & Turn	Online
Wednesday, June 11	7:00 PM	"Last Chance" New/Recertifying Stroke & Turn)	Online

2025 Rockville Rays Calendar

Practices

Tuesday, May 27th	Practice Begins (Registration Required) * If registration payment is not paid in full, swimmers will be ineligible to practice.	
Tuesday, May 27 - Tuesday, June 17	10-year-old and under: Mon - Fri 4:00 PM-5:00 PM 11-year-old and over: Mon - Fri 4:00 PM-5:30 PM	South Pool (Indoor Entrance)
Wednesday, June 18 - Friday, July 18	10-year-old and under: Monday, Tuesday, Thursday 5:00 PM-6:00 PM 11-year-old and over: Monday, Tuesday, Thursday 6:00 PM-7:00 PM All ages: Friday 5:00 PM-6:00 PM	South Pool (Outdoor Entrance)

Meets & Events

Meet times and locations are subject to change. Any changes will be sent through email using the email address provided during online registration.

Date(s)	Time(s)	Event	Location
Friday, June 6	6:00 PM	Rays Friday Night Social Event	Rockville Sundeck
Saturday, June 7	8:00 AM	Rays Time Trials	Rockville Fitness Pool
Wednesday, June 11	4:00 PM – 5:30 PM	Time Trial Make-up (in lieu of practice)	Rockville South Pool
Friday, June 13	6:00 PM	Rays Friday Night Social Event	Rockville Sundeck
Saturday, June 14	9:00 AM	1A Meet: Rays vs. Potomac Mussels	Rockville Fitness Pool
Wednesday, June 18	5:30 PM	1B Meet: Rays at Olney Mill Otters	Olney Mill Pool
Friday, June 20	6:00 PM	Rays Friday Night Social Event	Rockville Sundeck
Saturday, June 21	9:00 AM	2A Meet: Rays at Stonegate Serpents	Stonegate Pool
Wednesday, June 25	5:30 PM	2B Meet: Rays Intrasquad Meet	Rockville Fitness Pool
Friday, June 27	6:00 PM	Rays Friday Night Social Event	Rockville Sundeck
Saturday, June 28	9:00 AM	3A Meet: Rays vs. Wildwood Manor Wombats	Rockville Fitness Pool
Wednesday, July 2	5:30 PM	3B Meet: Rays at King Farm Screamin' Geese	King Farm Pool
Saturday, July 5	9:00 AM	4A Meet: Rays at River Falls Dolphins	River Falls Pool
TBD	9:00 AM	Relay Carnival	TBD
Tuesday, July 8	6:00 PM	Coaches Long Course Meet	Rockville Fitness Pool
Wednesday, July 9	5:30 PM	4B Meet: Rays at Bethesda Barracudas	Bethesda Outdoor Pool
Friday, July 11	6:00 PM	Rays Friday Night Social Event	Rockville Sundeck
Saturday, July 12	9:00 AM	5A Meet: Rays vs. Stonebridge Sharks	Rockville Fitness Pool
Sunday, July 13	9:00 AM	8-U Superstar Meet (for B meet swimmers)	Westleigh Pool
Wednesday, July 16	5:30 PM	5B Meet: Rays at Manor Woods	Manor Woods Pool
Friday, July 18	6:00 PM	Rays Friday Night Social Event and Duck Derby Event	Rockville Sundeck
Saturday, July 19	8:00 AM	Divisional Meet	TBD
TBD	TBD	Shadowland Laser Tag Outing	Shadowland Laser Tag
Saturday, July 26	7:00 AM	Relay All-Star Meet	Rockville Fitness Pool
Sunday, July 27	8:00 AM	Individual All-Star Meet	Rockville Fitness Pool
Sunday, July 27	4:00 PM	End of Season Party	TBD

Rays Friday Night Social Events

There is a party on the Outdoor Deck at the pool every Friday during the season. Dates and more information are available on the Rockville Rays website (www.rockvillerrays.com).



Office Use Only:
Course #36962
Date Processed: _____
Initials: _____

ROCKVILLE RAYS SWIM TEAM REGISTRATION FORM – 2025

First - Please visit the Rays website (<https://www.rockvillerrays.com/>) to complete the Team Membership Form. **Documentation of Online Sign-Up will be required before payment is accepted at the Swim and Fitness Center** to finalize registration for the team. The **REGISTRATION FEE** of \$100.00 per family is payable by **check only** to: **“ROCKVILLE RAYS PARENTS”**.

The **PROGRAM FEE** paid by cash, check (payable to **City of Rockville**) or credit card **at the Swim and Fitness Center Front Desk** is **\$155.00 for Swim and Fitness Center members, \$310.00 for non-members**. Note that membership must be valid for the swimmer, for the length of the Rays program. Registrations can also be submitted via mail to RSFC / Rays Registration, 355 Martins Lane, Rockville MD 20850. For mail-in registrations, be sure to include both check payments and documentation (print out) of your online Rays Team Membership Form submission.

PARENT / GUARDIANS' NAMES _____
 Last First MI.

 Last First MI.
ADDRESS _____ **CITY** _____ **STATE** _____ **ZIP** _____
Home Phone # _____ **Parent 1 Cell #** _____ **Parent 1 Cell #** _____
Email (very important): _____

SWIMMERS:

_____	Gender _____	DOB _____
LAST FIRST MI.		
_____	Gender _____	DOB _____
LAST FIRST MI.		
_____	Gender _____	DOB _____
LAST FIRST MI.		

Note for Swimmers transferring from other MCSL teams: If a swimmer had participated on a different MCSL team last year, check the league’s website at www.mcsl.org for instructions on how to seek approval for a transfer. If MCSL approval is required (see website for details), transfer requests must have been submitted by 6/1/25.

RELEASE, WAIVER, ASSUMPTION OF RISK AND CONSENT:

Participation in the program may be a hazardous activity. Participant should not participate in the program unless participant is in good physical shape and is medically able. Participant (or parent or guardian on behalf of a minor child participant) assumes all risks associated with participation in this program, including but not limited to, those generally associated with this type of program, the hazards of traveling on public roads, of accidents, of illness, and of the forces of nature. In consideration of the right to participate in the program and in further consideration of the arrangement made for the participant by the Mayor and Council of Rockville through its Department of Recreation and Parks for food, travel, and recreation, the participant, his or her heirs, and executors, or a parent or guardian on behalf of a minor child participant, agrees to release and indemnify the Mayor and Council of the City of Rockville and all of its agents, officers and employees, from any and all claims for injuries or loss of any person or property which may arise out of or result from participation in the program. The participant (or the parent or guardian on behalf of a minor child participant) grants permission for a doctor or emergency medical technician to administer emergency treatment of the participant and consents to the City’s use of photographs taken or videotapes made of the program that include the participant. Neither the instructor nor any of the staff are responsible for participants prior to or after the scheduled program. By my participation in a City of Rockville, Department of Recreation and Parks program and/or entering this facility, I agree to follow all posted and/or published rules and staff member’s instructions. Violation may result in removal from the program and/or suspension from the facility.

Montgomery County Swim League Code of Conduct and Expectations for Participation: I acknowledge that I and all other participating parents/adults/guardians related to the participant have received, read and understood the Code of Conduct / Expectations for Participation and that and youth participants understand their requirements. (see page 3). I further acknowledge and understand that complying with the contents of Code of Conduct / Expectations for Participation is a condition of participation with Rockville Rays program.

Signature of Participant /Guardian (if participant is under 18) _____ **Date** _____