

life

IN ROCKVILLE

Winter 2026

Aquatics

Tots/Preschool

Children

Croydon Creek

Nature Center

Teens

Adults

Adults 60+

Cultural Arts

Financial Assistance

Lunar New Year Celebration



Recreation and Parks Activity Guide

SPRING YOUTH SPORTS LEAGUE

Early Bird Registration: Register by Feb. 10 and save \$5.

CO-ED SPRING SOCCER LEAGUES



Practices: One practice per week starting the week of March 23

League Play: Sundays Beginning April 12

Location: Mark Twain Athletic Park

Cost: \$75 R/\$85 NR

Time: Noon-5 p.m.

Ankle Biters , Pre-K, Age 4+ , Play 4 v 4	#39106
Tiny Kicks , Kindergarten, Play 4 v 4	#39107
Strikers , 1st Grade, Play 5 v 5	#39108
Pee Wee , Grades 2-3, Play 7 v 7	#39109
Bantam , Grades 4-5, Play 9 v 9	#39110

CO-ED TRACK AND FIELD



Practices: March 23-May 25

Pre-Season Practices: Weekdays, 2x/week

In-Season Practices: Wednesdays, 1x/week

Season Begins: April 8

Conference Meets Begin: May 20 and 27

Location: Rockville High School

Cost: \$82 R/\$92 NR

Time: 5:45-8:30 p.m.

Kindergarten-Grade 2	#39101
Grades 3-4	#39103
Grades 5-6	#39104
Grades 7-8	#39105

NEW!



Football League

Practices: Begin the week of March 23

League Play: Saturdays Beginning April 11

Location: Mattie J.T. Stepanek Park

Cost: \$70 R/\$90 NR

Time: 10 a.m.-4 p.m.

Instructional Coed K-1	#39121
Co-ed Grades 2-3	#39115
Boys Grades 4 -5	#39117
Girls Grades 4-5	#39118
Boys Grades 6-8	#39119
Girls Grades 6-8	#39120

CO-ED T-BALL LEAGUE

Practices: Begin the week of March 23rd

League Play: Saturdays beginning April 11

Location: Mark Twain Athletic Park

Cost: \$75 R/\$85 NR

Time: 9 a.m.-3 p.m.

T-Ball - Pre-K-Kindergarten	#39095
Coach Pitch Baseball - Grades 1-2	#39100



Registration deadline is March 13.
Coaches will inform participants about all practice, game times, and locations.

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STAY INFORMED

www.rockvillemd.gov/recreation
registration@rockvillemd.gov

240-314-8620

Keep up on events and deadlines.

Follow us



@RockvilleRec

Registration Dates

Rockville Resident Registration:
Tuesday, Dec. 2

Begins 8:30 a.m.

General Registration:
Thursday, Dec. 4

Begins 8:30 a.m.

3 ways to register



1. Online
www.rockvillemd.gov/registration



2. By mail
Mail your completed registration form to Recreation Registration, 6 Taft Court Suite 301, Rockville, MD 20850.



3. In-person
Walk-in registrations available. Hours vary by facility. For more information call: 240-314-8620



www.rockvillemd.gov/swimcenter
240-314-8750 • swimcenter@rockvillemd.gov
355 Martins Lane, Rockville, MD 20850

**OUTDOOR RECREATION
POOL WITH SLIDE**
**INDOOR AND
OUTDOOR POOLS**
FITNESS CENTER
MULTIPURPOSE ROOM

The Rockville Swim and Fitness Center is a great place to swim and stay in shape year-round.

We offer two seasonal outdoor swimming pools, two year-round indoor swimming pools, sprayground, an outdoor waterslide, hot tub, dry sauna and a fully equipped fitness center.

Lobby hours

Monday-Saturday
6 a.m.-9 p.m.
Sunday
9 a.m-9 p.m.

Sign Up for Notifications

Receive updates on schedule changes, weather alerts, critical announcements, upcoming classes and facility projects. Sign up today at www.rockvillemd.gov/swimcentralerts.



**Annual and Seasonal
Memberships Available.**
Come for the Day or the Year.

Register early. Some courses fill quickly and courses with low registration may be canceled a week before start date.

To be eligible for a membership discount, participants registering for a course must have an annual winter or summer membership for aquatics or the full facility. See www.rockvillemd.gov/swimcenter for a list of membership rates and types. Credits or refunds will be issued for medical reasons only and must be accompanied by a letter from your doctor. Note: A \$15 withdrawal fee will be applied for all refunds; \$5 transfer fee may apply.
City of Rockville residents registration begins: Tuesday, Dec. 2.
General registration begins: Thursday, Dec. 4.



Register Online:
www.rockvillemd.gov/registration



Mail to: **Swimming Lessons**
RSFC
355 Martins Lane,
Rockville, MD 20850

*Rates are
determined by
membership status,
not residency.*



Secure Fax to:
Swimming Lessons, 240-314-8759

M = Member
NM = Nonmember

AQUATICS

Adult/Child Swim

Bubblers 1

Introduce your baby to the water in a relaxed and playful manner. Learn basic skills and water safety. This is an adult/child class. Non-toilet-trained children must wear a swim diaper under tight-fitting vinyl pants. Pants are on sale at the Rockville Swim and Fitness Center.

Age: 1/under				M/NM
38762	Sa	1/3-2/14	10:50-11:20 AM	\$79/\$98
38743	Su	1/4-2/14	10:15-10:45 AM	\$79/\$98
38734	Tu	1/6-2/17	9-9:30 AM	\$79/\$98
38748	Tu	2/24-4/14	9-9:30 AM	\$79/\$98
38729	Sa	2/28-4/18	10:50-11:20 AM	\$79/\$98
38730	Su	3/1-4/19	10:15-10:45 AM	\$79/\$98

Bubblers 2

Tots with little or no experience are welcome. Children learn the basics of swimming such as submerging, floating, kicking and arm-stroking. This is an adult/child class. Non-toilet-trained children must wear a swim diaper under tight-fitting vinyl pants. Pants are on sale at the Rockville Swim and Fitness Center.

Age: 1-3				M/NM
38741	Sa	1/3-2/14	8:30-9 AM	\$79/\$98
38763	Sa	1/3-2/14	10:15-10:45 AM	\$79/\$98
38756	Su	1/4-2/14	8:30-9 AM	\$79/\$98
38752	Su	1/4-2/14	9:40-10:10 AM	\$79/\$98
38742	Su	1/4-2/14	11:25-11:55 AM	\$79/\$98
38738	M	1/5-2/16	2-2:30 PM	\$79/\$98
38753	Th	1/8-2/19	9-9:30 AM	\$79/\$98
38758	M	2/23-4/13	2-2:30 PM	\$79/\$98
38740	Th	2/26-4/16	9-9:30 AM	\$79/\$98
38759	Sa	2/28-4/18	8:30-9 AM	\$79/\$98
38739	Sa	2/28-4/18	10:15-10:45 AM	\$79/\$98

38746	Su	3/1-4/19	8:30-9 AM	\$79/\$98
38760	Su	3/1-4/19	9:40-10:10 AM	\$79/\$98
38757	Su	3/1-4/19	11:25-11:55 AM	\$79/\$98

Bobbers 1

Along with an adult, children learn to adjust to the water. They also learn simple water skills, such as submerging, floating, kicking and arm stroking. This is an adult/child class. Non-toilet-trained children must wear a swim diaper under tight-fitting vinyl pants. Pants are on sale at the Rockville Swim and Fitness Center.

Age: 3-5				M/NM
38732	Sa	1/3-2/14	9:05-9:35 AM	\$79/\$98
38744	Sa	1/3-2/14	11:25-11:55 AM	\$79/\$98
38747	Su	1/4-2/14	9:05-9:35 AM	\$79/\$98
38735	Su	1/4-2/14	10:50-11:20 AM	\$79/\$98
38736	W	1/7-2/18	2-2:30 PM	\$79/\$98
38731	Th	1/8-2/19	9:30-10 AM	\$79/\$98
38751	W	2/25-4/15	2-2:30 PM	\$79/\$98
38754	Th	2/26-4/16	9:30-10 AM	\$79/\$98
38728	Sa	2/28-4/18	9:05-9:35 AM	\$79/\$98
38749	Sa	2/28-4/18	11:25-11:55 AM	\$79/\$98
38750	Su	3/1-4/19	9:05-9:35 AM	\$79/\$98
38755	Su	3/1-4/19	10:50-11:20 AM	\$79/\$98

Bobbers 2

Children who already know how to do a front float with a kick should sign up for this class. They work on back floats, combining parts of the crawl stroke and endurance. Work in the deep end is done as well. This is an adult/child class. Non-toilet-trained children must wear a swim diaper under tight-fitting vinyl pants. Pants are on sale at the Rockville Swim and Fitness Center.

Age: 3-5				M/NM
38733	Sa	1/3-2/14	9:40-10:10 AM	\$79/\$98
38745	Tu	1/6-2/17	9:30-10 AM	\$79/\$98
38737	Tu	2/24-4/14	9:30-10 AM	\$79/\$98
38761	Sa	2/28-4/18	9:40-10:10 AM	\$79/\$98

Preschool Swim

Fearful Floaters

For children reluctant to take part in a Floaters 1 class, but ready for a class without adult participation. Taught at a slower pace, it stresses water adjustment and comfort with putting their faces in water. To ease each child’s anxiety, adults remain on deck for the lesson’s duration.

Age: 4-6				M/NM
38882	Sa	1/3-2/14	9:45-10:25 AM	\$85/\$106
38860	M	1/5-2/16	4:45-5:15 PM	\$85/\$106
38852	W	1/7-2/18	3:35-4:05 PM	\$85/\$106
38809	M	2/23-4/13	3:35-4:05 PM	\$85/\$106
38810	W	2/25-4/15	3:35-4:05 PM	\$85/\$106
38872	Sa	2/28-4/18	9:45-10:25 AM	\$85/\$106

Floaters 1

For children who need to adjust to water. They learn front and back floats, kick and stroke, as well as put their faces in the water. Children will learn to swim 5 yards, front and back.

Age: 4-6				M/NM
38870	Sa	1/3-2/14	9-9:40 AM	\$85/\$106
38835	Sa	1/3-2/14	10:30-11:10 AM	\$85/\$106
38829	Sa	1/3-2/14	11:15-11:55 AM	\$85/\$106
38890	Su	1/4-2/14	9-9:40 AM	\$85/\$106
38857	Su	1/4-2/14	9:45-10:25 AM	\$85/\$106
38871	Su	1/4-2/14	10:30-11:10 AM	\$85/\$106
38820	Su	1/4-2/14	11:15-11:55 AM	\$85/\$106
38806	M	1/5-2/16	3:35-4:05 PM	\$85/\$106
38866	Tu	1/6-2/17	4:35-5:05 PM	\$85/\$106
38847	Tu	1/6-2/17	5:10-5:40 PM	\$85/\$106
38846	W	1/7-2/18	4:10-4:40 PM	\$85/\$106
38804	Th	1/8-2/19	5:45-6:15 PM	\$85/\$106
38826	F	1/9-2/20	3:35-4:05 PM	\$85/\$106
38885	F	1/9-2/20	4:45-5:15 PM	\$85/\$106
38891	M	2/23-4/13	3:35-4:05 PM	\$85/\$106
38887	M	2/23-4/13	4:45-5:15 PM	\$85/\$106
38888	Tu	2/24-4/14	4:35-5:05 PM	\$85/\$106
38894	Tu	2/24-4/14	5:10-5:40 PM	\$85/\$106
38817	W	2/25-4/15	4:45-5:15 PM	\$85/\$106
38823	Th	2/26-4/16	5:45-6:15 PM	\$85/\$106
38805	F	2/27-4/17	3:35-4:05 PM	\$85/\$106
38856	F	2/27-4/17	4:45-5:15 PM	\$85/\$106
38824	Sa	2/28-4/18	9-9:40 AM	\$85/\$106
38855	Sa	2/28-4/18	10:30-11:10 AM	\$85/\$106
38892	Sa	2/28-4/18	11:15-11:55 AM	\$85/\$106
38802	Su	3/1-4/19	9-9:40 AM	\$85/\$106
38879	Su	3/1-4/19	9:45-10:25 AM	\$85/\$106
38819	Su	3/1-4/19	10:30-11:10 AM	\$85/\$106
38841	Su	3/1-4/19	11:15-11:55 AM	\$85/\$106

Floaters 2

For children who are comfortable in the water, can submerge for 5-10 seconds and swim 5 yards, front and back. Work continues with and develops basic swimming skills, such as front and back glides, coordinated kick and arm strokes and rhythmic breathing. Prior swim lesson experience recommended.

Age: 4-6				M/NM
38838	Sa	1/3-2/14	9:45-10:25 AM	\$85/\$106
38831	Sa	1/3-2/14	11:15-11:55 AM	\$85/\$106
38862	Su	1/4-2/14	9:45-10:25 AM	\$85/\$106
38868	Su	1/4-2/14	11:15-11:55 AM	\$85/\$106
38863	M	1/5-2/16	4:10-4:40 PM	\$85/\$106
38834	Tu	1/6-2/17	5:10-5:40 PM	\$85/\$106
38878	W	1/7-2/18	3:35-4:05 PM	\$85/\$106
38854	W	1/7-2/18	4:10-4:40 PM	\$85/\$106
38845	Th	1/8-2/19	4:35-5:05 PM	\$85/\$106
38814	Th	1/8-2/19	5:10-5:40 PM	\$85/\$106
38808	F	1/9-2/20	3:35-4:05 PM	\$85/\$106
38797	F	1/9-2/20	4:10-4:40 PM	\$85/\$106
38815	M	2/23-4/13	4:10-4:40 PM	\$85/\$106
38816	Tu	2/24-4/14	5:10-5:40 PM	\$85/\$106
38840	W	2/25-4/15	3:35-4:05 PM	\$85/\$106
38833	Th	2/26-4/16	4:35-5:05 PM	\$85/\$106
38865	Th	2/26-4/16	5:10-5:40 PM	\$85/\$106
38828	F	2/27-4/17	3:35-4:05 PM	\$85/\$106
38864	F	2/27-4/17	4:10-4:40 PM	\$85/\$106
38876	Sa	2/28-4/18	9:45-10:25 AM	\$85/\$106
38837	Sa	2/28-4/18	10:30-11:10 AM	\$85/\$106
38822	Sa	2/28-4/18	11:15-11:55 AM	\$85/\$106
38839	Su	3/1-4/19	9:45-10:25 AM	\$85/\$106
38869	Su	3/1-4/19	10:30-11:10 AM	\$85/\$106
38875	Su	3/1-4/19	11:15-11:55 AM	\$85/\$106

Strokers 1

Children who can swim a combined stroke on their front with rhythmic breathing and on their back for at least 8 yards should take this class. The focus is on stroke development in front crawl, back crawl and elementary backstroke arms and kick. Treading water and rhythmic breathing skills are also taught.

Age: 4-7				M/NM
38800	Sa	1/3-2/14	9:45-10:25 AM	\$85/\$106
38850	Su	1/4-2/14	11:15-11:55 AM	\$85/\$106
38886	M	1/5-2/16	3:35-4:05 PM	\$85/\$106
38812	Th	1/8-2/19	4:35-5:05 PM	\$85/\$106
38889	Th	1/8-2/19	5:10-5:40 PM	\$85/\$106
38867	W	2/25-4/15	4:10-4:40 PM	\$85/\$106
38799	Th	2/26-4/16	4:35-5:05 PM	\$85/\$106

38801	Th	2/26-4/16	5:10-5:40 PM	\$85/\$106
38813	Sa	2/28-4/18	11:15-11:55 AM	\$85/\$106
38825	Su	3/1-4/19	9-9:40 AM	\$85/\$106

Strokers 2

For children who can swim a coordinated front crawl with rhythmic breathing and backstroke for 15 yards, and are comfortable in deep water. They work on perfecting front/back crawl, elementary backstroke and treading water. Students are introduced to coordinated breaststroke.

Age: 4-7				M/NM
38893	Sa	1/3-2/14	11:15-11:55 AM	\$85/\$106
38830	Su	1/4-2/14	9-9:40 AM	\$85/\$106
38827	M	1/5-2/16	4:45-5:15 PM	\$85/\$106
38849	Tu	1/6-2/17	5:45-6:15 PM	\$85/\$106
38877	M	2/23-4/13	4:45-5:15 PM	\$85/\$106
38818	Tu	2/24-4/14	5:45-6:15 PM	\$85/\$106
38798	W	2/25-4/15	4:45-5:15 PM	\$85/\$106
38844	Sa	2/28-4/18	10:30-11:10 AM	\$85/\$106
38858	Su	3/1-4/19	11:15-11:55 AM	\$85/\$106

Strokers 3

For children who can swim freestyle with side breathing, backstroke and elementary backstroke for 25 yards. In addition, the ability to swim a coordinated breaststroke and the butterfly kick is required. Successful completion of Strokers 2 (or comparable level in another program) is required to enroll in this class.

Age: 4-7				M/NM
38843	Sa	1/3-2/14	9-9:40 AM	\$85/\$106
38874	Su	1/4-2/14	10:30-11:10 AM	\$85/\$106
38836	W	1/7-2/18	4:45-5:15 PM	\$85/\$106
38873	F	1/9-2/20	4:45-5:15 PM	\$85/\$106
38842	F	2/27-4/17	4:45-5:15 PM	\$85/\$106
38832	Sa	2/28-4/18	9:45-10:25 AM	\$85/\$106

Mini Swim Team Prep

For children who can swim freestyle with bilateral breathing and backstroke for 50 yards. In addition, children must swim a legal coordinated breaststroke for 25 yards, and be able to do butterfly arms and kicking. Successful completion of Strokers 3 is required to enroll.

Age: 5-7				M/NM
38853	Su	1/4-2/14	9:45-10:25 AM	\$85/\$106
38803	Th	1/8-2/19	5:45-6:15 PM	\$85/\$106
38811	Th	2/26-4/16	5:45-6:15 PM	\$85/\$106
38807	Su	3/1-4/19	9:45-10:25 AM	\$85/\$106

Rockville Swim and Fitness Center:

Learn to Swim Volunteers

Volunteers assist with the Learn to Swim program.

Work as an instructor’s aid and pair up in the pool with paid instructors. Take attendance and set up/put away swim equipment after lessons.

A time commitment of seven to eight weeks is required.

Ages: 14+. Visit our website at www.rockvillemd.gov/volunteer for more information and requirements.

Children/Teen Swim

Youth 1
Water adjustment is the focus of this class. Children are introduced to front and back floats, kicking, arm stroking, blowing bubbles and swimming 7 yards, front and back. Children must also be able to fully submerge and must be comfortable with these skills prior to moving on to Youth 2.

Age: 7-15				M/NM
38696	Sa	1/3-2/14	9-9:40 AM	\$78/\$97
38715	Sa	1/3-2/14	10:30-11:10 AM	\$78/\$97
38657	Su	1/4-2/14	10:30-11:10 AM	\$78/\$97
38675	Su	1/4-2/14	12-12:40 PM	\$78/\$97
38712	W	1/7-2/18	4:45-5:15 PM	\$78/\$97
38726	F	1/9-2/20	4:10-4:40 PM	\$78/\$97
38673	W	2/25-4/15	4:10-4:40 PM	\$78/\$97
38674	F	2/27-4/17	4:10-4:40 PM	\$78/\$97
38678	Sa	2/28-4/18	9-9:40 AM	\$78/\$97
38690	Su	3/1-4/19	10:30-11:10 AM	\$78/\$97
38668	Su	3/1-4/19	12-12:40 PM	\$78/\$97

NOW HIRING!

RSFC is hiring:

Lifeguards, Swim Instructors,
Front Desk Attendants, Water
and Land Fitness Instructors

Apply online at
www.rockvillemd.gov/careers

For additional information,
call 240-314-8750 or visit
www.rockvillemd.gov/swimcenter

Youth 2
A class for children who can submerge for 5-10 seconds, do a front and back float and swim 7 yards on their front and back. Basic swimming skills, such as front and back glides, arm stroking on front and back, kicking and rhythmic breathing are taught.

Age: 7-15				M/NM
38724	Sa	1/3-2/14	9-9:40 AM	\$78/\$97
38652	Sa	1/3-2/14	10:30-11:10 AM	\$78/\$97
38686	Su	1/4-2/14	9-9:40 AM	\$78/\$97
38635	Su	1/4-2/14	12-12:40 PM	\$78/\$97
38699	M	1/5-2/16	4:10-4:40 PM	\$78/\$97
38700	Tu	1/6-2/17	4:35-5:05 PM	\$78/\$97
38689	M	2/23-4/13	4:10-4:40 PM	\$78/\$97
38695	Tu	2/24-4/14	4:35-5:05 PM	\$78/\$97
38650	Sa	2/28-4/18	9:45-10:25 AM	\$78/\$97
38710	Su	3/1-4/19	9-9:40 AM	\$78/\$97
38684	Su	3/1-4/19	12-12:40 PM	\$78/\$97

Youth 3
Children who can swim a combined stroke for 10 yards on their front and back should take this class. Children learn elementary backstroke arms and kicks, rhythmic breathing, and how to tread water and improve their stroke.

Age: 7-15				M/NM
38651	Sa	1/3-2/14	11:15-11:55 AM	\$78/\$97
38676	Sa	1/3-2/14	9:45-10:25 AM	\$78/\$97
38653	Su	1/4-2/14	10:30-11:10 AM	\$78/\$97
38718	Su	1/4-2/14	12-12:40 PM	\$78/\$97
38671	Sa	2/28-4/18	9-9:40 AM	\$78/\$97
38642	Sa	2/28-4/18	10:30-11:10 AM	\$78/\$97
38713	Su	3/1-4/19	9-9:40 AM	\$78/\$97
38636	Su	3/1-4/19	10:30-11:10 AM	\$78/\$97
38717	Su	3/1-4/19	12-12:40 PM	\$78/\$97

Youth 4
Children comfortable in deep water and can swim a coordinated front crawl stroke with rhythmic breathing and backstroke for 15 yards should take this class. Children work on perfecting front and back strokes and treading water. Coordinated breaststroke is introduced. Prerequisite: Youth 3.

Age: 7-15				M/NM
38662	Sa	1/3-2/14	9-9:40 AM	\$78/\$97
38720	Sa	1/3-2/14	10:30-11:10 AM	\$78/\$97
38707	Su	1/4-2/14	9-9:40 AM	\$78/\$97
38691	Su	1/4-2/14	11:15-11:55 AM	\$78/\$97
38725	Su	1/4-2/14	12-12:40 PM	\$78/\$97
38697	Sa	2/28-4/18	9-9:40 AM	\$78/\$97

38663	Sa	2/28-4/18	9:45-10:25 AM	\$78/\$97
38646	Sa	2/28-4/18	11:15-11:55 AM	\$78/\$97
38714	Su	3/1-4/19	9:45-10:25 AM	\$78/\$97
38658	Su	3/1-4/19	11:15-11:55 AM	\$78/\$97

Youth 5
For children who can swim one length of front and back crawl, 15 yards of elementary backstroke with good form, as well as tread water and dive into and swim in deep water. Children learn bilateral breathing for front crawl, breaststroke, sidestroke, butterfly arms and dolphin kick. All other previously learned strokes are refined.

Age: 7-15				M/NM
38634	Sa	1/3-2/14	11:15-11:55 AM	\$78/\$97
38711	Sa	1/3-2/14	6:05-6:45 PM	\$78/\$97
38692	Su	1/4-2/14	9-9:40 AM	\$78/\$97
38656	Su	1/4-2/14	9:45-10:25 AM	\$78/\$97
38709	Su	1/4-2/14	11:15-11:55 AM	\$78/\$97
38666	Sa	2/28-4/18	9-9:40 AM	\$78/\$97
38664	Sa	2/28-4/18	9:45-10:25 AM	\$78/\$97
38698	Sa	2/28-4/18	11:15-11:55 AM	\$78/\$97
38679	Su	3/1-4/19	9-9:40 AM	\$78/\$97
38693	Su	3/1-4/19	9:45-10:25 AM	\$78/\$97
38665	Su	3/1-4/19	12-12:40 PM	\$78/\$97

Youth 6
Requires the ability to swim two lengths (50 yards) of front crawl and backstroke, and 15 yards of sidestroke and breaststroke, all with good form. Children work on endurance, breaststroke, butterfly and turns, in addition to refining other strokes.

Age: 7-15				M/NM
38672	Sa	1/3-2/14	6:50-7:30 PM	\$78/\$97
38667	Sa	1/3-2/14	11:15-11:55 AM	\$78/\$97
38722	Su	1/4-2/14	9:45-10:25 AM	\$78/\$97
38639	Su	1/4-2/14	10:30-11:10 AM	\$78/\$97
38701	Sa	2/28-4/18	10:30-11:10 AM	\$78/\$97
38677	Sa	2/28-4/18	6:05-6:45 PM	\$78/\$97
38637	Su	3/1-4/19	9-9:40 AM	\$78/\$97
38638	Su	3/1-4/19	11:15-11:55 AM	\$78/\$97

Youth 7
Swimmers able to swim four lengths (100 yards) of freestyle and backstroke, and one full length (25 yards) of breaststroke, should take this class. Children work on stroke improvement, endurance, butterfly, turns and racing dives. Prerequisite: Youth 5 and 6.

Age: 7-15				M/NM
38659	Sa	1/3-2/14	10:30-11:10 AM	\$78/\$97
38687	Su	1/4-2/14	9-9:40 AM	\$78/\$97
38727	Su	1/4-2/14	11:15-11:55 AM	\$78/\$97
38648	Su	1/4-2/14	12-12:40 PM	\$78/\$97
38680	Sa	2/28-4/18	6:50-7:30 PM	\$78/\$97
38723	Sa	2/28-4/18	10:30-11:10 AM	\$78/\$97
38721	Su	3/1-4/19	10:30-11:10 AM	\$78/\$97
38661	Su	3/1-4/19	12-12:40 PM	\$78/\$97

Swim Team Prep
Swimmers must be able to swim four lengths (100 yards) of a coordinated freestyle, back and breaststroke, and one length (25 yards) of butterfly. Speed and endurance are emphasized, as well as turns and racing starts. Prerequisite: Successful completion of Youth 6 and 7.

Age: 7-15				M/NM
38640	Sa	1/3-2/14	9:45-10:25 AM	\$78/\$97
38654	Sa	1/3-2/14	7:35-8:15 PM	\$78/\$97
38688	Sa	1/3-2/14	10:30-11:10 AM	\$78/\$97
38705	Su	1/4-2/14	9:45-10:25 AM	\$78/\$97
38649	Su	1/4-2/14	10:30-11:10 AM	\$78/\$97
38643	Sa	2/28-4/18	11:15-11:55 AM	\$78/\$97
38704	Sa	2/28-4/18	7:35-8:15 PM	\$78/\$97
38647	Su	3/1-4/19	9:45-10:25 AM	\$78/\$97
38644	Su	3/1-4/19	10:30-11:10 AM	\$78/\$97
38716	Su	3/1-4/19	11:15-11:55 AM	\$78/\$97

Swim 4 Fitness for Teens
Geared towards teens with prior swimming experience (must be at least Youth Level 7), looking to build their aerobic ability. The goal is to swim a mile in 45 minutes with minimal stroke correction. Fins, kickboard and hand paddles are recommended. No report cards are issued for this class.

Age: 12-16				M/NM
38881	Sa	1/3-2/14	8:20-9:05 PM	\$90/\$106
38861	Su	1/4-2/14	12-12:45 PM	\$90/\$106
38883	Sa	2/28-4/18	8:20-9:05 PM	\$90/\$106
38821	Su	3/1-4/19	12-12:45 PM	\$90/\$106

Adult Swim

Adult Beginner 1

This aquatic orientation class introduces adults to basic swimming skills, such as front and back floats, kicking, arm strokes and rhythmic breathing.

Age: 14+				M/NM
38706	Sa	1/3-2/14	9-9:40 AM	\$78/\$97
38685	Tu	1/6-2/17	8:25-9:10 PM	\$78/\$97
38655	W	1/7-2/18	8:35-9:20 PM	\$78/\$97
38641	Tu	2/24-4/14	8:25-9:10 PM	\$78/\$97
38702	W	2/25-4/15	8:35-9:20 PM	\$78/\$97
38645	Sa	2/28-4/18	9-9:40 AM	\$78/\$97

Adult Beginner 2

Designed for adults who have been introduced to the basics of swimming but need to work on stroke coordination and rhythmic breathing. Treading water and breaststroke are demonstrated. Prerequisite: Adult Beginner 1.

Age: 14+				M/NM
38719	Sa	1/3-2/14	9:45-10:25 AM	\$78/\$97
38669	W	1/7-2/18	8:35-9:20 PM	\$78/\$97
38683	Th	1/8-2/19	8:25-9:10 PM	\$78/\$97
38660	W	2/25-4/15	8:35-9:20 PM	\$78/\$97
38694	Th	2/26-4/16	8:25-9:10 PM	\$78/\$97

Adult Beginner 3

Swimmers registering for this class should be comfortable in deep water, able to tread water and swim 20 yards of front and back crawl. Refine your front and back crawl and learn the elementary backstroke and breaststroke. Successful completion of Adult Beginner 2 preferred.

Age: 14+				M/NM
38682	Tu	1/6-2/17	8:25-9:10 PM	\$78/\$97
38681	Tu	2/24-4/14	8:25-9:10 PM	\$78/\$97

Adult Beginner 4

Developed for participants who can swim one length of the pool but still need work on endurance and technique. Rhythmic breathing and treading water skills are required before taking this class. Front and backstroke, breaststroke, elementary backstroke and sidestroke techniques are stressed. Skills are taught to prepare students for Adult Stroke Correction. Prerequisite: Adult Beginner 3.

Age: 14+				M/NM
38703	Th	1/8-2/19	8:25-9:10 PM	\$78/\$97
38708	Th	2/26-4/16	8:25-9:10 PM	\$78/\$97

Adult Stroke Correction

For swimmers who have perfected the basics but need to refine their strokes. Backstroke, freestyle, breaststroke, elementary backstroke and sidestroke are further developed. Endurance and breathing are stressed. These sessions are not for beginners. Prerequisite: Adult Beginner 4.

Age: 14+				M/NM
38880	Tu	1/6-2/17	11:10-11:55 AM	\$88/\$106
38859	Th	1/8-2/19	11:10-11:55 AM	\$88/\$106
38884	Tu	2/24-4/14	11:10-11:55 AM	\$88/\$106
38848	Th	2/26-4/16	11:10-11:55 AM	\$88/\$106

Adult Water Fitness

Aqua Blast

Start your day off right with a fast-paced, early morning exercise class at the Rockville Swim and Fitness Center. This no-impact, high-energy workout tones your muscles while improving endurance with an emphasis on cardiovascular training. Includes abdominal and barbell work and meets in deep water. Flotation belts required. No equipment is provided.

Age: 16+				M/NM
38772	Tu	1/6-4/14	6:35-7:20 AM	\$86/\$103
38771	Th	1/8-4/16	6:35-7:20 AM	\$86/\$103

Aqua Boot Camp

Reach your fitness goals now with this fast-paced class! Exercises are performed in deep water. Regardless of age, size, fitness or ability, you can achieve noticeable results. Great for those whose schedules allow just one day a week to attend or as a challenging addition to some of our other programs. Water flotation belts are used but no equipment is provided.

Age: 16+				M/NM
38785	M	1/5-4/13	10:15-11 AM	\$86/\$103
38770	M	1/5-4/13	11:05-11:50 AM	\$86/\$103
38796	W	1/7-4/15	10:15-11 AM	\$86/\$103
38790	W	1/7-4/15	11:05-11:50 AM	\$86/\$103
38779	F	1/9-4/17	10:15-11 AM	\$86/\$103
38782	F	1/9-4/17	11:05-11:50 AM	\$86/\$103

Aqua Fitness

This low-impact, high-intensity swim program is designed to improve flexibility, range of motion, strength, muscle tone, posture and cardiovascular endurance, all while burning calories. Exercises are performed to music in chest-deep water. Styrofoam barbells and/or pool noodles may be used but are not provided.

Age: 16+				M/NM
38776	M	1/5-4/13	8:30-9:15 AM	\$86/\$103
38783	M	1/5-4/17	9:20-10:05 AM	\$86/\$103
38789	Tu	1/6-4/14	8:30-9:15 AM	\$86/\$103
38768	Tu	1/6-4/14	9:20-10:05 AM	\$86/\$103
38780	W	1/7-4/15	8:30-9:15 AM	\$86/\$103
38786	W	1/7-4/15	9:20-10:05 AM	\$86/\$103
38793	Th	1/8-4/16	8:30-9:15 AM	\$86/\$103
38792	Th	1/8-4/16	9:20-10:05 AM	\$86/\$103
38795	F	1/9-4/17	8:30-9:15 AM	\$86/\$103
38775	F	1/9-4/17	9:20-10:05 AM	\$86/\$103

Aquacize — Beginner

Everyone benefits from exercising in the water! Ease yourself in for a workout with others in a low-impact environment with gentle resistance. For those with pain and stiffness of arthritis, or recovering from injury or surgery, this easy but active class helps reduce muscle weakness, pain and stiffness. Great for first-time exercisers. Swimming skills aren’t required. No equipment provided.

Age: 16+				M/NM
38764	M	1/5-4/17	10:10-10:55 AM	\$86/\$103
38791	W	1/7-4/15	10:10-10:55 AM	\$86/\$103
38788	F	1/9-4/17	10:10-10:55 AM	\$86/\$103

Deep Water Running and Conditioning (5.5 ft)

Emphasizes cardiovascular strength and endurance, as well as flexibility, range of motion and core strength. Most of the year classes are held in the deeper section of our North Pool which goes up to 5 and 1/2 feet deep. Flotation belts are recommended, however those who prefer shallower water may still participate and touch the bottom of the pool in the shallower ends. No swimming skills are necessary. This program benefits runners and other active exercisers who are looking for a challenging workout. No equipment provided.

Age: 16+				M/NM
38777	Tu	1/6-4/14	10:10-10:55 AM	\$86/\$103
38778	Th	1/8-4/16	10:10-10:55 AM	\$86/\$103

Deep Water Workout

Enjoy this swim class taught in the deep end of the pool. Ideal for participants who need a no-impact workout. Strengthen your core muscles and get an excellent workout without adding stress to knee or hip joints. Flotation belts are used and water barbells are recommended but not provided.

Age: 16+				M/NM
38765	M	1/5-4/17	9:15-10 AM	\$86/\$103
38794	Tu	1/6-4/14	7:35-8:20 PM	\$86/\$103
38767	W	1/7-4/15	9:15-10 AM	\$86/\$103
38781	Th	1/8-4/16	7:35-8:20 PM	\$86/\$103
38773	F	1/9-4/17	9:15-10 AM	\$86/\$103

DONATE TO THE Rockville Recreation Fund

This scholarship fund provides financial assistance to those who would not otherwise be able to participate in Rockville’s programs and activities. Send a check, add up when registering for programs or donate online at www.rockvillemd.gov/registration.

Online Donation Course #s
\$25: #2232 • \$50: #2233 • \$75: #2234
\$100: #2235 • \$250: #2236

- Click “Log In” or create an account.
- Enter the course number with the desired amount.
- Donations by check may be made out in any amount to Rockville Recreation Fund.

Mail to: Rockville Department of Recreation & Parks
Rockville Youth Recreation Fund Donation
111 Maryland Ave., Rockville, MD 20850

Aqua Walkers

NEW

The Rockville Swim and Fitness Center offers two Aqua Walkers!

These provide added stability for those needing support while exercising in the water or on the pool deck. Adjustable from 34 to 48 inches using simple snap-pins, they feature 3.5-inch, corrosion-resistant casters that roll smoothly on most pool surfaces.

Better balance

Enjoy exercise

Build strength



City of Rockville
Recreation & Parks

FOR MORE INFORMATION CONTACT
Rockville Swim and Fitness Center
rockvillemd.gov/swimcenter
240-314-8750

H2O Walking

Did you know 30 minutes of water walking equals two hours of walking on land? This swim class is perfect for weight loss or general fitness, and is more challenging than you think. Non-swimmers and beginners are welcome. Taught in shallow- to chest-deep water with music. Water barbells are recommended but not required. No equipment is provided.

Age: 16+				M/NM
38774	M	1/5-4/13	9:20-10:05 AM	\$86/\$103
38769	Tu	1/6-4/14	7:35-8:20 PM	\$86/\$103
38787	W	1/7-4/15	9:20-10:05 AM	\$86/\$103
38766	Th	1/8-4/16	7:35-8:20 PM	\$86/\$103
38784	F	1/9-4/17	9:20-10:05 AM	\$86/\$103

Rockville Master's Swimming

An adult swim program modeled after a masters team program. Participants are not required to compete in masters swim meets but can join a team or race, unattached, if they prefer (RSFC Masters is not a team). Participants will receive a structured workout with a U.S. Masters Swimming-certified coach. This is not a learn-to-swim class. Participants should have a reasonable level of freestyle proficiency.

Age: 16+				M/NM
38914	M	1/5-4/17	6:30-7:30 AM	\$124/\$154
38915	W	1/7-4/15	6:30-7:30 AM	\$124/\$154
38913	F	1/9-4/17	6:30-7:30 AM	\$124/\$154

Swim 4 Fitness

Learn to swim farther without getting tired. The goal: Swim 1 mile in 45 minutes without fatigue, using different strokes. Freestyle, backstroke and breaststroke are emphasized. Students must be able to swim 100 yards without stopping. Equipment needed: fins, hand paddles and pull buoys.

Age: 14+				M/NM
38895	Tu	1/6-4/14	11:05-11:50 AM	\$92/\$112
38896	Tu	1/6-4/14	9:15-10 PM	\$92/\$112
38897	Th	1/8-4/16	11:05-11:50 AM	\$92/\$112
38898	Th	1/8-4/16	9:15-10 PM	\$92/\$112

Triathlete Swim Endurance

This class is designed for athletes preparing for Olympic to ironman distance races or open-water swims. These are coached, structured workouts, where swim-specific fitness, effective technique and proper pacing are emphasized. Race management and open-water swim skills (drafting/close-contact, pack swimming) are discussed and practiced. Participants should be capable of swimming 200 yards of continuous freestyle.

Age: 14+				M/NM
38900	Su	1/4-2/14	7-8:30 PM	\$104/\$125
38899	Su	3/1-4/19	7-8:30 PM	\$104/\$125

Triathlon Swim Skills

This class is designed to help develop a more effective and efficient freestyle stroke and to prepare the athlete for open water/triathlon swimming. Drills and workouts focus on stroke technique, stroke awareness, effective pacing, speed and endurance, as well as open-water/triathlon-specific skills, including sighting, drafting, passing and managing turns at buoys, and strategies for race starts, open water conditions and close-contact swimming. Participants should be capable of swimming 100 meters of continuous freestyle.

Age: 14+				M/NM
38632	Su	1/4-2/14	8:05-8:55 AM	\$69/\$84
38633	Su	3/1-4/19	8:05-8:55 AM	\$69/\$84

Certification and Training

CPR/AED for the Professional Rescuer and First Aid

The American Red Cross CPR/AED for the Professional Rescuer and First Aid program helps to train professional-level rescuers recognize and respond appropriately to cardiac, breathing, and first aid emergencies in adults, children and infants. The courses in this program teach the knowledge and skills needed to give immediate care to an injured or ill person and to decide whether advanced medical care is needed. This class is good for those working in the recreation/fitness industry, health professionals, technicians, lifeguards, daycare employees, camp counselors, baby sitters, parents, and anyone responsible for the care of someone else. Attendance at all class sessions is required. There will be a planned meal break, participants are encouraged to bring along something to eat.

Age: 13+				M/NM
38903	Su	2/15	1-7 PM	\$135/\$135
38901	Su	3/15	1-7 PM	\$135/\$135
38904	Su	4/26	1-7 PM	\$135/\$135
38902	Su	5/3	1-7 PM	\$135/\$135

Rockville Swim and Fitness Center

Land Fitness

Classes for all ages and skill levels

- Yoga: kids and adults
- Zumba: kids and adults
- Bootcamp
- Kickboxing
- And much more!

Lifeguard Training

The American Red Cross Lifeguard Training course will prepare students for certification in Lifeguard Training, CPR/AED for the professional rescuer, and first aid. Students must be 15 years old by the last day of the course (proof of age required) and pass a pre-screen test. If a student does not pass the pre-screen, a course fee refund, minus \$15 administrative fee will be issued. Class sessions will be held at the Rockville Swim and Fitness Center. A detailed course schedule and syllabus will be provided via email before the first day of class. Students MUST attend all class sessions as scheduled. This class has an online learning component (approximately eight hours) required to be completed before the second class session. A link to the course’s required online component will be emailed to the student’s email address provided approximately one week prior to the first in-person class. Visit www.rockvillemd.gov/swimcenter to view all dates and time of classes and details of the pre-screen test.

Age: 15+				M/NM
39631	W, Sa	1/21-2/4	Times vary	\$215/\$215
38918	W, Sa	2/11-2/25	Times vary	\$215/\$215
38919	W, Sa	3/4-3/18	Times vary	\$215/\$215
38917	M, Tu, W, Sa	3/25-3/31	Times vary	\$215/\$215
38921	W, Th, F	3/26-4/3	Times vary	\$215/\$215
38922	W, Sa	4/8-4/22	Times vary	\$215/\$215
38916	Th	4/9-5/14	7-10:35 PM	\$215/\$215
38920	W, Sa	4/29-5/13	Times vary	\$215/\$215



Lifeguard Training Recertification

The American Red Cross Lifeguard Training Review Course is for currently certified American Red Cross Lifeguards in looking to renew their certification. On successful completion of the course, certification in Lifeguard Training, CPR/AED for the professional rescuer, and first aid will be issued for a two-year period. Students should bring documentation of their current American Red Cross Lifeguard Training certification, and CPR mask to the first class meeting. Students registering for a recertification class must present their American Red Cross certification on the first day of class. Certifications must be current (or expired by no more than 30 days) to participate in a recertification class. Shallow Water only Lifeguard Training certifications will not suffice. Students must also bring their CPR mask to class. Students must be 15 years old by the last day of the course (proof of age required) and pass a pre-screen test. If a student does not pass the pre-screen, a course fee refund, minus \$15 administrative fee will be issued.

Class sessions will be held at the Rockville Swim and Fitness Center (355 Martins Lane Rockville). Students MUST attend all class sessions as scheduled. This class has an online learning component (approximately eight hours) required to be completed before the first session. A link to the course’s required online component will be emailed to the student’s email address provided approximately one week prior to the first in-person class. Visit www.rockvillemd.gov/swimcenter to view flyer listing all dates and time of classes and details of the pre-screen test.

Age: 15+				M/NM
38905	Sa	1/3	1:30-10:45 PM	\$145/\$145
38906	Sa	2/7	1:30-10:45 PM	\$145/\$145
39630	Sa	2/28	1:30-10:45 PM	\$145/\$145
38909	Sa	3/21	1:30-10:45 PM	\$145/\$145
38907	M, Tu	3/30-3/31	4-8:45 PM	\$145/\$145
38912	W, Th	4/1-4/2	4-8:45PM	\$145/\$145
38908	Sa	4/25	1:30-10:45 PM	\$145/\$145
38910	Su	5/10	12:30-9:45	\$145/\$145
38911	Su	5/24	9 AM-6:15 PM	\$145/\$145



Arts, Dance and Enrichment

Ballet/Tap Combo

Students learn ballet and tap basics as well as increase coordination, motor skills and rhythmic awareness. These two styles are taught through joyful exploration of song and partner work. Ballet and tap shoes are required, leotard and tights are not required but highly recommended for this class.

Age: 3-6				
38998	M	1/5-3/9	5-5:45 PM	\$120/\$130
Elwood Smith Park/Philippe				

Cheer Madness: Pommies

Step into a world of boundless energy and tiny cheerleaders! Our Pommies class is a vibrant introduction to the world of sports and fitness, where little ones jump, tumble, giggle and dance. With enthusiastic teachers, shiny poms and fun cheers, your little cheerleader is sure to shine bright.

Age: 3-6				
38591	Sa	1/10-2/28	10-10:45 AM	\$170/\$180
Twinbrook CRC/Whorley				



Creative Dance

In this class, students begin to recognize their own voices as a powerful form of artistic expression. Through movement, they explore emerging themes from their daily lives, transforming dance into an authentic means of self-expression. Our curriculum nurtures imagination and integrates creativity into foundational dance skills. Required attire: solid leotard with flesh-toned, footless convertible tights, or solid T-shirt with black pants/shorts.

Age: 3-4				
38995	W	1/14-3/4	4:45-5:30 PM	\$125/\$135
Thomas Farm CC/The Movement Endeavor				

Music Together (Adult/Child)

Nurture your child’s natural enthusiasm for music and movement through singing, dancing, chanting and instrument play. Fee includes two “Music Together” CDs, an illustrated songbook and parent-education materials. Cost of materials is non-refundable. Siblings younger than 10 months may attend for free (no registration necessary). Adult participation required.

Age: 1m-5				
38608	Tu	1/6-3/10	9:30-10:15 AM	\$230/\$240
38607	Tu	1/6-3/10	10:30-11:15 AM	\$230/\$240
Elwood Smith Park/Winkler, Liddle				
38609	W	1/7-3/11	9:30-10:15 AM	\$230/\$240
38606	W	1/7-3/11	10:30-11:15 AM	\$230/\$240
Thomas Farm CC/Winkler, Liddle				

TOTS & PRESCHOOLERS

Pre-Ballet

Introduce your child to dance, movement and basic ballet techniques. Fun, rhythm, coordination, motor skills, spatial and rhythmic awareness are emphasized. Ballet shoes, loose-fitting clothing or leotards and tights are recommended but not required.

Age: 3-5

39004	Sa	1/17-3/7	9-9:45 AM	\$125/\$135
39006	Sa	1/17-3/7	10-10:45 AM	\$125/\$135

Thomas Farm CC/The Movement Endeavor

39005	Sa	2/7-4/4	11-11:45 AM	\$125/\$135
39003	Sa	2/7-4/4	9-9:45 AM	\$125/\$135
39007	Sa	2/7-4/4	10-10:45 AM	\$125/\$135

Pump House Community Center/Ubiera

Age: 4-5

39009	M	1/5-3/9	4:45-5:30 PM	\$125/\$135
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Rockcrest Ballet Center/Chongpinitchai

School of Rock: Little Wing

Perfect for little ones to introduce them to music! Classic rock songs are used to teach preschoolers about rhythm, song-structure, melody, dynamics and foundational music skills through play.

Age: 3-5

38605	Sa	1/17-2/21	9-9:40 AM	\$225/\$235
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Twinbrook CRC Annex

Tiny Crafters

Let's get creative! We will have a variety of physical activities, art and sensory activities each week. Preschoolers will also have time to play with their friends on the tiny tot equipment. All children must be accompanied by an adult.

Age: 2-5

39050	Tu	1/6-2/10	10-11:30 AM	\$70/\$75
39051	Tu	2/24-3/31	10-11:30 AM	\$70/\$75

Thomas Farm CC

Twinbrook Toddler Time

Join us for fun-filled, creative preschool activities. In this colorful class your child can explore the world of shapes, color and texture and create freely where no mess is too big. Adult participation is required.

Age: 2-5

39054	M	1/5-2/23	10-11:30 AM	\$50/\$60
39055	M	3/2-4/13	10-11:30 AM	\$50/\$60

Twinbrook CRC

Martial Arts

Kicks Karate

Give your child the gift of confidence! Improve self-discipline, develop better concentration and enhance agility, balance and coordination through the basics of karate. Fee includes uniform.

Tiny Tigers

Age: 3-4

38588	M, W	1/12-2/11	4-4:30 PM	\$160/\$170
38593	Tu, Th	1/13-2/12	5:30-6 PM	\$160/\$170
38569	Sa	1/17-2/14	9:30-10 AM	\$80/\$90

Little Ninjas

Age: 5-7

38594	M, W	1/12-2/11	4:30-5 PM	\$160/\$170
38592	Tu, Th	1/13-2/12	6-6:30 PM	\$160/\$170
38568	Sa	1/17-2/14	10-10:30 AM	\$80/\$90

Kicks Karate/Staff

TOTS & PRESCHOOLERS

Rockville's
Winter Jubilee



Saturday, Dec. 20
1-4 p.m.

Join us as we celebrate the **Winter Jubilee** at the F. Scott Fitzgerald Theatre and Social Hall. Children and families can enjoy games, arts and crafts, face painting and fun costumed characters!

Register with course **#37310**. **\$8 Res./\$10 Non-Res.**
Chaperones **18 years and older** get in free.



City of
Rockville
Recreation & Parks

F. Scott Fitzgerald Theatre and Social Hall
at Rockville Civic Center Park
603 Edmonston Dr., Rockville, MD 20851
www.rockvillemd.gov/registration

Full day and extended day options available.



MONTROSE
Discovery Preschool
451 Congressional Lane, Rockville

SMALL CLASS SIZES.
EXPERIENCED, LOVING TEACHERS.

Children must be 3-5 years old and potty trained.
Contact childcare@rockvillemd.gov to schedule a tour.



Rockville Pedestrian Advocacy Committee

RPAC Meetings
Second Thursday of the month, 7 p.m.

RPAC meets monthly to discuss pedestrian issues and work with the city to help improve the walking and rolling environment for everyone in Rockville. Meetings are held virtually.

IT'S PARTY TIME!

Gymnasiums

Thomas Farm Community Center
www.rockvillemd.gov/thomasfarm
 240-314-8840

Twinbrook Community Recreation Center
www.rockvillemd.gov/twinbrook
 240-314-8830

Outdoor Rentals

Thomas Farm Community Center (Falls Grove Park)
 April 15-Sept. 30
www.rockvillemd.gov/thomasfarm
 240-314-8840

Rockville Park Picnic Areas
www.rockvillemd.gov/parksandfacilities
 240-314-8660

Rockville Swim and Fitness Center
 June 1-Aug. 30
www.rockvillemd.gov/swimcenter
 240-314-8750

Multi-Purpose Rooms

Croydon Creek Nature Center
www.rockvillemd.gov/croydoncreek
 240-314-8770

Elwood Smith Community Center
www.rockvillemd.gov/parksandfacilities
 240-314-8660

Pump House Community Center
www.rockvillemd.gov/parksandfacilities
 240-314-8660

Rockville Senior Center
www.rockvillemd.gov/seniorcenter
 240-314-8800

Rockville Swim and Fitness Center
www.rockvillemd.gov/swimcenter
 240-314-8750

Thomas Farm Community Center
www.rockvillemd.gov/thomasfarm
 240-314-8840

Twinbrook Community Recreation Center
www.rockvillemd.gov/twinbrook
 240-314-8830

Themed Parties

Croydon Creek Nature Center
www.rockvillemd.gov/croydoncreek
 240-314-8770



Arts, Dance and Enrichment

Annual Student Ballet Performance

Ballet dancers in eligible classes have an exciting opportunity to dance in the Annual Student Ballet Performance, scheduled for May 30th, 2026 at the F. Scott Fitzgerald Theatre. Registration is done with your ballet class. Questions can be sent to starabishi@rockvillemd.gov.

Age: 5+

Extra Costume Fee

Second and third costumes are only required if teacher requests students to purchase them.

39113 Sa 5/30 12-3 PM \$30
 F. Scott Fitzgerald Theatre & Social Hall



Annual Student Ballet Performance

Saturday, May 30

Take the stage in this year's captivating ballet performance!

Children, teens and adults enrolled in eligible ballet classes are invited to shine in this annual performance on May 30. Students will showcase their hard work and passion in front of family and friends.

Registration Deadline: April 10
Required Rehearsals: May 27, 28, and 29 at 5:30 p.m.
Register now with your child's eligible ballet class!
A \$105 will be added to your cart. *Remove registration at checkout if you don't wish to participate.
Extra costume fee: \$30; register with course #39113.

African Drumming

This course is designed to help students learn to play the Djembe. This West African hand drum is fun and easy to play! How To Play The Djembe: For Beginners is a step-by-step course that will introduce you to the three basic tones of this amazing drum and provide you with a number of patterns and exercises for you to practice.

Age: 5-8
39040 Sa 1/3-2/21 11 AM-12 PM \$55/\$65
Thomas Farm CC/Frimpong

Ballet for Children — Beginner

Experience the art of ballet in a supportive setting. Beginner students focus on building strength, proper technique and body alignment, including turnout, foot articulation and posture. Careful attention is given to developing correct technical habits that form a strong foundation. A solid-color leotard, tights and ballet shoes are recommended. Students remain at this level until their teacher advises advancement.

Young Beginner - Age: 5-7
39014 Sa 1/17-5/23 10-10:45 AM \$270/\$280
Rockcrest Ballet Center/Simpson

Beginner - Age: 6-13
39011 M 1/5-5/18 5:30-6:30 PM \$270/\$280
Rockcrest Ballet Center/Chongpinitchai
39016 F 1/9-5/22 5-6 PM \$270/\$280
Rockcrest Ballet Center/Adhikari
39012 Sa 1/17-5/23 11 AM-12 PM \$270/\$280
Rockcrest Ballet Center/Simpson

Ballet for Children — Intermediate

Students who have mastered the fundamentals of ballet are introduced to intermediate technique at the barre and in the center. Register for your current level. Students will advance by instructor recommendation. Solid-color leotard and ballet shoes are recommended.

Intermediate I - Age: 8-13
39015 F 1/9-5/22 6-7 PM \$270/\$280
Rockcrest Ballet Center/Adhikari

Intermediate II - Age: 8+
39013 M 1/5-5/18 6:30-7:30 PM \$270/\$280
Rockcrest Ballet Center/Chongpinitchai

Intermediate III - Age: 9+
39019 W 1/7-5/20 5-6:15 PM \$295/\$305
Rockcrest Ballet Center/N. Popson

Ballet/Jazz Combo

Experience the beauty of ballet and the energy of jazz with a touch of French flair! Dancers will learn foundational moves, build coordination and self-confidence, and explore rhythm. Plus, they'll pick up ballet terms "en français!" Ballet/jazz shoes and leotards are encouraged but optional. Join the fun!

Age: 5-8
39039 Sa 1/10-2/28 12-12:45 PM \$125/\$135
Pump House Community Center/Philippe

Cheer Madness: Poms

Shiny poms and fun cheers! Learn the basics of Cheerleading and Poms, while playing fun games and building your confidence. Engage in exercises to increase flexibility, build endurance and condition muscles.

Age: 5-10
38596 Sa 1/10-2/28 11 AM-12 PM \$170/\$180
Twinbrook CRC/Whorley

School of Rock: Rookies

Ignite your child's passion for music! School of Rock: Rookies offers fun group instrument play and musical games, building confidence and creativity in every young musician. Join the jam!

Age: 6-7
38617 Sa 1/17-2/21 10-11 AM \$250/\$260
Twinbrook CRC Annex

NEW! Sewing Fun for Beginners

This workshop is designed to introduce children to the exciting world of sewing in a fun, safe and creative environment. Learn the basics of hand sewing and beginner-friendly machine sewing by working on projects such as a drawstring bag, a mini pillow or a fabric bookmark. All materials are provided and no sewing experience is necessary.

Age: 7-12
39111 1/10 12-3 PM \$120/\$130
Thomas Farm Community Center



NEW! Sewing Together (Adult/Child)

This unique workshop is designed to bring families together through the art of sewing. Learn how to operate a sewing machine, practice essential stitches and complete a matching project together such as tote bags, a tower apron or a zipper pouch! Price includes one adult and one child. Materials are provided and no sewing experience is needed

Age: 7+
39098 3/14 12-3 PM \$140/\$150
Thomas Farm Community Center

The Movement Endeavor: Dance Essentials

Ignite your passion for dance in this energetic class for young movers! Explore beginner ballet, modern and jazz techniques through fun, interactive lessons inspired by iconic choreographers. Required attire: solid leotard with flesh-toned, footless convertible tights or solid T-shirt with black pants/shorts. Join us and find your rhythm!

Age: 5-7
39017 W 1/14-4/22 5:45-6:40 PM \$165/\$175
Thomas Farm CC/The Movement Endeavor

Before and After School Enrichment

Afterschool Adventure at Twinbrook Community Recreation Center

Transportation is provided from Meadow Hall and Twinbrook elementary schools. Program operates when school is in session, including early release days.

Grades: K-5				
Session IV				
36298	Weekdays	1/5-2/13	3-6:30 PM	\$210/\$230
Session V				
36299	Weekdays	2/18-3/27	3-6:30 PM	\$210/\$230
Session VI				
36300	Weekdays	4/7-5/15	3-6:30 PM	\$210/\$230
Session VII				
36301	Weekdays	5/18-6/17	3-6:30 PM	\$210/\$230
Twinbrook CRC Annex				

Clubhouse Afterschool Program at Lincoln Park Community Center

Transportation is provided from Maryvale, College Gardens, Beall, and Bayard Rustin Elementary Schools to Lincoln Park Community Center.

Grades: K-5

Session III

36314	Weekdays	11/17-12/23	3:30-6:30 PM	\$185/\$205	
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Lincoln Park CC

Early Birds Before School Program at Twinbrook Community Recreation Center

Transportation is provided to Meadow Hall and Twinbrook elementaries. Optional daily drop-in is available for a \$10 daily fee.

Grades: K-5

36320	Weekdays	1/5-2/13	7-9:30 AM	\$170/\$190	
36321	Weekdays	2/18-3/27	7-9:30 AM	\$170/\$190	
36322	Weekdays	4/7-5/15	7-9:30 AM	\$170/\$190	
36323	Weekdays	5/18-6/17	7-9:30 AM	\$170/\$190	

Twinbrook CRC Annex



Twinbrook Afterschool Club at Twinbrook Elementary School

This licensed childcare program is available for students attending Twinbrook Elementary School.

Grades: K-5

Session IV

36409	Weekdays	1/5-2/13	3:40-6:30 PM	\$220/\$230	
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Session V

36408	Weekdays	2/18-3/27	3:40-6:30 PM	\$220/\$230	
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Session VI

36405	Weekdays	4/7-5/8	3:40-6:30 PM	\$220/\$230	
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Session VII

36410	Weekdays	5/11-6/17	3:40-6:30 PM	\$220/\$230	
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Twinbrook Elementary School

Fitness

Bootcamp for Kids

Fun, dynamic exercises for kids to build strength, endurance, coordination and confidence. Each class incorporates group dynamics and teamwork. Wear comfortable clothes and sneakers and bring a mat.

Age: 7-12

38924	Sa	1/3-2/14	12-12:50 PM	\$60/\$75	
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Rockville Swim and Fitness Center/Stokes

Kids Fit Yoga

Did you know yoga can increase focus and concentration, in addition to improving strength, flexibility and body awareness? This class introduces a combination of partner and group games, fitness challenges and yoga. Bring a yoga mat; wear comfortable clothes.

Age: 8-12

38974	Tu	1/6-2/17	5:45-6:45 PM	\$89/\$107	
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Rockville Swim and Fitness Center/Stokes

38975	Tu	2/24-4/14	5:45-6:45 PM	\$89/\$107	
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Rockville Swim and Fitness Center/Borroмео

Zumba Fit — Kids

Your child will love this fun and effective workout, which includes overall body exercises while moving to world rhythms. Each week, they’ll hear a different rhythm to learn fun facts and dance. Participants may also play games or other activities that combine what they learned in a fun way. Each week’s class concludes with a new choreography and cool down. Wear comfortable clothing and athletic shoes (no Crocs or flip flops) and bring a water bottle.

Age: 7-12

38923	Sa	2/28-4/18	12-12:50 PM	\$60/\$75	
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Rockville Swim and Fitness Center/Borroмео

Sports — Instructional

Ball2Life — Basketball Hoops & Athletics

Hoops & Athletics is a youth basketball program designed to build fundamental skill and athleticism. A fun and energetic environment for young athletes to grow and learn about the sport and their capabilities.

Age: 5-10

38587	W	1/14-3/4	5:30-6:20 PM	\$149/\$159	
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Thomas Farm CC

Group Skateboard & Rollerblade Lessons

Get ready to ride! Our youth group lessons are the perfect way for kids and teens to learn skateboarding or rollerblading in a safe, encouraging, and exciting environment. Instructors break down the basics—balance, control, turns, and safe stopping—while building confidence and skills step by step. Whether you’re brand new or looking to sharpen your moves, these lessons are all about fun, friends, and freedom on wheels!



Rollerblade — Rookie

Get ready to glide! Designed for kids and teens new to rollerblading, these classes focus on the essential skills needed to skate safely and confidently. Participants will learn how to stand, push, stop, and turn, while developing balance, coordination, and control. Safety gear, including helmets and pads, is emphasized, along with proper falling techniques. Instructors provide personalized support to help every skater progress at their own pace, making these classes the perfect introduction to the fun world of rollerblading.

Age: 6+

39081	M	1/12-2/9	4-4:50 PM	\$95/\$120	
39074	Tu	1/13-2/10	6-6:50 PM	\$95/\$120	
39079	Tu	1/13-2/10	4-4:50 PM	\$95/\$120	

Rockville Skate Park/Besley

Rollerblade — Semi Pro

Take your blading skills up a notch! These classes are designed for skaters who feel comfortable on their blades and are ready to level up. Participants will learn more advanced moves and techniques, from spins and grinds to tackling ramps, rails, and ledges with confidence. Instructors will focus on balance, coordination, timing, and style—helping you master smooth landings and controlled tricks. This class is perfect for youth who want to push their skills, build confidence, and shred the skatepark like a pro!

Age: 6+

39075	M	1/12-2/9	5-5:50 PM	\$95/\$120	
39091	Tu	1/13-2/10	5-5:50 PM	\$95/\$120	

Rockville Skate Park/Besley





Skateboard — Rookie

Start your skateboarding journey on the right foot! Rookie classes are designed for beginners to learn the foundational skills and safety essentials needed to enjoy skateboarding with confidence. Participants will explore the basic components of a skateboard, learn proper stance, and practice pushing, gliding, turning, and stopping. Safety is a top priority - students are guided on helmet use and proper falling techniques to minimize injuries. With personalized instruction and supportive coaching, these classes are perfect for anyone brand new to skateboarding who wants to build balance, confidence and a love for riding.

Age: 6+				
39087	M	1/12-2/9	4-4:50 PM	\$95/\$120
Rockville Skate Park/Austin				
39089	Tu	1/13-2/10	5-5:50 PM	\$95/\$120
Rockville Skate Park/Charles				
39094	Tu	1/13-2/10	4-4:50 PM	\$95/\$120
Rockville Skate Park/Charles				
39073	F	1/16-2/13	4-4:50 PM	\$95/\$120
Rockville Skate Park/Charles				
39077	Sa	1/17-2/14	11-11:50 AM	\$95/\$120
Rockville Skate Park/Charles				
39180	Sa	1/17-2/14	12-12:50 PM	\$95/\$120
Rockville Skate Park/Charles				
39078	Su	1/18-2/15	12-12:50 PM	\$95/\$120
Rockville Skate Park/Austin				
39084	Su	1/18-2/15	10-10:50 AM	\$95/\$120
Rockville Skate Park/Austin				

Skateboard — Semi-Pro

Ready to step up your skate game? These classes are designed for skaters who already know the basics and are ready to take on bigger challenges. Learn how to land advanced tricks like ollies, kickflips and grinds while exploring ramps, ledges, and rails with confidence. Our instructors break down technique and style, focusing on balance, timing, and foot placement so you can ride smoother, higher, and stronger. This class is all about pushing limits, building confidence and unlocking the next level of skatepark skills!

Age: 6+				
39080	M	1/12-2/9	5-5:50 PM	\$95/\$120
Rockville Skate Park/Austin				
39072	Th	1/15-2/12	4-4:50 PM	\$95/\$120
Rockville Skate Park/Charles				
39082	Th	1/15-2/12	6-6:50 PM	\$95/\$120
Rockville Skate Park/Charles				
39093	Tu	1/13-2/10	6-6:50 PM	\$95/\$120
Rockville Skate Park/Charles				
39086	Th	1/15-2/12	5-5:50 PM	\$95/\$120
Rockville Skate Park/Charles				
39092	F	1/16-2/13	5-5:50 PM	\$95/\$120
Rockville Skate Park/Charles				
39182	F	1/16-2/13	6-6:50 PM	\$95/\$120
Rockville Skate Park/Charles				
39181	Sa	1/17-2/14	10-10:50 AM	\$95/\$120
Rockville Skate Park/Charles				
39090	Su	1/18-2/15	11-11:50 AM	\$95/\$120
Rockville Skate Park/Austin				

Tennis — 10 and Under

Tennis is easier—and more fun—than ever! With kid-sized rackets, lower nets, softer balls and smaller courts, young players can jump right into the game with confidence. Children learn through exciting activities, silly challenges and action-packed tennis games that keep them moving and smiling. No equipment? No problem - junior rackets are provided!

Age: 5-7				
38521	Su	1/11-2/8	10-10:50 AM	\$85/\$95
38523	Su	2/22-3/22	10-10:50 AM	\$85/\$95
Bayard Rustin Elementary/Z. Yargici				
38515	Su	1/11-2/1	1-1:50 PM	\$67/\$77
38516	Su	2/22-3/22	1-1:50 PM	\$85/\$95
College Gardens Elementary School/Francis				

Age: 8-10				
38522	Su	1/11-2/8	11-11:50 AM	\$85/\$95
38524	Su	2/22-3/22	11-11:50 AM	\$85/\$95
Bayard Rustin Elementary/Z. Yargici				
38513	Su	1/11-2/1	2-2:50 PM	\$67/\$77
38514	Su	2/22-3/22	2-2:50 PM	\$85/\$95
College Gardens Elementary School/Francis				

Martial Arts

Fencing — Youth Beginner

Introduces children to the Olympic sport of fencing, while emphasizing safety and proper technique. Equipment provided. Wear comfortable clothes and bring a fencing glove (or garden/golf glove). Flexible swords used.

Age: 7-9				
38578	Th	1/8-2/26	6-7:20 PM	\$130/\$140
38582	Sa	1/10-2/28	11 AM-12 PM	\$130/\$140

Age: 10-13				
38580	Th	1/8-2/26	7:20-8:40 PM	\$130/\$140
38576	Sa	1/10-2/28	12:20-1:40 PM	\$130/\$140
Rockville Fencing Academy/Staff				

Kicks Karate — Children

Give your child the gift of confidence! Improve self-discipline and concentration, even grades, through the basics of karate. Fee includes uniform.

Age: 8-12				
38589	M, W	1/12-2/11	6:15-7 PM	\$160/\$170
38597	Tu, Th	1/13-2/12	4:45-5:30 PM	\$160/\$170
38566	Sa	1/17-2/14	11-11:45 AM	\$80/\$90
Kicks Karate/Staff				



School Break Programs

Rock-Ventures

When school’s out, the adventure begins! Our Rock-Ventures program takes kids on exciting outings to fun destinations when MCPS is off for the day! Each trip is supervised by our experienced staff, giving kids a safe, social and unforgettable way to spend their day off school.

Zava Zone & Top Golf

This trip includes: Entry fee, lunch, transportation and supervision by City of Rockville staff. Please drop your child(ren) off by 9am. The bus departs at 9:30 a.m. from the Rockville Skate Park.

Age: 8-15				
39183	M	1/26	9 AM-3 PM	\$88/\$98
Rockville Skate Park				

Main Event

Spend your day off of school with friends at Main Event! Enjoy unlimited arcade games, bowling, laser tag and much more! This trip includes: Entry fee, lunch, transportation and supervision by City of Rockville staff. The bus will depart at 9:30 AM from the Rockville Skate Park

Age: 8-15				
39128	Tu	2/17	9 AM-3 PM	\$70/\$80
Rockville Skate Park				



ROCKVILLE BICYCLE ADVISORY COMMITTEE

- www.rockvillemd.gov/rbac
- rockvillebikerides@gmail.com
- www.facebook.com/bikerockville
- www.meetup.com/bike-rockville

RBAC meets virtually the first Wednesday of each month 7-9 p.m. All are welcome.

Follow us on Meetup and Facebook for impromptu group rides and last-minute updates.

Rockville Bicycle Advisory Committee strives to make cycling in Rockville safe, comfortable and accessible for all residents.

*Montgomery County requires anyone under age 18 to wear a bicycle helmet when riding or being carried on a bicycle, including a bicycle with training wheels, on a public street, right-of-way, sidewalk or bicycle path in the county.



50 minutes, once a week
5 weeks
Cost: \$250 R/\$275 NR

PRIVATE LESSONS

Classes are weather dependent.
Inclement weather hotline: 240-314-5023

INTERESTED? Contact:
skatepark@rockvillemd.gov
or call 240-314-8639 for more information.

355 Martins Lane, Rockville, MD 20850
240-314-8620 · www.rockvillemd.gov/SkatePark



CAMP REGISTRATION OPENS SOON!

Registration

Residents: Tuesday, Feb. 10

General: Thursday, Feb. 12

Registration Open 8:30 a.m.

Register online at

rockvillemd.gov/registration

Want a Camp Guide Sneak Peek?

View it Online by Jan. 31

VisArts' Classes, Year-Round Camps, and Parties for Tots to Teens Spark Creativity!

Painting | Drawing | Ceramics
Multimedia | Glass | Cosplay
Digital Art | Fiber | More!
www.visartscenter.org



155 Gibbs Street, Rockville, MD | 301.315.8200



Winter Sewing Workshops

Learn to sew in a fun, hands-on environment!

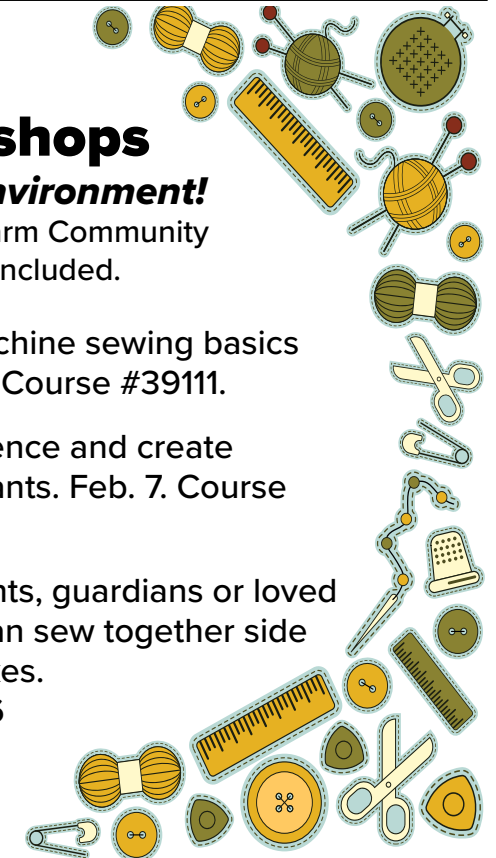
Every workshop will take place at Thomas Farm Community Center from noon-3 p.m. All materials included.



Kids (7-12): Hand and machine sewing basics with fun projects. Jan. 10. Course #39111.

Teens (13+): Build confidence and create tote bags, aprons or PJ pants. Feb. 7. Course #39098

Family Workshops: Parents, guardians or loved ones and their children can sew together side by side to create keepsakes. March 14. Course #39096





CROYDON CREEK NATURE CENTER

www.rockvillemd.gov/croydoncreek
240-314-8770 • ccnc@rockvillemd.gov
852 Avery Road, Rockville, MD 20851

Activities are held at Croydon Creek Nature Center unless otherwise noted. Registration is required for all programs and is available up to the day of the program, as space allows. Contact the nature center directly with any questions about programs.

HOURS

Monday: Closed

Tuesday-Saturday: 9 a.m.-4 p.m.

Sunday: 1-4 p.m.

Visit the nature center to learn more about the natural world through interactive exhibits and live-animal ambassadors. The nature center is nestled at the edge of the Hayes Forest Preserve, containing over 3 miles of hiking trails. Trails are open every day from dawn to dusk. Staff provides programs for organized groups, including schools, scout troops and homeschooled groups. Programs can be customized to fit your group's needs. For information on group programs visit our website.

Follow us on:



@croydoncreek

Cozy Creatures Crafts and Stories

Snuggle up for a seasonal story and simple nature-themed craft perfect for toddlers and their caregivers! Each session celebrates the wonders of winter with interactive stories, crafts and hands-on fun designed for little hands and curious minds.

Age: 2-5

38551	W	1/14	10-10:45 AM	\$8/\$10
38552	W	2/18	10-10:45 AM	\$8/\$10
38553	W	3/11	10-10:45 AM	\$8/\$10

Croydon Creek Nature Center

Critters and Cocoa

Settle in for a wild winter morning! Enjoy hot cocoa and meet some of our animal ambassadors up close. You'll hear their stories, learn cool animal facts and find out how these special creatures help us understand life in the wild. All participants must register.

Age: 2+

38555	Sa	12/27	10-11 AM	\$4/\$5
38556	Sa	12/27	11 AM-12 PM	\$4/\$5

Croydon Creek Nature Center

First Day Hike

Celebrate the start of the new year with the whole family! Enjoy a guided hike through the park and take in the sights and sounds of winter together. This family-friendly outing is a fun way to spend time outdoors, make memories and kick off 2026 on the right foot. Dress warmly and wear sturdy shoes. The program will be canceled in the case of inclement weather.

Age: 4+

39173	Th	1/1	10-11 AM	\$5/\$6
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Croydon Creek Nature Center

Croydon Creek Nature Center



BIRD SEED SALE

**A variety of types of feed
available.**

**Supply your feeder and help
wildlife survive the winter.**

**SALE BEGINS:
Tuesday, Dec. 9**

**ORDER DEADLINE:
Friday, Jan. 23**



**ORDER
PICK-UP:
Saturday,
Jan. 31,
9 a.m.-4 p.m.**

Order online at www.rockvillemd.gov/birdseedsale
Email ccnc@rockvillemd.gov

CROYDON CREEK

Little Explorers

Discover the wonders of nature with your toddler through hands-on activities, short hikes, crafts and more! This engaging program is designed to spark curiosity and encourage exploration in our youngest nature lovers.

Age: 2-5

37752	W	12/3	10-11 AM	\$10/\$12
37753	Sa	12/13	10-11 AM	\$10/\$12
38548	Sa	1/17	10-11 AM	\$10/\$12
38549	Sa	2/14	10-11 AM	\$10/\$12
38550	Sa	3/14	10-11 AM	\$10/\$12

Croydon Creek Nature Center

MLK Day of Service: Caring for Animals

Spend part of MLK Day making a difference for animals! Families are invited to join us for a fun, station-based service project where you can create items and complete activities that help support the well-being of local wildlife and pets. Stay for a little while or as long as you like—every effort makes an impact. Student Service Learning (SSL) hours are available. Space is limited and registration is required. Children under 14 must be accompanied by a registered adult.

Age: 6+

38558	M	1/19	10 AM-12 PM	Free
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Croydon Creek Nature Center



Nature’s Bright Side

Brighten up winter with the beauty of fresh flowers! Join Rockville’s horticulturalist to learn simple, easy-to-create floral designs perfect for beginners. This hands-on class will give you the skills to craft arrangements you can recreate at home—just in time for Valentine’s Day. All supplies are provided.

Age: 16+
38559 Sa 1/31 10 AM-12 PM \$20/\$25
Croydon Creek Nature Center

Owl Prowl

Bundle up and join us for a magical winter night in the woods as we search for one of nature’s most mysterious nighttime hunters—the owl! We’ll take a quiet hike under the stars, practice our owl calls and learn how these amazing birds survive and thrive in the cold. Hike will be canceled in the case of inclement weather

Age: 5+
38560 Sa 2/7 6-7 PM \$6/\$7
Croydon Creek Nature Center



Pinecone Wreath Making Workshop

Bring the whole family and get creative with nature! Using pinecones and other natural materials, you’ll design and decorate your own festive wreath to take home. Along the way, learn fun facts about pinecones and evergreens while enjoying time together in this hands-on workshop. All materials are provided—just bring your imagination! The fee includes one wreath, with up to four family members working together.

Age: 5+
38554 Su 12/7 1:30-3 PM \$25/\$30
Croydon Creek Nature Center

Salt Watch Community Science Initiative

Road salt helps keep winter roads safe, but too much of it can harm wildlife, damage infrastructure and even affect our drinking water. Join staff from the Izaak Walton League of America to explore the impacts of road salt and discover how you can test for pollution in your community. Participants will receive smart salting guides, measuring cups and Salt Watch kits. Bring a clean, sealed water sample from a nearby stream, lake, pond, or even your tap to test during the program!

Age: 14+
38557 Sa 1/24 1-2 PM Free
Croydon Creek Nature Center

Totally Turtles

Get ready to dive into the world of turtles! Meet some Animal Ambassadors turtles up close and discover what makes them so unique then create a turtle-themed craft to take home.

Age: 6-12
38561 Su 2/22 1:30-2:30 PM \$8/\$10
Croydon Creek Nature Center

PARTY ON THE WILD SIDE

at Croydon Creek Nature Center!



Celebrate your child’s special day with a one-of-a-kind nature adventure!

Birthday Party Themes

Classic Party

Ages 3+, available year round
Maximum child guests: 25*
Meet three of our animal ambassadors and take a guided walk through the forest with one of our naturalists in this engaging, one-hour program. Additional fees apply beyond 15 child guests.

Feathers and Fur

Ages 3+, available year round
Maximum child guests: 25*
Investigate feathers, fur and skulls to Explore Maryland’s wildlife through an investigation of feathers, fur, and skulls. Includes a naturalist-led forest walk. Note: This party does not include live animals. Additional fees apply beyond 15 child guests.

Wild About Puzzles

Ages 9+, available year round
Maximum child guests: 15
Embark on an outdoor journey through the forest that will put your puzzle-solving skills to the test. Follow clues and tackle nature-themed challenges on this hour-long naturalist-led adventure. Activities will be moved indoors in the case of inclement weather.

Campfire Party

Ages 6+, available Oct.-April on Sundays only
Maximum child guests: 15
Gather around a real campfire for an interactive, 30-minute wildlife program. We’ll start the fire and supply the marshmallows and roasting sticks. Weather dependent — if needed, we’ll switch to a Classic Party.

Party Fees

- Resident party: \$275
- Nonresident party: \$325
- A \$50 non-refundable deposit is required to reserve the date for parties. Deposits can be paid using either MasterCard/Visa, check or cash.

Cost includes:
• Party space access for 2 ½ hours.

- Naturalist-led program.
- Up to 15 child guests.
- A nature craft for each child guest.
- A themed T-shirt for the birthday child.

Available Party Add-On

- Nature-themed goody bags: \$7.95 per bag.

Scheduling a Party

Parties are scheduled year-round on Saturdays and Sundays at the following times:

- Saturdays, 10 a.m. and 1:30 p.m.
- Sundays, 1 p.m.

Call Croydon Creek Nature Center at 240-314-8770 for more information and date availability, or email at ccnc@rockvillemd.gov.

Party Planning Details

Parties hosted by Croydon Creek Nature Center feature a fun-filled, hour-long program led by a naturalist and consist of immersive learning experiences. In the event of inclement weather, alternative arrangements for outdoor portions will be provided. Your total access time to the party room is 2 ½ hours, which includes a naturalist-led party, time for food and fun, and take-down.





TEENS

Arts, Dance and Enrichment

Annual Student Ballet Performance

Ballet dancers in eligible classes have an exciting opportunity to dance in the Annual Student Ballet Performance, scheduled for May 30th, 2026 at the F. Scott Fitzgerald Theatre. Registration is done with your ballet class. Questions can be sent to starabishi@rockvillemd.gov.

Age: 5+

Extra Costume Fee

Second and third costumes are only required if teacher requests students to purchase them.

39113	Sa	5/30	12-3 PM	\$30
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F. Scott Fitzgerald Theatre & Social Hall

Ballet — Teen and Adult

For dancers who want to develop and refine their ballet technique. Learn correct technique, get a unique workout and develop your artistic expression in a supportive environment. Students advance by instructor recommendation.

Beginner — Intermediate

Age: 13+

39018	Th	1/8-5/21	8-9:15 PM	\$320/\$330
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Rockcrest Ballet Center/Chongpinitchai

Intermediate

Age: 13+

39023	Tu	1/6-5/26	8-9:30 PM	\$320/\$330
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Rockcrest Ballet Center/Adhikari

Intermediate IV and Beginner Pointe

Age: 11+

39010	Tu	1/6-5/26	5-6:30 PM	\$320/\$330
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Rockcrest Ballet Center/Adhikari

39024	Th	1/8-5/21	5-6:30 PM	\$320/\$330
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Rockcrest Ballet Center/Chongpinitchai

Advanced

Age: 13+

39020	M	1/5-5/18	7:30-9 PM	\$320/\$330
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Rockcrest Ballet Center/Chongpinitchai

39021	Tu	1/6-5/26	6:30-8 PM	\$320/\$330
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Rockcrest Ballet Center/Adhikari

39025	W	1/7-5/20	6:15-7:45 PM	\$320/\$330
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Rockcrest Ballet Center/Simpson

39022	Th	1/8-5/21	6:30-8 PM	\$320/\$330
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Rockcrest Ballet Center/Chongpinitchai

NEW! Contemporary Musical Theatre

Learn songs and dances from Hamilton, Wicked, and Hairspray while learning the basics of stage directions, dance and music terms, choreography and more! Perfect for teens looking to get into theatre and those looking to strengthen their craft. Brought to you by Adventure Theatre.

Age: 11-15

39096	Tu	1/20-3/24	5:30-6:30 PM	\$140/\$150
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Rockville Senior Center

NEW! Stitch It Up: Sewing Basics for Teens

This 3-hour hands-on workshop introduces teens to the art of sewing in a creative, supportive setting. Learn how to operate a sewing machine, practice essential stitches and complete a project that reflect their personal style such as a tote bag, a tower apron or pj pants! All materials provided, no sewing experience required.

Age: 13+

39096	Sa	2/7	12-3 PM	\$120/\$130
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Thomas Farm Community Center

Before and After School Enrichment

Twinbrook Teen Scene

Unlock the potential within your teen and join us for Teen Scene, an exciting and enriching afterschool program designed exclusively for teenagers! This program offers a dynamic blend of activities that foster personal growth, creativity and meaningful connections. Activities include homework assistance, community service (SSL opportunities), arts, sports and more!

Transportation is available from Julius West and Wood middle schools. Program does not meet on MCPS early release days.

Grades: 6-8

39064	Weekdays	1/5-2/13	3-6:30 PM	\$75/\$85
39065	Weekdays	2/18-3/27	3-6:30 PM	\$75/\$85
39066	Weekdays	4/7-5/15	3-6:30 PM	\$75/\$85

Twinbrook CRC

We Want You To Join Our Team!

Summer and Year Round Positions

- Before- and After-School Staff.
- Trip Leaders.
- Class Instructors – Yoga, Pilates, Boot Camp, Pickleball, Fitness, Children’s Sports, Art.
- Lifeguards and Swim Instructors.
- Bus Drivers (CDL required).
- Social Event Hosts.

Seasonal Positions

- Special Events.
- Sports Officials, Gym Managers, Scorers/Timers.



For information, visit rockvillemd.gov/careers or contact the HR Dept. at 240-314-8470

Fitness

Pilates — Teens and Adults

Enjoy a series of mat-based exercises derived from the classic methodology of Joseph Pilates. Focus on increasing flexibility and balance while working on stability, strength and awareness of the core.

Age: 16+

38980	Tu	1/6-2/17	12-1 PM	\$89/\$107
38971	Th	1/8-2/19	12-1 PM	\$89/\$107
38981	Tu	2/24-4/14	12-1 PM	\$89/\$107
38960	Th	2/26-4/16	12-1 PM	\$89/\$107

Rockville Swim and Fitness Center/Kolanowski

Teen Fit

Basic strength training, cardiovascular conditioning and stretching exercises are included in this fast-paced class. Increase your overall fitness or support your sport-specific training. Bring a water bottle and a mat for some floor exercises.

Age: 13-18

38939	M	1/5-2/16	7-8 PM	\$75/\$90
38956	M	2/23-4/13	7-8 PM	\$75/\$90

Rockville Swim and Fitness Center/Lam

Yoga for Teens

Aspiring yogis aged 12-16 will experience yoga poses, breathing and relaxation techniques and meditation. This fun class, specially for teens, helps reduce stress and increase body awareness. Bring a yoga mat and wear comfortable clothing.

Age: 12-16

39049	Sa	1/3-2/14	10:40-11:40 AM	\$89/\$107
38963	Sa	2/28-4/18	10:40-11:40 AM	\$89/\$107

Rockville Swim and Fitness Center/Honts

School Break Programs

Rock-Ventures

When school’s out, the adventure begins! Our Rock-Ventures program takes kids on exciting outings to fun destinations when MCPS is off for the day! Each trip is supervised by our experienced staff, giving kids a safe, social, and unforgettable way to spend their day off school.

Zava Zone & Top Golf

This trip includes: Entry fee, lunch, transportation and supervision by City of Rockville staff. Please drop your child(ren) off by 9am. The bus departs at 9:30 a.m. from the Rockville Skate Park.

Age: 8-15

39183	M	1/26	9 AM-3 PM	\$88/\$98
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Rockville Skate Park

Main Event

Spend your day off of school with friends at Main Event! Enjoy unlimited arcade games, bowling, laser tag and much more! This trip includes: Entry fee, lunch, transportation and supervision by City of Rockville staff. The bus will depart at 9:30 AM from the Rockville Skate Park

Age: 8-15

39128	Tu	2/17	9 AM-3 PM	\$70/\$80
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Rockville Skate Park



Sports — Instructional

Group Skateboard & Rollerblade Lessons

Get ready to ride! Our youth group lessons are the perfect way for kids and teens to learn skateboarding or rollerblading in a safe, encouraging, and exciting environment. Instructors break down the basics—balance, control, turns, and safe stopping—while building confidence and skills step by step. Whether you’re brand new or looking to sharpen your moves, these lessons are all about fun, friends and freedom on wheels!

Rollerblade — Rookie

Get ready to glide! Designed for kids and teens new to rollerblading, these classes focus on the essential skills needed to skate safely and confidently. Participants will learn how to stand, push, stop and turn, while developing balance, coordination and control. Safety gear, including helmets and pads, is emphasized, along with proper falling techniques. Instructors provide personalized support to help every skater progress at their own pace, making these classes the perfect introduction to the fun world of rollerblading.

Age: 6+

39081	M	1/12-2/9	4-4:50 PM	\$95/\$120
39074	Tu	1/13-2/10	6-6:50 PM	\$95/\$120
39079	Tu	1/13-2/10	4-4:50 PM	\$95/\$120

Rockville Skate Park/Besley

Rollerblade — Semi Pro

Take your blading skills up a notch! These classes are designed for skaters who feel comfortable on their blades and are ready to level up. Participants will learn more advanced moves and techniques, from spins and grinds to tackling ramps, rails, and ledges with confidence. Instructors will focus on balance, coordination, timing, and style—helping you master smooth landings and controlled tricks. This class is perfect for youth who want to push their skills, build confidence and shred the skatepark like a pro!

Age: 6+

39075	M	1/12-2/9	5-5:50 PM	\$95/\$120
39091	Tu	1/13-2/10	5-5:50 PM	\$95/\$120

Rockville Skate Park/Besley

Skateboard — Rookie

Start your skateboarding journey on the right foot! Rookie classes are designed for beginners to learn the foundational skills and safety essentials needed to enjoy skateboarding with confidence. Participants will explore the basic components of a skateboard, learn proper stance, and practice pushing, gliding, turning, and stopping. Safety is a top priority—students are guided on helmet use and proper falling techniques to minimize injuries. With personalized instruction and supportive coaching, these classes are perfect for anyone brand new to skateboarding who wants to build balance, confidence and a love for riding.

Age: 6+

39087	M	1/12-2/9	4-4:50 PM	\$95/\$120
Rockville Skate Park/Austin				
39089	Tu	1/13-2/10	5-5:50 PM	\$95/\$120
Rockville Skate Park/Charles				
39094	Tu	1/13-2/10	4-4:50 PM	\$95/\$120
Rockville Skate Park/Charles				
39073	F	1/16-2/13	4-4:50 PM	\$95/\$120
Rockville Skate Park/Charles				
39077	Sa	1/17-2/14	11-1:50 AM	\$95/\$120
Rockville Skate Park/Charles				
39180	Sa	1/17-2/14	12-12:50 PM	\$95/\$120
Rockville Skate Park/Charles				
39078	Su	1/18-2/15	12-12:50 PM	\$95/\$120
Rockville Skate Park/Austin				
39084	Su	1/18-2/15	10-10:50 AM	\$95/\$120

Rockville Skate Park/Austin

Teen Artists: Unleash Your Creativity!

The Rockville Student Juried Art Exhibit is back in 2026!



SCAN for entry form

FOR MORE INFORMATION
Contact Betty Wisda, arts programs supervisor,
at bwisda@rockvillemd.gov.

Eighty works are expected to be selected for the show. Art is not insured by the City of Rockville.

Skateboard — Semi-Pro

Ready to step up your skate game? These classes are designed for skaters who already know the basics and are ready to take on bigger challenges. Learn how to land advanced tricks like ollies, kickflips and grinds while exploring ramps, ledges and rails with confidence. Our instructors break down technique and style, focusing on balance, timing, and foot placement so you can ride smoother, higher and stronger. This class is all about pushing limits, building confidence and unlocking the next level of skatepark skills!

Age: 6+				
39080	M	1/12-2/9	5-5:50 PM	\$95/\$120
Rockville Skate Park/Austin				
39072	Th	1/15-2/12	4-4:50 PM	\$95/\$120
Rockville Skate Park/Charles				
39082	Th	1/15-2/12	6-6:50 PM	\$95/\$120
Rockville Skate Park/Charles				
39093	Tu	1/13-2/10	6-6:50 PM	\$95/\$120
Rockville Skate Park/Charles				
39086	Th	1/15-2/12	5-5:50 PM	\$95/\$120
Rockville Skate Park/Charles				
39092	F	1/16-2/13	5-5:50 PM	\$95/\$120
Rockville Skate Park/Charles				
39182	F	1/16-2/13	6-6:50 PM	\$95/\$120
Rockville Skate Park/Charles				
39181	Sa	1/17-2/14	10-10:50 AM	\$95/\$120
Rockville Skate Park/Charles				
39090	Su	1/18-2/15	11-11:50 AM	\$95/\$120
Rockville Skate Park/Austin				

Middle School Volleyball

This co-ed volleyball clinic teaches participants in grades 6-8 the fundamentals of volleyball. First-time players or those wanting to improve their fundamental skills will practice and play games in this instructional program. Focus is on skill development through drills, game rules and scrimmages. This action-packed session is designed to teach the basic skills of volleyball to beginner and intermediate players. Participants will learn passing, setting, hitting, blocking, returning and team strategy.

Grades: 6-8				
39123	M	1/12-3/16	6:30-8 PM	\$89/\$99
Robert Frost Middle School				

Teen Events

Teen Lock-In

Join us for a night of fun at the Twinbrook Community Center! Get ready because we have a lot planned. This after-hours event will include 3v3 basketball and soccer tournament, inflatable obstacle course, food, VR games, videogames and more! The community center will be closed to the public for this 3-hour event.

Grades: 5-8				
38994	F	12/5	7:30-10:30 PM	\$25/\$30
Twinbrook CRC				
39053	F	3/20	7:30-10:30 PM	\$25/\$30
Thomas Farm CC				



DROP-IN SPORTS



Pickleball:



TCRC:
Wed, 7:15-9:15 p.m.
Fri, 6:30-9:15 p.m.
Sat, 6:30-9:15 p.m.

TFCC:
Mon, 11:30 a.m-1:30 p.m.
Beg./Adv. Beg.
Tues, 8-10 a.m. Inter./Adv.
1-3 p.m. Beg./Adv. Beg.
Wed, 10 a.m.-noon. All levels
Thu, 10 a.m.-noon. Inter./Adv.
Fri, 4-6 p.m. All levels.

Badminton:



TCRC:
Thu, 7:15-9:15 p.m.
Sun, 3-6 p.m. (March-Dec.)
No Sundays (Jan.-March)

TFCC:
Tue, 7:15-9:15 p.m.
Fri, 11:15 a.m.-1:15 p.m.
Sat, 1-3:30 p.m. (April-Dec.)
Sat, 6:15-9:15 p.m. (Jan.-Mar.)
Sun. 3-6 p.m. (April-Dec.)

Volleyball:



TCRC:
Tue, 7:15-9:15 p.m.

TFCC:
Wed, 7:15-9:15 p.m.

Combo All-Center Memberships
(excludes fitness memberships)
\$90 Residents
\$105 Nonresidents
Learn more about our fitness memberships on page 48-50.

Hours subject to change.
Check website for updates.

A CENTER MEMBERSHIP OR DAILY PASS IS REQUIRED TO PARTICIPATE.

Thomas Farm
Community Center (TFCC)
700 Falls Grove Drive
240-314-8840

Twinbrook Community
Recreation Center (TCRC)
12920 Twinbrook Parkway
240-314-8830



ADULTS

Arts, Dance and Enrichment

Ballet — Teen and Adult

For dancers who want to develop and refine their ballet technique. Learn correct technique, get a unique workout and develop your artistic expression in a supportive environment. Students advance by instructor recommendation. Payment plans are available.

Beginner — Intermediate

Age: 13+				
39018	Th	1/8-5/21	8-9:15 PM	\$320/\$330
Rockcrest Ballet Center/Chongpinitchai				



Intermediate

Age: 13+				
39023	Tu	1/6-5/26	8-9:30 PM	\$320/\$330
Rockcrest Ballet Center/Adhikari				

Intermediate IV and Beginner Pointe

Age: 11+				
39010	Tu	1/6-5/26	5-6:30 PM	\$320/\$330
Rockcrest Ballet Center/Adhikari				
39024	Th	1/8-5/21	5-6:30 PM	\$320/\$330
Rockcrest Ballet Center/Chongpinitchai				

Advanced

Age: 13+				
39020	M	1/5-5/18	7:30-9 PM	\$320/\$330
Rockcrest Ballet Center/Chongpinitchai				
39021	Tu	1/6-5/26	6:30-8 PM	\$320/\$330
Rockcrest Ballet Center/Adhikari				
39025	W	1/7-5/20	6:15-7:45 PM	\$320/\$330
Rockcrest Ballet Center/Simpson				
39022	Th	1/8-5/21	6:30-8 PM	\$320/\$330
Rockcrest Ballet Center/Chongpinitchai				

Partner Dancing

Get ready to Cha-Cha into 2026! This beginner-friendly social dance class is perfect for couples looking to learn a new hobby together. Explore a different partner dance each week, like Foxtrot, Salsa and Swing. No prior experience is needed! Pairs are strongly recommended, but dancers may register at the instructor's discretion.

Age: 18+				
39002	Tu	1/6-3/10	7:30-8:30 PM	\$125/\$135
Thomas Farm CC/Polinger				



ADULTS



Our mission is to help every dog achieve their fullest potential and live happy and healthy lives through natural and positive solutions. We use only positive, force-free, harm-free training methods. We hope you and your dog will join us to learn, play, and have some fun! Visit www.4onthefloor.dog for more information. Proof of vaccination is required for all dogs enrolling in classes.

Basic Manners

Designed for dogs who have had previous training, but need a refresher or who want to learn to work in a classroom setting. We will cover 4 behaviors in 4 weeks, including Rocket Recalls, Loose Leash Walking, Down / Stay and Polite Greetings.

Age: 16+					
38620	W	1/14-2/4	7:30-8:30 PM	\$285/\$295	
39175	W	2/25-3/18	7:30-8:30 PM	\$285/\$295	
Elwood Smith Park/Citrin					

Catch Up Your Pup(py)!

Missed Puppy Class? We have you covered! Designed for pups who missed their foundational puppy training. Learn basic behaviors such as sit and down, recalls, loose-leash walking, polite greetings and wait/stay, and provides an opportunity for dogs to learn how to focus on you in a classroom setting. Socialization/play included!

Age: 16+					
38621	W	1/14-2/11	6-7:15 PM	\$300/\$310	
39174	W	2/25-3/25	6-7:15 PM	\$300/\$310	
Elwood Smith Park/Citrin					

CGC Prep

Our intense 6 week Canine Good Citizen Advantage course will prepare you and your dog for both the Canine Good Citizen test AND for real life! Testing follows 2 - 4 week after completion of class. Passing the CGC exam opens the door to a world of opportunities for your pup, including the ability to enroll in therapy dog programs and to participate in many other dog sports, and activities.

Age: 16+					
38628	Th	1/15-2/26	6-7:10 PM	\$365/\$375	
39176	Th	3/5-4/16	6-7:10 PM	\$365/\$375	
Elwood Smith Park/Citrin					

Intermediate Rally

Join us for Intermediate Tricks. Challenge yourselves and your pups in a new way by introducing them to tricks! This class will introduce you to the world of tricks. Prerequisite required: Need to have taken Novice Tricks, TAG, or have special permission to enroll.

Age: 16+					
38625	M	1/26-2/23	7:30-8:30 PM	\$325/\$335	
39177	M	3/2-3/23	7:30-8:30 PM	\$325/\$335	
Elwood Smith Park/Citrin					

Novice Rally Obedience

Join us for Novice Tricks. Challenge yourselves and your pups in a new way by introducing them to tricks! This class will introduce you to the world of tricks and you will learn 10 new skills so you can pursue/earn your AKC Novice Tricks title at the end of class!

Age: 16+					
38623	M	1/12-2/2	7:30-8:30 PM	\$325/\$335	
Elwood Smith Park/Citrin					

Scent Games

Tap into your dog's natural instincts through scent-detection games! Harness their propensity for sniffing as they hunt down a designated scent and signal its discovery to you. Cultivate collaboration and build self-confidence while offering mental and physical stimulation! A great class for dogs that are fearful or anxious or have some reactivity.

Age: 16+					
38622	Th	1/15-2/5	7:30-8:30 PM	\$300/\$310	
38624	Th	2/12-3/12	7:30-8:30 PM	\$300/\$310	
39178	Th	3/19-4/9	7:30-8:30 PM	\$300/\$310	
Elwood Smith Park/Citrin					

Walk With Me/Come to Me!

Have fun playing group games, teach your pup a new trick every week and get started with Agility basics in this class for dogs 6 months and older!

Age: 16+					
38626	M	1/12-2/2	6:15-7:15 PM	\$350/\$360	
Elwood Smith Park/Citrin					

Creative Studio
Come unleash your inner artist and explore all that makes you unique through the creative process. We will use a variety of art materials: paint, pastel, collage and mixed media. Each class will begin with a short meditation, an introduction to the art project, journaling, creating and sharing. All levels welcome.
Age: 18+
39124 W 2/11-4/1 12:30-1:30 PM \$109/\$119
Thomas Farm CC/Rizzo

NEW! Sewing Together (Adult/Child)
This unique workshop is designed to bring families together through the art of sewing. Learn how to operate a sewing machine, practice essential stitches and complete a matching project together such as tote bags, a tower apron or a zipper pouch! Price includes one adult and one child. All material is provided and no sewing experience is needed
Age: 7+
39098 Sa 3/14 12-3 PM \$140/\$150
Thomas Farm Community Center

Snow Removal

Want to help a fellow neighbor?

Many older adults are in need of assistance with snow removal.

If you can help this winter, or are a city resident, 60 and older in need of assistance, contact Jerry Jones, 240-314-8819, gjonesrockvillemd.gov.

Snow shovel volunteers, call 240-314-8800.



SCAN ME
To Register



Tap Dance
Tired of the same old dance or fitness class? It's time to shake things up—literally! Tap dance is a high-energy, feel-good way for adults to move, groove and make music with their feet. With easy-to-follow steps and an encouraging vibe, you'll build rhythm, coordination, and confidence—all while getting a great workout. No experience? No problem! This class is all about having fun, learning at your own pace, and discovering your inner dancer. Come make some noise and tap into something new! Tap shoes are required for participation in this class.

Beginner Tap
Age: 16+
38999 Th 1/8-2/26 11 AM-12 PM \$120/\$130
Thomas Farm CC/Swenton-Eppard

Intermediate Tap
Age: 16+
38997 M 1/5-3/9 7:30-8:30 PM \$120/\$130
Thomas Farm CC/Kunz
39000 Th 1/8-2/26 12-1 PM \$120/\$130
Thomas Farm CC/Swenton-Eppard




Certification and Training
CPR/AED for the Professional Rescuer and First Aid
The American Red Cross CPR/AED for the Professional Rescuer and First Aid program helps to train professional-level rescuers recognize and respond appropriately to cardiac, breathing and first aid emergencies in adults, children and infants. The courses in this program teach the knowledge and skills needed to give immediate care to an injured or ill person and to decide whether advanced medical care is needed. This class is good for those working in the recreation/fitness industry, health professionals, technicians, lifeguards, daycare employees, camp counselors, baby sitters, parents and anyone responsible for the care of someone else. Attendance at all class sessions is required. There will be a planned meal break, participants are encouraged to bring along something to eat. This class has an online learning component (approximately 8 hours) required to be completed before the first in person class. Online link to be distributed to students via email.

Age: 13+
38903 Su 2/15 1-7 PM \$135/\$135
38901 Su 3/15 1-7 PM \$135/\$135
38904 Su 4/26 1-7 PM \$135/\$135
38902 Su 5/3 1-7 PM \$135/\$135
Rockville Swim and Fitness Center

Fitness
Body Sculpt
Be prepared to sweat! This total-body workout combines high-intensity interval training, strength training and heart-pumping cardio to invigorate and strengthen your body. Easy-to-follow moves with up-tempo music to increase your heart rate, stamina and energy level. Class concludes with abdominal work and stretching. All abilities welcome. Virtual class.
Age: 16+
38942 Tu 1/6-2/17 5:30-6:15 PM \$70/\$84
38943 Tu 2/24-4/14 5:30-6:15 PM \$70/\$84
Online/Johnson

Baseball & Softball



www.rbba.org

Baseball
American: 8u-9u (grades 2-3)
Minors: 10u-11u (grades 4-5)
Majors: 12u-13u (grades 6-7)
Seniors: 14u-15u (grades 8-9)

Softball
Rookie: grades K-2
Minors: grades 3-5
Majors: grades 6-8
Seniors: grades 9-12

In partnership with the City of Rockville, RBBA offers spring baseball and girls softball.

ADULTS

Bootcamp — Beginner/Intermediate

Reduce body fat, increase cardiovascular stamina and tone muscle in a team environment designed to introduce new bootcampers to the skills and drills of the advanced class. Workouts can be modified to increase or decrease intensity. Bring a water bottle and a mat for some floor exercises.

Age: 16+					
38936	M	1/5-2/16	5:45-6:45 PM	\$70/\$84	
Rockville Swim and Fitness Center/Rubin					
38941	W	1/7-2/18	5:45-6:45 PM	\$70/\$84	
Rockville Swim and Fitness Center					
38947	F	1/9-2/20	9:15-10:15 AM	\$70/\$84	
Rockville Swim and Fitness Center/Kolanowski					
39488	F	1/9-2/20	5:45-6:45 PM	\$70/\$84	
Rockville Swim and Fitness Center/Kolanowski					
38945	M	2/23-4/13	5:45-6:45 PM	\$70/\$84	
Rockville Swim and Fitness Center/Rubin					
38955	W	2/25-4/15	5:45-6:45 PM	\$70/\$84	
Rockville Swim and Fitness Center					
38926	F	2/27-4/17	9:15-10:15 AM	\$70/\$84	
Rockville Swim and Fitness Center/Kolanowski					
39489	F	2/27-4/17	5:45-6:45 PM	\$70/\$84	
Rockville Swim and Fitness Center/Kolanowski					

Bootcamp — Intermediate/Advanced

Incorporates drills designed to enhance agility, power, strength and speed. Workout in a team environment while challenging yourself to reach your fitness goals. Bring a water bottle and a mat for some floor exercises.

Age: 16+					
38935	Tu	1/6-2/17	6:30-7:30 AM	\$70/\$84	
38944	Th	1/8-2/19	6:30-7:30 AM	\$70/\$84	
38946	Tu	2/24-4/14	6:30-7:30 AM	\$70/\$84	
38952	Th	2/26-4/16	6:30-7:30 AM	\$70/\$84	
Rockville Swim and Fitness Center/Lam					

Burn!

Rev up your metabolism with this energizing, total-body workout. Perfect for all ages and fitness levels, this class combines lunges, squats, pushups, plus free weights, medicine balls and resistance bands to supercharge calorie burn in just 60 minutes. Get stronger, feel empowered and leave feeling amazing.

Age: 16+					
38950	Th	1/8-2/19	12-1 PM	\$70/\$84	
38928	Th	2/26-4/16	12-1 PM	\$70/\$84	
Rockville Swim and Fitness Center/Suarez					

Cardio Kickbox

Tired of your normal routine? Interested in something new? Shape up with boxing, martial arts and aerobics combined. This total-body workout helps increase stamina, flexibility, balance and strength. Wear comfortable clothes and shoes. Bring a water bottle and a mat for floor exercises.

Age: 16+					
38925	M	1/5-2/16	12-1 PM	\$70/\$84	
38951	Th	1/8-2/19	6-7 PM	\$70/\$84	
38953	M	2/23-4/13	12-1 PM	\$70/\$84	
38930	Th	2/26-4/16	6-7 PM	\$70/\$84	
Rockville Swim and Fitness Center/DiTullio					

NEW! Cardio Mood Boost

Move, laugh, and groove with friends, neighbors and coworkers in this fun, low-impact dance class. Enjoy easy-to-follow moves set to an upbeat mix of music that lifts your energy and your mood. No pressure, no performance—just good vibes, great people and a fun way to stay active. Perfect for all ages and levels! Modifications are given to those who need it.

Age: 16+					
39032	W	1/7-2/25	7:30-8:30 PM	\$110/\$120	
Thomas Farm CC/Shanker					

Chair — Yoga

Learn basic yoga poses and stretches to help you stay flexible and increase your mobility. Gentle cardio and breathing exercises will enhance your vitality and well-being. Seated yoga helps strengthen muscles to help your balance while it teaches you ways to feel calm and centered.

Age: 16+					
38962	M	1/5-2/16	9:15-10:15 AM	\$89/\$107	
38969	M	2/23-4/13	9:15-10:15 AM	\$89/\$107	
Rockville Swim and Fitness Center/Mendoza					

Circuit Training

The Circuit Training class offers a fast-paced, full-body workout that involves moving through several exercise stations to perform a mix of strength and cardio exercises with short rest periods in between. These sessions are designed to be flexible, allowing participants to adjust the intensity to their own fitness level. This class is very effective for building endurance and increasing strength.

Age: 18+					
39122	F	1/9-2/27	7:30-8:15 AM	\$69/\$79	
Elwood Smith CC/Waller					

Intuitive Walking Club

Step into a walking class designed to help you move with more ease, awareness and comfort—no matter your current fitness level. Each session begins with gentle stretching and a full-body scan to wake up your joints, muscles and attention. We'll focus on posture, alignment and activating key muscles so movement feels smoother, steadier and more efficient. You'll be invited to tune in to your body, explore adjustments that feel right for you and honor the ways your body moves best.

Age: 16+					
39259	M	3/23-4/13	10-11 AM	\$16/\$26	
Redgate Park/Ericson					

Metabo Body Blast

Begin your day with a pumped-up metabolism. Energize with cardio, strength training and a core workout that will leave you feeling great! Lo by Jazzercise Get all the pulse-pounding, body-pumping intensity without the hop. Use muscles, not momentum, for a killer core workout. Rock it out with dance-based cardio and strength training for total body transformation. Bring a mat and weights.

Age: 16+					
39037	M	1/5-3/23	7:30-8:15 AM	\$115/\$125	
Thomas Farm CC/Ramsey					

Pilates

Enjoy a non-impact, mind-body workout that trains core muscles to stabilize the body. Stretching and strengthening exercises target abdominal and pelvic muscles. Improve posture, abdominal strength, balance and flexibility. No previous experience necessary. Bring a mat and wear comfortable clothing. Class is taught via Zoom and is user-friendly.

Age: 16+					
39034	Tu	1/6-3/10	7:30-8:30 PM	\$115/\$125	
Online/Poole					

GET FIT

Check Out Our Fitness Room at RSFC

Featuring:

- 5 Treadmills
- 3 Elliptical Machines
- 2 Rowing Machines
- 2 Recumbent Bikes
- 1 Upright Bike
- 1 Step/Climber Machine
- 1 Arm/Recumbent Bike
- 1 All Motion Trainer
- 13 Pieces of Single-Station Strength Training Equipment and Free Weights.
- Meeting Room (Available for Rentals and Parties).



240-314-8750
www.rockvillemd.gov/swimcenter

Pilates — Teens and Adults

Enjoy a series of mat-based exercises derived from the classic methodology of Joseph Pilates. Focus on increasing flexibility and balance while working on stability, strength and awareness of the core.

Age: 16+

38980	Tu	1/6-2/17	12-1 PM	\$89/\$107
38971	Th	1/8-2/19	12-1 PM	\$89/\$107
38981	Tu	2/24-4/14	12-1 PM	\$89/\$107
38960	Th	2/26-4/16	12-1 PM	\$89/\$107

Rockville Swim and Fitness Center/Kolanowski

Pilates — Yoga Fusion

This class is a wonderful combination of the core strengthening and muscle-toning of Pilates and the meditative and flexibility benefits of yoga in a flowing workout. Bring a mat and wear comfortable clothing. Class is taught via Zoom and is very user-friendly so join in from the comfort of your own home.

Age: 16+

39033	Tu	1/6-3/10	6-7 PM	\$115/\$125
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Online/Poole

Power Sculpt

Are you looking to get strong and gain definition? With power sculpt, you’ll find strength and energy to do it all. Designed for all fitness levels with routines to improve strength and muscle definition. Bring a mat and 3-5 pound weights.

Age: 16+

39038	W	1/7-3/11	7:30-8:15 AM	\$115/\$125
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Thomas Farm CC/Ramsey



Strength & Stretch

Strength training exercises for all major muscle groups with stretching techniques to improve flexibility, muscle tone and overall fitness. Suitable for all fitness levels, from beginners to experienced athletes. Modifications available to accommodate varying abilities. Bring a mat; wear comfortable clothing.

Age: 16+

38986	W	1/7-2/18	12-1 PM	\$70/\$84
39257	W	2/25-4/15	12-1 PM	\$70/\$84

Rockville Swim and Fitness Center/Kolanowski

38988	F	1/9-2/20	12-1 PM	\$70/\$84
39258	F	2/27-4/17	12-1 PM	\$70/\$84

Rockville Swim and Fitness Center/Stokes

Thrive Yoga: Flow

Popular class style that elevates your mood and increases fitness. Yoga postures and conscious breathing will be sequenced in fluid sets. Build strength, balance, and flexibility. Find your joy of yoga by feeling amazing

Age: 13+

38598	Tu	1/6-2/24	6-7 PM	\$160/\$170
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Thrive Yoga/Staff

Thrive Yoga: Hatha Beginner

Experience yoga practice as a game-changer in your health and well being. Reacquaint yourself with the sensations of your vitality. Gain compassion for the body and learn breathing to de-stress and revitalize. Classes are more than postures. Classes are mini yoga-trainings stimulating the intellect, inspiring presence through meditation, sound healing, yoga philosophy and themes for living a better life.

Age: 16+

38599	Sa	1/10-3/28	9-10:15 AM	\$160/\$170
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Thrive Yoga/Staff

Thrive Yoga: Yin and Yoga Nidra

Begin with Yin Yoga’s slow, supported postures to release tension, improve flexibility, and balance your energy. Then transition into Yoga Nidra-also known as “yogic sleep,”-to achieve a state of conscious relaxation. Lie down comfortably and be led through a series of body scans, breath awareness and visualizations, allowing you to release tension and stress.

Age: 13+

38600	Th	1/8-2/26	6-7 PM	\$160/\$170
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Thrive Yoga/Staff

Total Tone and Sculpt

Prepare to sweat! This total-body fitness class offers an array of cardio and strength-building exercises to enhance stamina and tone muscles. Bring weights and a mat. All abilities welcome.

Age: 16+

39043	Tu	1/6-2/10	6-7 PM	\$79/\$89
39045	Th	1/8-2/12	6:30-7:30 PM	\$79/\$89
39047	Sa	1/10-2/14	8:30-9:30 AM	\$79/\$89
39044	Tu	2/24-3/31	6-7 PM	\$79/\$89
39046	Th	2/26-4/2	6:30-7:30 PM	\$79/\$89
39048	Sa	2/28-4/4	8:30-9:30 AM	\$79/\$89

Thomas Farm CC/Ramsey

Yin Yoga

Yin Yoga is a slow-paced practice focused on connective tissues, tendons, fascia and ligaments, aimed at increasing joint mobility and improving flexibility. This practice is a gentle and relaxing all-level class. Most stretches and poses are mat-based and tend to be held for longer periods of time. Bring a yoga mat, block and strap.

Age: 16+

38961	Su	1/4-2/15	11 AM-12 PM	\$89/\$107
38965	Su	3/1-4/19	11 AM-12 PM	\$89/\$107

Rockville Swim and Fitness Center/Honts

38982	W	1/7-2/18	9:15-10:15 AM	\$89/\$107
38968	W	2/25-4/15	9:15-10:15 AM	\$89/\$107

Rockville Swim and Fitness Center/Mendoza

Yoga — Balance, Flexibility, Mood and Strength

Release tension, de-stress and refresh by practicing gentle yoga postures. Calm restless thoughts, cultivate concentration, support mental clarity and confidence using breath techniques and meditation practices. The heart of each class is a sequence of postures that stretch, strengthen and balance your body. Class includes sitting, standing and lying. Check with your doctor before enrolling. Bring a yoga mat, two yoga blocks, a sturdy blanket or bath sheet, and a strap.

Age: 16+

38574	M	1/5-3/16	1-2:15 PM	\$79/\$89
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Online/Neves

38573	M	1/5-3/16	1-2:15 PM	\$79/\$89
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Thomas Farm CC/Neves

Yoga — Hatha Fundamentals

New to yoga or want to refine your practice? Increase flexibility, strength and balance. Learn breath techniques to variously calm and invigorate, and balance body and mind. Safety is emphasized through proper alignment, modifications to postures and the use of yoga props. Practice postures seated, kneeling, standing and lying on your yoga mat. Informed by yogic philosophy, gain a deeper appreciation for the interconnectedness of the body’s systems and cultivate compassionate self-awareness. Check with your doctor before enrolling. Bring a yoga mat, two yoga blocks, a sturdy blanket or bath sheet and a strap.

Age: 16+

38570	Th	1/8-3/12	6:30-7:45 PM	\$89/\$99
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Rockville Senior Center/Neves

38571	Th	1/8-3/12	6:30-7:45 PM	\$89/\$99
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Online/Neves

Yoga — Hatha Intermediate

Enjoy a balanced practice that holds postures longer, and has a variety of sequences to increase stamina, flexibility and well-being. This physically challenging class is designed for individuals with prior yoga experience (exceptions granted), free of serious injuries or physical vulnerabilities. Bring a yoga mat, two yoga blocks, a sturdy blanket or bath sheet and a strap.

Age: 16+

38575	M	1/5-3/16	6-7:15 PM	\$79/\$89
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Thomas Farm CC/Neves

38572	M	1/5-3/16	6-7:15 PM	\$79/\$89
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Online/Neves

Yoga — Core

Strengthen your core and develop healthy back muscles with this fun, fast, energetic Hatha yoga workout. Target abdominals from every angle, reduce back pain, stabilize the spine, create a stronger midsection and improve overall body alignment. Bring a mat and wear comfortable clothing.

Age: 16+

38970	Th	1/8-2/19	9:15-10:15 AM	\$89/\$107
38958	Th	2/26-4/16	9:15-10:15 AM	\$89/\$107

Rockville Swim and Fitness Center/Mendoza

Yoga — Gentle

This gentle yoga workout provides modifications to traditional yoga postures without losing physical benefits. Conducted at a comfortable pace, gentle yoga uses props, which enables everyone to enjoy the practice while promoting increased activity for better health. Bring a yoga mat, block and strap.

Age: 16+

38966	Sa	1/3-2/14	9:30-10:30 AM	\$89/\$107
Rockville Swim and Fitness Center/Chowdhury				
38973	Tu	1/6-2/17	9:15-10:15 AM	\$89/\$107
Rockville Swim and Fitness Center/Mendoza				
38979	Tu	1/6-2/17	7-8 PM	\$89/\$107
Rockville Swim and Fitness Center/De Saint Salvy				
38976	Tu	2/24-4/14	9:15-10:15 AM	\$89/\$107
Rockville Swim and Fitness Center/Mendoza				
38967	Tu	2/24-4/14	7-8 PM	\$89/\$107
Rockville Swim and Fitness Center/De Saint Salvy				
38957	Sa	2/28-4/18	9:30-10:30 AM	\$89/\$107
Rockville Swim and Fitness Center/Chowdhury				

Yoga for Athletes

Improve health, performance and mental acuity while combining energetic vinyasas from traditional yoga postures in a flowing format. Focus on reducing stress and pain in the lower back and increasing flexibility in the hamstrings, glutes and quadriceps to build a stronger core. Bring a mat and wear comfortable clothing.

Age: 16+

38972	W	1/7-2/18	7-8 PM	\$89/\$107
38977	W	2/25-4/15	7-8 PM	\$89/\$107

Rockville Swim and Fitness Center/Mendoza

Yoga Foundation

Get ready to stretch, breathe, and relax! Join our class and experience the joys and benefits of traditional yoga in a welcoming, stress-free space. Perfect for beginners, this class introduces essential poses, breathing techniques and deep relaxation to help you feel confident and balanced, body and soul. Don't forget: Bring a yoga mat and two yoga blocks—you'll need both to support your journey and get the most out of your practice!

Age: 16+

39031	Th	1/8-3/12	6:30-7:30 PM	\$79/\$89
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Twinbrook CRC/Morales

Yoga Power Flow

Flow from one pose to the next through linked postures. A multilevel class, but yoga experience is encouraged. Bring a mat and wear comfortable clothing.

Age: 16+

38964	Su	1/4-2/15	9:45-10:45 AM	\$89/\$107
38959	Su	3/1-4/19	9:45-10:45 AM	\$89/\$107

Rockville Swim and Fitness Center/Honts

39483	F	1/9-2/20	7-8 PM	\$89/\$107
39482	F	2/27-4/17	7-8 PM	\$89/\$107

Rockville Swim and Fitness Center/Chowdhury

Zumba Fit

Sculpt and tone your entire body during this fun and effective cardio dance workout. While intended as an introduction to the easy Latin- and international-inspired program, this high-energy, low-impact class has something to offer all fitness levels.

Age: 16+

38949	Th	1/8-2/19	7:05-7:50 PM	\$70/\$84
38937	Th	2/26-4/16	7:05-7:50 PM	\$70/\$84

Rockville Swim and Fitness Center/Creel

Zumba Toning

Use small weights to tone and strengthen arms, glutes, abs and thighs. Fast and slow rhythms maximize fat-burning and build muscle. Sculpt your body naturally while having fun dancing to popular high-energy music. Bring 1- or 2-pound weights.

Age: 16+

38932	Sa	1/3-2/14	11:30 AM-12:15 PM	\$70/\$84
38927	Sa	2/28-4/18	11:30 AM-12:15 PM	\$70/\$84

Online/K. Ko, N. Ko

Martial Arts

Fencing — Beginner

Introduces beginners to the Olympic sport of fencing, with an emphasis on safety and proper technique. Equipment provided. Wear comfortable clothes and bring a fencing glove (or garden/golf glove). Flexible swords used.

Age: 14+

38579	Sa	1/10-2/28	2-3:20 PM	\$130/\$140
38577	Tu	1/13-3/3	7-8:20 PM	\$130/\$140

Rockville Fencing Academy/Staff

Tai Chi with Larry

Harmony in Motion is a transformative program designed to help you unlock the numerous health benefits of Tai Chi. Study the principles and concepts of Yang Family Tai Chi. Learn the slow, even, gentle and large movements of this style of tai chi that was first created about 200 years ago. Tai chi offers a wide range of advantages of your physical and mental well-being regardless of your age or fitness level.

Beginner

Age: 16+

39030	M	1/5-3/9	9-10 AM	\$69/\$79
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Thomas Farm CC/Levine

Age: 40+

39029	Tu	1/6-2/24	6:30-7:30 PM	\$69/\$79
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Twinbrook CRC/Levine

Intermediate

The intermediate class is for individuals who have attended our beginner tai chi class and also for individuals who have previously studied “Yang” Tai Chi or another style of tai chi and wish to continue their training.

Age: 16+

39028	M	1/5-3/9	10-11 AM	\$69/\$79
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Thomas Farm CC/Levine

OFFICIALS NEEDED!

Youth and Adult Leagues

Weekday Evenings and Weekends

Youth Soccer • Track and Field

Adult Softball • Adult Soccer

For more information, call 240-314-8620 or email sports@rockvillemd.gov

46 | Main Rec. Line: 240-314-8620

Rockville Resident Registration: December 2

General Registration: December 4

www.rockvillemd.gov/registration | 47

Sports — Instructional

Adult Skateboard and Rollerblade Lessons
It’s never too late to roll into something new! Whether you’re dusting off old skills or stepping on wheels for the very first time, our adult group lessons are designed to build confidence, balance and technique in a supportive and fun environment. Learn alongside other as experienced instructors guide you through the fundamentals, from pushing off and carving to stopping safely and nailing smooth turns. Grab your board or blades and join us—it’s fitness, fun, and freedom on wheels!

Rollerblade - All Levels				
Age: 18+				
39085	M	1/12-2/9	6-6:50 PM	\$95/\$120
Rockville Skate Park/Besley				

Skateboard - All Levels				
Age: 18+				
39088	M	1/12-2/9	7-7:50 PM	\$95/\$120
39076	M	1/12-2/9	6-6:50 PM	\$95/\$120
39083	Su	1/18-2/15	1-1:50 PM	\$95/\$120
Rockville Skate Park/Austin				

Pickleball — Indoor				
Beginner Level 1				
For players new to pickleball or with very limited experience. Learn the fundamentals including serving, volleying, dinking, scoring and court positioning in a supportive, fun environment. Our certified instructors focus on proper technique, safety, and building confidence.				
Age: 16+				
38518	M	1/5-1/26	5:30-6:45 PM	\$74/\$84
Thomas Farm CC/Cao				
38503	W	1/7-1/21	1:15-2:30 PM	\$74/\$84
Thomas Farm CC/Cao				
38511	Th	1/8-1/22	12-1:15 PM	\$74/\$84
Thomas Farm CC/Daly				
38495	Sa	1/10-1/24	9-10:15 AM	\$74/\$84
Thomas Farm CC/Francis				
38504	W	2/4-2/25	12-1:15 PM	\$74/\$84
Thomas Farm CC/Cao				
38510	Th	2/5-2/19	12-1:15 PM	\$74/\$84
Thomas Farm CC/Daly				

Beginner Level 2				
For players with basic skills who can keep a rally going and understand scoring. This class emphasizes improving consistency, accuracy and shot placement, while introducing strategies for positioning and controlling the pace of the game.				
Age: 16+				
38498	W	1/7-1/21	12-1:15 PM	\$74/\$84
Thomas Farm CC/Cao				
38499	Th	1/8-1/22	1:15-2:30 PM	\$74/\$84
Thomas Farm CC/Daly				
38505	W	2/4-2/25	1:15-2:30 PM	\$74/\$84
Thomas Farm CC/Cao				
38506	Th	2/5-2/19	1:15-2:30 PM	\$74/\$84
Thomas Farm CC/Daly				
38509	Sa	2/7-2/21	9-10:15 AM	\$74/\$84
Thomas Farm CC/Francis				
38517	M	2/9-3/2	5:30-6:45 PM	\$74/\$84
Thomas Farm CC/Cao				

Beginner League Prep				
Congratulations! You’ve completed the beginner classes and are almost ready to join a league or tournament. In this class, our certified instructors will help you refine your fundamentals while focusing on proper court positioning, rules and scoring. Participants will practice hitting medium-paced forehands and backhands, as well as serving with depth, direction and consistency. This class is designed to prepare players for real game situations, build confidence and ensure you’re ready to compete in a fun and supportive environment.				
Age: 16+				
38497	Th	1/8-1/22	2:30-3:45 PM	\$74/\$84
38512	Th	2/5-2/19	2:30-3:45 PM	\$74/\$84
Thomas Farm CC/Cao				



Pickleball — Outdoor				
Beginner Level 1				
For players new to pickleball or with very limited experience. Learn the fundamentals including serving, volleying, dinking, scoring and court positioning in a supportive, fun environment. Our certified instructors focus on proper technique, safety, and building confidence.				
Age: 16+				
38496	M	3/2-3/9	5-7 PM	\$74/\$84
Mattie Stepanek Park/Cao				
38507	W	3/4-3/11	5-7 PM	\$74/\$84
Mattie Stepanek Park/Rosen				
38500	Su	3/8-3/22	8-9:15 AM	\$74/\$84
Mattie Stepanek Park/Rosen				

Beginner Level 2				
For players with basic skills who can keep a rally going and understand scoring. This class emphasizes improving consistency, accuracy and shot placement, while introducing strategies for positioning and controlling the pace of the game.				
Age: 16+				
38508	Sa	3/7-3/21	1:15-2:30 PM	\$74/\$84
Mattie Stepanek Park/Cao				
38502	Su	3/8-3/22	9:30-10:45 AM	\$74/\$84
Mattie Stepanek Park/Rosen				

Beginner League Prep				
Congratulations! You’ve completed the beginner classes and are almost ready to join a league or tournament. In this class, our certified instructors will help you refine your fundamentals while focusing on proper court positioning, rules and scoring. Participants will practice hitting medium-paced forehands and backhands, as well as serving with depth, direction and consistency. This class is designed to prepare players for real game situations, build confidence and ensure you’re ready to compete in a fun and supportive environment.				
Age: 16+				
38501	Sa	3/7-3/21	2:45-4 PM	\$74/\$84
Mattie Stepanek Park/Cao				

Sports Leagues				
Winter Co-Rec Indoor Volleyball				
Open to all high school graduates 18 years and older. League play on Monday or Friday evenings. Teams register on a first-come come first-paid basis until league is closed. Roster size minimum is four and maximum 12 per team. Self-officiated. All game times are 6:30, 7:30 and 8:30 p.m.C/D League 3,20-point matches/rally scoring. The league is self-officiated. Team registration required. Free agents will be put on a distribution list provided to registered teams. Players must be 18 years and older and out of high school.				
Age: 18+				
38032	M	1/5-4/6	6-10 PM	\$350
Twinbrook CRC				
38033	F	1/9-3/13	6:30-10 PM	\$350
Robert Frost Middle School				

Call for Volunteer Youth Sports Coaches!

Interested in giving back to your community?

We have the perfect opportunity for you.

Volunteer to coach one of our youth sports leagues this spring:

Youth Soccer

Track and Field

Flag Football

For more information, call 240-314-8620 or email sports@rockvillemd.gov

ROCKVILLE SENIOR CENTER

www.rockvillemd.gov/seniorcenter
240-314-8800 • seniorcenter@rockvillemd.gov
1150 Carnation Drive, Rockville, MD 20850

INFORMATION CENTER

The Rockville Senior Center provides a central location for the many programs, services and activities offered to adults, ages 60 and older.

Center and Fitness Hours

Call **240-314-8800** or email seniorcenter@rockvillemd.gov

Directions

Call **240-314-5019**

Bus Transportation

Call **240-314-8810**

Center Membership Fees

\$40/year: Rockville resident

\$135/year: nonresident

\$65: spouse

Program Fees

Fee = member/nonmember

Registration Dates

Senior Center members (M) and City of Rockville residents registration begins: Tuesday, Dec. 2. Senior Center members receive a discount on programs. General registration begins: Thursday, Dec. 4.

Transportation

Buses: Door-to-door bus service is available to the senior center, shopping, club meetings and special trips. Reservations required. Call **240-314-8810**. Rockville Call 'N Ride Service: Taxi coupons may be purchased at a reduced rate, based on income and family size. Documentation required. Must be a Rockville resident. Call **240-314-8800**.

Aging Information, Services and Support

Seniors and families may obtain information, services and support related to aging by calling **240-314-8810**. For outreach and assistance, call **240-314-8817** or **240-314-8816**.

Senior Program Assistance Fund

Financial assistance for senior classes, day trips and senior center membership is available. (Must meet age and income guidelines.) To donate to this program, send a check payable to the City of Rockville Senior Assistance Fund. Mail to the Rockville Senior Center, 1150 Carnation Drive, Rockville, MD 20850.

Fitness Membership (Must be a Senior Center Member)

\$95/year; \$15/one-time training.

Sponsorships

Interested in sponsoring an activity or program at the Rockville Senior Center? Email seniorcenter@rockvillemd.gov for future opportunities.

BE ON THE LOOKOUT FOR THESE EVENTS...

Family Support and Wellness Programs

Are you taking care of your parents or looking for resources as you age? The senior center invites you to listen in on upcoming one-day presentations through its wellness and support services.



Benefits of Senior Center Membership Include:

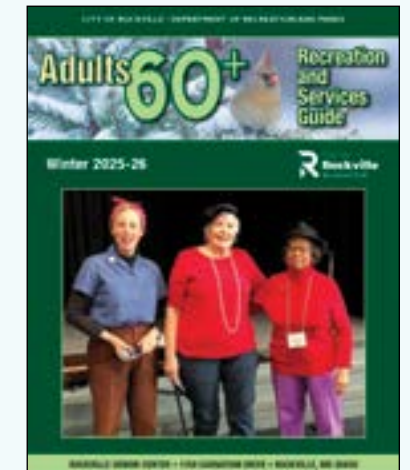
Discounts on:

- Senior Programs.
- DVD Rentals.
- Eligibility for Senior Garden Plots.
- Party Rentals.



Senior Transportation Weekly Shopping for Seniors:

Senior Services provides transportation to grocery stores. Call to receive the schedule.



Look for additional
information in our

Adults 60+

Recreation and Services Guide



If mailing registrations, complete the registration form, enclose a check and mail to: Rockville Senior Center, 1150 Carnation Drive, Rockville, MD 20850. If mailing a registration, you will receive a receipt in the mail or in your email. You will be contacted if you did not get into the class you wanted.



Online Registration:
www.rockvillemd.gov/registration
Visa and MasterCard accepted. Call our main number, 240-314-8800 or email us at seniorcenter@rockvillemd.gov with questions about updating your membership or registration for any of our offerings.



Senior Happenings

Rockville Seniors, Inc. Holiday Bazaar

Saturday, Dec. 6, 9 a.m.-2 p.m.

Handmade crafts, book sale, raffle, bake sale, plant sale, gift and thrift shop. Lunch available for purchase.

Free admission • Sr. Ctr.

New Year's Rock 'In Around the Senior Center

Friday, Jan. 16, 1-3 p.m.

Visit rooms throughout the center and discover tasty appetizers, drinks and desserts, culminating in a New Year's kickoff and other festivities.

Course #38545 • Cost: \$12/\$15 • Sr. Ctr.

Supper Club

Tuesday, Feb. 10, 4:30-6:45 p.m.

Wine and cheese happy hour, catered dinner and entertainment.

Course #38231 • Cost: \$32/\$42 • Sr. Ctr.

Country Line Dance Party

Thursday, Feb. 19, 3:30-4:45 p.m.

Details on page 17.

Course #38492 • Cost: \$8/\$10 • Sr. Ctr.

Stories of the Underground Railroad

Tuesday, Feb. 24, 10-11 a.m.

Details on page 9.

Course #38533 • Cost: \$7/\$10 • Sr. Ctr.

**See the "Adults 60+ Recreation and Services Guide" for full descriptions of programs.
Call 240-314-8800 or email seniorcenter@rockvillemd.gov.**



Rockville Villages

Scan for more information



Be a part of the growing village movement in Rockville!

Villages are volunteer neighbor to neighbor support groups. Find out if there is a village developing in your neighborhood or how to get one started!

<https://www.rockvillemd.gov/Villages>
240-314-8807

Trish Evans tevans@rockvillemd.gov

ROCKVILLE SENIOR CENTER

We help residents continue to live and thrive in Rockville.

**Onsite Services • Emergency Food Pantry
Home Improvement Specialist • Wellness Coordinator**

Senior Support Services

Our coordinator connects seniors (60-plus) and their caregivers to community resources, programs, and benefits to promote independent living or aging in place.

Other Services

- Assistance for seniors and caregivers seeking resources.
- Needs assessment and support coordination.
- Guidance on Social Security, Medicare, and insurance.
- Help with health and financial forms.
- Emergency funding for financial crises.
- Referrals for food, clothing, or financial counseling programs.

For more information, contact:

Mariella Correal: 240-314-8816, mcorreal@rockvillemd.gov
Andrea Rogers: 240-314-8817, arogers@rockvillemd.gov

THOMAS FARM COMMUNITY CENTER

**www.rockvillemd.gov/thomasfarm
240-314-8840 • thomasfarm@rockvillemd.gov
700 Falls Grove Drive, Rockville, MD 20850**

FULL-SIZE GYMNASIUM • RENTAL SPACE FOR PARTIES AND MEETINGS

FITNESS CENTER WITH CARDIO AND STRENGTH EQUIPMENT • CLASSES, PROGRAMS AND EVENTS FOR THE ENTIRE FAMILY • DAILY, MONTHLY AND ANNUAL PASSES AND MEMBERSHIPS

Thomas Farm offers classes for all ages, rental space, drop-in sports, fitness center for exercise, classes, an after-school program for elementary-aged students, lounge, art gallery, game room and pingpong table.

HOURS: Monday-Friday: 6 a.m.-9:30 p.m. Saturday: 8:30 a.m.-9:30 p.m. Sunday: 10 a.m.-6 p.m.

TWINBROOK COMMUNITY RECREATION CENTER

**www.rockvillemd.gov/twinbrook
240-314-8830 • tcrc@rockvillemd.gov
12920 Twinbrook Parkway, Rockville, MD 20851**

FULL-SIZE GYMNASIUM • RENTAL SPACE FOR PARTIES AND MEETINGS

BEFORE AND AFTER SCHOOL PROGRAMS

MONTHLY FITNESS PASSES MEMBERSHIPS AVAILABLE • SPECIAL FAMILY • FUN EVENTS

Every day, the center welcomes a diverse group of children and families to our after-school program, classes and drop-in sports. Enjoy the open gym with your friends or attend one of our family-friendly programs. The Twinbrook Community Recreation Center has options for everyone in a safe and friendly community setting.

HOURS: Monday-Friday: 6 a.m.-9:30 p.m. • Saturday: 8:30 a.m.-9:30 p.m. • Sunday: 10 a.m.-6 p.m.



LINCOLN PARK COMMUNITY CENTER

CLOSED
FOR
FACILITY UPGRADE

www.rockvillemd.gov/lincolnpark
240-314-8780 • lpcc@rockvillemd.gov
357 Frederick Ave., Rockville, MD 20850

Lincoln Park Community Center Renovation
A full interior renovation of the Lincoln Park Community Center began May 2025. The facility closed to the public June 18. Anticipated completion is spring 2026. While we're closed, your membership works at Thomas Farm Community Center, Twinbrook Community Recreation Center and Rockville Swim and Fitness Center (fitness access only; no pool).

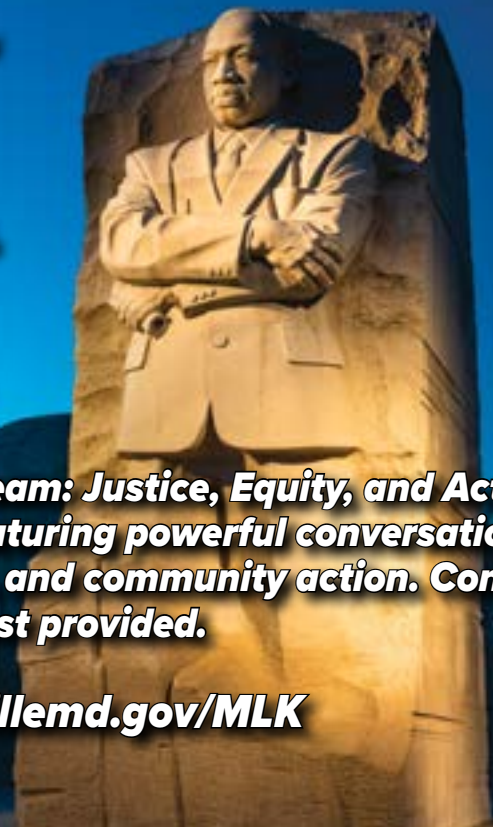
*Hosted by the Mayor and Council of Rockville and
Rockville's Human Rights Commission*

Celebrate Martin Luther King, Jr.

**Monday, January 19
8:30 a.m.-Noon
F. Scott Fitzgerald Theatre**

*Join us for "Reclaiming the Dream: Justice, Equity, and Action," a
Martin Luther King Jr. event featuring powerful conversations and
presentations on equity, justice, and community action. Continental
breakfast provided.*

www.rockvillemd.gov/MLK



International Night 2026

Looking for Performers

Are you interested in showcasing your skills
and celebrating and sharing your cultural
talents?

We'd love to have you perform at this year's
City of Rockville's International Night on
Friday, April 17, at 6 p.m.

Location: F. Scott Fitzgerald Theatre

If interested, email yyeboah@rockvillemd.gov



Historic elegance, a century strong.
Glenview Mansion
1926-2026.








Murder at the Mansion presents
A Wedding to Die For
 A comedic murder mystery by Dean Fiala
 Presented by A Taste for Murder Productions

Four performances:
 Friday, April 10 and Saturday, April 11 at 8 p.m.
 Saturday, April 11 and Sunday, April 12 at 2 p.m.

Tickets:
 \$40 Adult • \$35 Seniors (62+) and Students (15+)
 Group rates are available.
 Optional buffet \$30
 Cash bar (beer, wine, soda) also available.
 Includes dessert!

Glenview Mansion at Civic Center Park
 603 Edmonston Dr.
 boxoffice@rockvillemd.gov | 240-314-8690

♥♥ All are welcome.
   

Glenview Mansion Art Gallery

Second floor of Glenview Mansion at Rockville Civic Center Park
 Gallery hours: 9 a.m.-4:30 p.m. Monday-Friday. Closed on official holidays.



"My Father's Key"
 by Karen Norman

Rockville Art League Juried Members' Winter Show Varied Media

Meet the Artists, Sunday, Dec. 7
 1:30-3:30 p.m.
 On Exhibit: Dec. 7-Jan. 16

Rockville Student Juried Art Exhibit Varied Media

Meet the Artists, Sunday, Jan. 25
 1:30-3:30 p.m.
 On Exhibit: Jan. 25-Feb. 13

Rockville Civic Ballet
 Directed by Eleanor Simpson
 and Erin Kwong.

the Nutcracker

Join Clara on her magical journey!



Friday: Dec. 5 & 12 at 7:30 p.m.
 Saturday: Dec. 6 & 13 at 2 p.m. and 7:30 p.m.
 Sunday: Dec. 7 & 14 at 2 p.m.

Tickets: \$17 Adults • \$13 Children (12 years old and younger)
 \$13 Seniors (60 years old and older)
 Assigned seat tickets may be purchased in person or by phone at the F. Scott Fitzgerald Theatre box office at 240-314-8690.



Linda Garrettson, Director
 Arielle Bayer, Accompanist

"Bringing Song and Light to the Season"
 Featuring "John Rutter's Requiem" and seasonal selections.

**Sunday, Dec. 21
 7:30 p.m.**

F. Scott Fitzgerald Theatre
Auditions: Monday, Jan. 5
 The director will hold auditions only for bass and tenor voice parts.

Please visit rockvillechorus.org to schedule an audition time.



For more information, call 240-314-8660
 or glenview@rockvillemd.gov



240-314-8660



...
 All events are on Thursdays and start at 7 p.m.
 This co-sponsored series is free and open to all.
 Light refreshments will be provided.
 Glenview Mansion 603 Edmonston Drive, Rockville

...
Jan. 8
 Croydon Creek Nature Center
REGISTER WITH COURSE #36327

Feb. 12
 Shadow on the Household. VIRTUAL.
REGISTER WITH COURSE #37309

March 12
 The History of Baseball in Rockville.
REGISTER WITH COURSE #36328

Annual Glenview Mansion

Wedding & Events Expo

Make any event truly special and start planning in a beautiful setting!

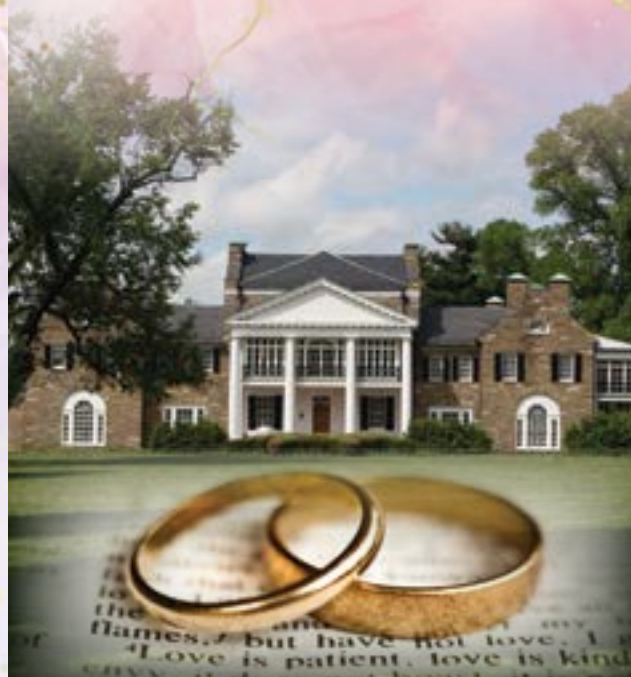
Meet important local vendors and service providers, including caterers, cake specialists, photographers, musical entertainment, floral arrangements, tenting options, event planners and so much more.

♥♥ All are welcome.



Glenview Mansion at Rockville Civic Center Park
603 Edmonston Drive, Rockville MD 20851

Sunday, March 22 • 1-4 p.m.



www.rockvillemd.gov/glenview • 240-314-8660



Dr. Christine Higley, Music Director

Sunday, Dec. 21

A Winter Celebration

A musical celebration of light, laughter and holiday spirit

Sunday, Feb. 15

Hearts in Harmony

Music to Warm the Winter Chill

Sunday, March 22

March On!

Celebrating music, movement and momentum

3 p.m. F. Scott Fitzgerald Theatre • rockvilleconcertband.org

F. SCOTT FITZGERALD THEATRE

Rockville Civic Center Park

603 Edmonston Drive, Rockville, MD 20851

Box office: 240-314-8690 • www.rockvillemd.gov/theatre

The Winter Jubilee

Dec. 20 from 1 p.m. - 4 p.m.

Tickets: \$10 | \$8 Rockville Residents |

Chaperones over 18 Free.

Rockville Little Theatre presents

"Close Ties"

Jan. 30 & 31 and Feb. 6 & 7 at 8 p.m.

Feb. 1 & 8 at 2 p.m.

Tickets: \$24 Adults | \$22 Seniors & Students.

Group pricing available.

Young Artists of America presents

"WORKING: A Localized Musical"

Saturday, Feb. 14 at 3 p.m. and 7 p.m.

Tickets: \$32-\$48 Adults; \$30-\$46 Seniors &

Students. Group pricing available.

Victorian Lyric Opera Company presents "The Elixir of Love"

Feb. 27 & 28 and March 6 & 7 at 8 p.m.

March 1 & 8 at 2 p.m.

Tickets: \$30 Adults | \$28 Seniors |

\$26 Students. Season subscriptions and group pricing available.

Rockville Civic Ballet presents

"Spring Production"

March 14 at 2 p.m. & 7:30 p.m. | March 15 at 2 p.m.

Tickets: \$17 Adults | \$13 Seniors (60 and older) and Children (12 and under).

Group pricing available.

Save the Date:

Golden Pointe US presents "Swan Lake"

March 19

City of Rockville Concert Band Series

Feb. 15: "Hearts in Harmony"

March 22 "March On!"

At 3 p.m. \$5 donation suggested. No ticket required.

Rockville Sister Cities Lantern Festival

Feb. 21, 1-4 p.m.

Free and open to the public.

At Glenview Mansion

Murder at the Mansion presents

"A Wedding to Die For"

April 10 & 11 at 8 p.m. | April 11 & 12 at 2 p.m.

Tickets: \$40 | \$35 Seniors & Students.

Tickets plus optional buffet: \$70 | \$65 Seniors & Students. Group pricing available.

Annual Glenview Mansion

Wedding & Events Expo

Sunday, March 22, 1-4 p.m.

Free and open to the public, refreshments provided.

Glenview Mansion & Peerless

Rockville Speaker Series

Jan. 8, Croydon Creek Nature Center.

Feb. 12, Shadow on the Household. VIRTUAL.

March 12, The History of Baseball in Rockville. All events at 7 p.m. | Free and open to the public.

Rockville Events Sponsorship Opportunities

REACH NEW AUDIENCES
Sponsor benefits include on-site booth and signage, logo on materials, mentions on social media and more, depending on level of support.

CONTACT:

240-314-8606 • cmcquitty@rockvillemd.gov



Sign up for City of Rockville
Emergency Notifications



Public Safety • Severe Weather • Traffic

The Alert Rockville notification system relays up-to-the-minute messages to subscribers about public safety, severe weather and traffic.

Signing up is EASY.

1. Create a username and password.
2. Choose the types of alerts you want to receive.
3. Choose and prioritize your preferred method(s) of delivery – text, phone, email.
4. Enter your information – mobile phone number, home phone number, email.
5. Enter up to five locations.

For more information and to sign up, visit www.rockvillemd.gov/alerts

FINANCIAL ASSISTANCE

Rockville Youth Recreation Fund Ages 18 and younger

A limited amount of scholarships for program fees are available for residents of the City of Rockville and, under specific criteria*, MCPS students attending a school within City of Rockville limits. The participant must pay \$15 toward each program fee, unless otherwise specified. The fund will cover the balance of the fees, up to \$100 maximum per person, per season; \$1,000 maximum per family, per year, as funds permit. Any remaining balance must be paid by the participant. Financial assistance must be applied for in-person at the time of registration. In addition, qualified participants who enroll their child in a program that meets a child-care need and costs more than \$115 per month are eligible to apply for monthly financial aid assistance of up to \$100 per month, with an additional cap of \$1,000 per family, per year, as funds permit. The \$15 fee is applicable to each month. This includes, but is not limited to, pre-school, after school and community center extended day programs. Summer camps are not included in this program. Applications for monthly scholarship assistance must be approved by the superintendent of recreation and must be applied for with the recreation department bookkeeper. *MCPS students attending a school within City of Rockville limits are eligible to apply for financial assistance to attend programs that are offered exclusively to students enrolled at the school where the program is held, regardless of residency status. Proof of enrollment at the school is required. **Limited financial assistance is available for Rockville residents, ages 19 and older, based on income. Please call 240-314-8624 for an appointment.**

Documents Needed for Financial Assistance:

Participants must provide proof of Rockville residency and verification of any of the following:

- **Award letter from Maryland Department of Human Resources/ Montgomery County Dept. of Social Services** verifying eligibility for Temporary Cash Assistance (TCA), Food Stamps (SNAP), Transitional Emergency Medical and Housing Assistance (TEMHA), Working Parents Assistance Program (WPA), Free and reduced meal services (FARM). The letter must indicate eligibility period and names of household members receiving benefits.
- **Proof of Maryland Medicaid:** Approval letter from state.
- **Proof of Medical Assistance** from Montgomery County Department of Social Services. Form to be received from county offices.
- **Proof participant resides in a shelter:** Letter from shelter dated within a month of application and, if applicable, listing dependents living at shelter.
- **Proof of Rental Assistance:** Public Housing, HUD Section 8 Housing, HOC, Montgomery County HHS Rental Assistance Program (RAP). MPDU is not accepted. This must be a current document that names eligible tenants from the agency providing assistance.
- **Supplemental Security Income:** Document must be dated within one year of application.



Make a Difference in Your
Community
Join a Rockville Board or Commission!

What is a board or commission?

Boards and commissions allow members of the community to partner with city staff to shape Rockville's future by sharing expertise and advising the Mayor and Council.

Volunteer your expertise.

Boards and commissions address a wide range of topics, from the environment to human services to city elections. In order to participate, you must live in the City of Rockville.



Visit www.rockvillemd.gov/boards or scan the QR code. You can also contact the City Clerk's Office at 240-314-8280.

THANK YOU



For more than 15 years, the Rockville Recreation and Parks Foundation has helped send kids to camp, enroll in soccer leagues and take free swim lessons, and has paid for equipment, such as soccer goals at Maryvale Park and much, much more.

We are grateful for their support.

To learn more about the Rockville Recreation and Parks Foundation, visit www.rrpfi.org.

www.rrpfi.org • 240-314-8867

Inclement Weather Policy

The City of Rockville works diligently to keep residents safe and informed during inclement weather or an emergency situation. When weather has the possibility of affecting a city program, meeting or facility, every attempt is made to maintain standard operations throughout the city.

Decisions about whether to cancel morning programs or close facilities will be made by 8 a.m. with an update at 9 a.m. A decision on afternoon and evening programs will be made at 1:30 p.m. with an update at 4 p.m.

Recreation Programs

Call 240-314-5023, the information line, for updates.

Sports Leagues

Call 240-314-5055, the sports weather information line for updates on leagues.

Swim and Fitness Center

Students can visit the Rockville Swim and Fitness Center web-site at www.rockvillemd.gov/swimcenter for updates and to sign up for alerts and the facility newsletter, where you will receive information regarding facility closures and program cancellations. Students can also call 240-314-8750 to get specific up-to-date information for each weather event. In the absence of any notice, students should assume programs are held as scheduled and the facility is open.

Individuals with Disabilities

Rockville Recreation and Parks welcomes individuals with disabilities to its programs and facilities. To discuss program modifications/accommodations, please contact the program supervisor or programaccess@rockvillemd.gov. Early notification allows us time to implement requested modifications/accommodations.

Additional opportunities for individuals with disabilities, are available at Montgomery County Recreation: Therapeutic Recreation at 240-777-6840 or rec.inclusion@montgomerycountymd.gov.

To request ADA accommodations or obtain this publication in an alternative format, please contact the ADA coordinator at 240-314-8108 or MD Relay 7-1-1 or ada@rockvillemd.gov.

Recreation and Parks Mission Statement

Our mission is to nurture community connections. We strive to be the place to make lifelong memories as you live, work, play and thrive. We contribute to a high quality of life by connecting citizens and visitors of Rockville with exceptional parks and extraordinary recreational opportunities. These services provide the foundation for physical, social, economic and environmental viability and the well-being of the community.



Monique Ashton, Mayor
Councilmembers
Kate Fulton, Barry Jackson, David Myles,
Izola (Zola) Shaw, Marissa Valeri, Adam Van Grack
Jeff Mihelich, City Manager
Steve Mader, Acting Director of Recreation and Parks
Chris Henry, Deputy Director of Recreation and Parks
Andy Lett, Superintendent of Recreation
Noel Gonzalez, Acting Superintendent of Parks and Facilities

Keep in touch.

General Information Lines:

Child Care, Classes, Recreation Programs.....240-314-8620
Parks and Facilities Maintenance240-314-8700
Park and Picnic Rentals.....240-314-8660
Recreation and Parks Administration240-314-8600
Rockville Skate Park.....240-314-8797

Recorded Weather Information Lines:

Childcare/Rec. Programs (Info. Line).....240-314-5023
Special Events Line (Info. Line)240-314-5022
Sports Leagues Line (Info. Line)240-314-5055

Rockville Civic Center Park:

Art Gallery240-314-8682
Glenview Mansion240-314-8660
F. Scott Fitzgerald Theatre Box Office240-314-8690
Civic Center (Directions Line).....240-314-5004

Recreation Centers:

Croydon Creek Nature Center.....240-314-8770
Lincoln Park Community Center240-314-8780
Thomas Farm Community Center240-314-8840
Twinbrook Community Rec. Center.....240-314-8830
Rockville Swim and Fitness Center.....240-314-8750
Rockville Senior Center240-314-8800
Senior Center (Directions Line).....240-314-5019

Registration Info

Registration Begins:

Tuesday, Dec. 2 at 8:30 a.m. for Rockville Residents and Senior Center members and programs listed in the Adults 60+ Recreation and Services Guide.

Thursday, Dec. 4 at 8:30 a.m. for general and nonmembers by mail, fax, in-person and online.

Registration Deadlines:

- The registration deadline for all activities is two weeks prior to the start of the class unless otherwise noted.
- Late registrations will be accepted if space is available.
- Programs may be canceled if registration is insufficient. If a program is canceled, we will contact you. You may then select an alternate program, request a credit or a refund.

Registration Form and Payment:

- Complete the registration form. You may combine recreation activity fees in one check, made payable to the City of Rockville. Note: \$35 returned check charge.
- Visa and MasterCard are accepted for payment.

Credits and Refunds:

- If staff cancels a class, refunds will automatically be issued.
- Our programs require advanced planning and purchase of supplies to provide a quality experience, therefore requests for a refund or credit must be submitted in writing to the program supervisor at least seven days in advance of the start of the program, unless otherwise specified. **Send email to registration@rockvillemd.gov.** Less than seven days prior to the start of a program, requests for a refund or credit will be considered if accompanied by proper medical or other requested documentation. Proration and administrative fees apply.
- The following administrative fees are charged for issuing a refund or credit: programs/classes, \$15; child care, \$50; senior programs, \$15; sports teams, \$100; individual sports participants, \$15; swim, \$15; teens, \$15. A credit will be applied to your City of Rockville account for registrations under \$20 (exceptions: nature, senior, swim and teen programs).
- We are committed to providing quality programs and facilities. If you are unhappy with our services, please contact us. We will suggest another program to try or, if you prefer, will give you a full credit or refund your money. That's our Customer Satisfaction Guarantee.

Transfers:

Requests are subject to availability. Requests must be in writing. **Send email to registration@rockvillemd.gov.** Registrations cannot be transferred from one registrant to another due to wait lists. Note: \$25 fee is assessed for child-care programs.

Rate Key:

Prices are listed as: Resident (R), Nonresident (NR)
Member (M), Nonmember (NM)



Online Recreation Registration System

CivicRec, powered by Rec1, our online registration system, allows you to easily create an account, search, register, pay for activities and leagues, view memberships and manage profiles on any computer, tablet or smart phone.

Visit www.rockvillemd.gov/registration.

How to Register

Online:

- at www.rockvillemd.gov/registration.
- Download the registration form at www.rockvillemd.gov/registrationform or use the QR code link below and email to registration@rockvillemd.gov.



Walk in or Mail:

- Dept. of Rec. and Parks: Main Office
6 Taft Court, 3rd Floor, MD 20850
- Rockville Swim and Fitness Ctr.
355 Martins Lane, MD 20850
- Rockville Senior Ctr.
1150 Carnation Drive, MD 20850
- Croydon Creek Nature Ctr.
852 Avery Road, MD 20851
- Lincoln Park Community Ctr.
357 Frederick Ave. MD 20850
- Thomas Farm Community Ctr.
700 Fallsgrrove Drive, MD 20850
- Twinbrook Community Recreation Ctr.
12920 Twinbrook Parkway, MD 20851

Satisfaction Guarantee

The Department of Recreation and Parks is committed to providing quality programs and facilities. If you are unhappy with a program, we want to know. We will suggest another program to try or, if you prefer, we will give you a credit. That's our Customer Satisfaction Guarantee to you.

City of Rockville
111 Maryland Avenue
Rockville, Maryland 20850-2364

**PRESORTED
STANDARD
U.S. POSTAGE
PAID
SUBURBAN,
MD
PERMIT NO. 63**



The Mayor and Council of Rockville and the
Rockville Asian Pacific American Task Force
present the

Lunar New Year Celebration

**Saturday, Feb. 21
1 - 3:30 p.m.**

**Richard Montgomery High School
250 Richard Montgomery Drive
Rockville, MD 20852**

**Performances
from 1:30 - 3 p.m.**

**Cultural performances • Crafts
Interactive displays • Snack boxes**



Visit rockvillemd.gov/LunarNewYear
for more information.



**Year of
the Horse**

