

See page 2 for info
on Spring Break



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ROCKVILLE SWIM AND FITNESS CENTER

355 Martins Lane • Rockville, MD 20850
www.rockvillemd.gov/swimcenter • (240) 314-8750

Recreational Swim and Fitness Center Schedule Spring 2026 (Spring Break Schedule)

	Indoor Pools		Fitness Room, Whirlpool, Sauna & Lobby
	North Pool <small>6 lanes x 25 meters + ramp area)</small>	South Pool <small>(6 lanes x 25 yards)</small>	
Monday	6:00 – 8:20 am 11:00 – 3:30 pm* 5:00 – 9:00 pm**	7:30 – 9:00 am 12:00 – 3:00 pm*	6:00 am – 9:00 pm
Tuesday	6:00 – 8:20 am 11:00 – 4:30 pm 6:00 – 9:00 pm**	7:30 – 11:00 am 12:00 – 3:00 pm	6:00 am – 9:00 pm
Wednesday	6:00 – 8:20 am 11:00 – 3:30 pm* 5:00 – 9:00 pm**	7:30 – 9:00 am 12:00 – 3:00 pm	6:00 am – 9:00 pm
Thursday	6:00 – 8:20 am 11:00 – 4:30 pm 6:00 – 9:00 pm**	7:30 – 11:00 am 12:00 – 3:00 pm	6:00 am – 9:00 pm
Friday	6:00 – 8:20 am 11:00 – 3:30 pm 5:00 – 9:00 pm**	7:30 – 9:00 am 12:00 – 3:00 pm	6:00 am – 9:00 pm
Saturday	6:00 – 7:30 am 12:00 – 9:00 pm	10:30 – 4:00 pm <small>(Only 2 lanes available 10:30-12:00 pm and minimum of 3 lanes available 3:00-4:00pm)</small>	6:00 am – 9:00 pm <small>(Whirlpool closes at 7pm)</small>
Sunday	11:00 – 9:00 pm <small>(only 3 lanes lap swim available 11-12:45 ramp and 3 lanes closed until 12:45 pm)</small>	1:00-3:00 pm	9:00 am – 9:00 pm

North Pool Notes: With the exception of the early morning hours, the pool is set up with 4 lanes for lap swim and an open recreation area available.

*The ramp area is not available 2:00-3:00 pm Mon and Wed

** The ramp area and first lane in North pool will remain closed until 5:15 pm (Mon, Wed and Fri) or 6:15 pm (Tues and Thurs) due to swim lessons.

Rockville Recreation & Parks is committed to upholding the Americans with Disabilities Act (ADA) by offering reasonable modifications/accommodations, including materials in alternative formats. Early notification allows us time to secure modifications, please contact our ADA coordinator at 240-314-8108 or programaccess@rockvillemd.gov.

Spring Break Schedule 2026 Special Dates

<u>Mon. 3/23/26 and prior</u> Regular Schedule	<u>Tues. 3/31/26</u> North Pool: 6:00am-9:00pm (5 lanes lap swim only 9:30am-11:00am) South Pool: 6:30am-8:15am Fitness Room, Spa, Sauna & Lobby: 6:00am-9:00pm
<u>Tues. 3/24/26</u> North Pool: 6:00am-8:20am & 11:00am-9:00pm (5 lanes lap swim only 4:30pm-6:15pm) South Pool: 7:30am-11:00am & 12:00pm-3:00pm Fitness Room, Spa, Sauna & Lobby: 6:00am-9:00pm	<u>Wed. 4/1/26</u> North Pool: 6:00am-9:00pm South Pool: 7:30am-9:15am Fitness Room, Spa, Sauna & Lobby: 6:00am-9:00pm
<u>Wed. 3/25/26</u> North Pool: 6:00am-8:20am & 11:00am-9:00pm (5 lanes lap swim only 3:30pm-5:15pm) South Pool: 7:30am-9:00am & 12:00pm-3:00pm Fitness Room, Spa, Sauna & Lobby: 6:00am-9:00pm	<u>Thurs. 4/2/26</u> North Pool: 6:00am- 9:00pm South Pool: 6:30am-8:30am & 12:30pm-3:30pm (4 lanes lap swim only 1:00pm-3:00pm) Fitness Room, Spa, Sauna & Lobby: 6:00am-9:00pm
<u>Thurs. 3/26/26</u> North Pool: 6:00am-8:20am & 11:00am-9:00pm (5 lanes lap swim only 4:30pm-6:15pm) South Pool: 7:30am-11:00am & 12:00pm-3:00pm Fitness Room, Spa, Sauna & Lobby: 6:00am-9:00pm	<u>Fri. 4/3/26</u> North Pool: 6:00am-9:00pm South Pool: 7:30am-8:30am & 12:30pm-3:30pm (3 lanes lap swim only 12:30pm-2:30pm) Fitness Room, Spa, Sauna & Lobby: 6:00am-9:00pm
<u>Fri. 3/27/26</u> North Pool: 6:00am-8:20am & 11:00am-9:00pm (5 lanes lap swim only 3:30pm-5:15pm) South Pool: 7:30am-11:00am & 12:00pm-3:00pm Fitness Room, Spa, Sauna & Lobby: 6:00am-9:00pm	<u>Sat. 4/4/26</u> North Pool: 6:00am-9:00am South Pool: 10:45am-4:00pm Fitness Room, Sauna & Lobby: 6:00am-9:00pm Spa: 6:00am-7:00pm
<u>Sat. 3/28/26</u> North Pool: 6:00am-9:00am & 12:00pm-9:00pm South Pool: 10:30am-4:00pm (only 2 lanes available 10:30am-12:00pm) Fitness Room, Sauna & Lobby: 6:00am-9:00pm Spa: 6:00am-7:00pm	<u>Sun. 4/5/26</u> North Pool: 9:00am-9:00pm South Pool: 1:00pm-4:00pm Fitness Room, Spa, Sauna & Lobby: 9:00am-9:00pm
<u>Sun. 3/29/26</u> North Pool: 11:00am-9:00pm (only 3 lanes lap swim available 11:00am-12:45pm) South Pool: 1:00pm-4:00pm (only 5 lanes lap swim available) Fitness Room, Spa, Sauna & Lobby: 9:00am-9:00pm	<u>Mon. 4/6/26 and after</u> Return to Regular Schedule
<u>Mon. 3/30/26</u> North Pool: 6:00am-9:00pm (5 lanes lap swim only 10:00am-11:00am) South Pool: 7:30am-9:15am Fitness Room, Spa, Sauna & Lobby: 6:00am-9:00pm	

North Pool Note: With the exception of the early morning hours (and exceptions listed above), the pool is set up with 4 lanes for lap swim and an open recreation area available.

**No Regularly Scheduled Instructional Programs:
Water Fitness, Swim Lessons, Land Fitness
March 30-April 5**

**View Special Make-up and Drop-in Class Schedule Chart
[Online](#) or at the Front Desk in person.**

Schedule and Facility Notes

- Review www.rockvillemd.gov/swimcenter for a full listing of facility policies, updates to the hours of operations (i.e. special events) and additional details on memberships, program offerings, admission fees and lap swim guidelines.
- Lap lanes are to be used for lap swimming or water walking only.
 - Lap Swimming is defined as: traversing the length of the pool using a coordinated stroke for a sustained period. Lap swimmers must be able to swim from one end of the pool to the other without stopping or assistance.
 - Water Walking is defined as: continuous motion of the legs/arms to “jog in place” over a sustained period for exercise purposes. When water walking shares a lane with lap swimming, water walkers should locate themselves at the ends of the lane.
- Lap lane allocations change throughout the day for certain pools (see schedule). Facility staff may begin to move lap lanes for upcoming activities within a ten (10) minute window of the published transition times.
- [Private Swim Lessons](#) may occur when pools open for Recreation / Lap Swim.
- Check your residency status at www.rockvillemd.gov/gis. **Note: not all Rockville mailing addresses are in the corporate City limits.** To received resident rates for daily admission, a Recreation ID card must be presented. Cards are available at the front desk for \$2 with proof of City of Rockville Residency (photo ID with address, utility bill, lease, school records for youth)
- Program offerings are also available. Visit <http://www.rockvillemd.gov/registration> to learn more.
- Take steps to wash your hands often and shower before swimming.
- Children under nine (9) years of age must be always supervised by an adult.
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- **Admission fees are required for all who enter the facility for recreation / lap swim. Watching requires a daily admission card or membership pass except for city-sponsored classes and programs.**
- **There will be no refunds for inclement weather. Additional fees apply for Fitness Room use and Program Registration.**
- Rockville Swim and Fitness Center reserves the right to limit and/or refuse admittance into the facility when the capacity of the pool(s) have been reached or when otherwise deemed necessary for the health, welfare, or safety of the patrons.

Daily Admission – Aquatics	General Admission (Non- City Residents)	City of Rockville Resident (with Recreation ID – available at RSFC front desk for \$2 with proof of Rockville Residency)
Adult (18-59)	\$8	\$7
Child (1-17)	\$7	\$6
Senior (60+)	\$6.40	\$5.60

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