



WHEREAS, stroke is a leading cause of disability and death, impacting individuals and families across the nation; and

WHEREAS, every minute matters in stroke treatment, and early recognition of the warning signs is crucial for maximizing recovery; and

WHEREAS, understanding the F.A.S.T. acronym (Face, Arms, Speech, Time to call 9-1-1) can help save lives; and

WHEREAS, resources and information are shared to help individuals identify and manage risk factors like high blood pressure, high cholesterol, and diabetes, which can contribute to stroke.

WHEREAS, May is designated as National Stroke Awareness Month, providing an opportunity to raise awareness, educate the public about the signs, symptoms, risk factors, promote action, and understand the potential consequences of a stroke; and

WHEREAS, May also recognizes the needs of stroke survivors and their families, by offering resources and support for recovery and long-term care.

NOW, THEREFORE, the Mayor and Council of Rockville, Maryland, do hereby proclaim **May 2026** to be **Stroke Awareness Month**, and encourage the Rockville community to remember this year's theme, **"Make May Purple,"** and act F.A.S.T., and to always seek help quickly.




Monique Ashton, Mayor


Kate Fulton, Councilmember


Izola (Zola) Shaw, Councilmember


Barry Jackson, Councilmember


Mahesa Valeri, Councilmember


David Myles, Councilmember


Adam Van Grack, Councilmember

May 4, 2026