



RMSC - ROCKVILLE: Practice Cancellations and Changes

Updated: 5/22/26

Planned practice cancellations and changes will be posted here (ex: practices cancelled due to swim meet). Emergency related cancellations (ex: weather events) will be communicated via email. Please contact the athlete’s coach with questions, or RMSC – Rockville Head Swim Coach Dave Greene at 240-314-8755 / dgreene@rockvillemd.gov.

Memorial Day Weekend (Sat. 5/23, Sun. 5/24 & Mon. 5/26) Practice Schedule

Sat. 5/23/26 – Regular Schedule

Sun. 5/24/26 – Regular Schedule

Mon. 5/25/26

Enter from Welsh Park (behind the snack bar). Access to Martins Lane will be restricted until 1pm due to the Memorial Day Parade

Group	Time	Location
ASG	6:00am-7:30am	Fitness Pool
NTG	7:30am-9:30am	Fitness Pool
Select Junior	9:30am-11:30am	Fitness Pool
Junior 1	9:30am-11:00am	South Pool
All other groups: No practice		

Maryland State Longcourse Championship Meet at RSFC (Fri. May 29, Sat. May 30 and Sun. May 31):

All RMSC Practices at RSFC are Cancelled

Other Practice Changes / Cancellations:

Date	Time	Group / Location	Updated Status	Notes
Fri. 6/19/26	4:00pm-6:00pm	National Team / Fitness Pool	Cancelled	
Wed. 5/27/26, 6/3/26, 6/10/26	3:30pm-5:00pm	ASG / Wellness Pool	Location Change	