



WHEREAS, the U.S. House of Representatives has designated July as Parks and Recreation Month, as parks and recreation are an integral part of communities throughout this country, including Rockville, Maryland; and

WHEREAS, parks and recreation promote health and wellness, improving the physical and mental health of people who live near parks, and promote time spent in nature, which positively impacts mental health by increasing cognitive performance and alleviating illnesses such as depression, attention deficit disorders, and Alzheimer's; and

WHEREAS, park and recreation programming and education activities, such as out-of-school time programming, youth sports, and environmental education, are critical to childhood development, and encourage physical activities by providing space for popular sports, hiking trails, swimming pools, and many other activities designed to promote active lifestyles; and

WHEREAS, parks and recreation increase a community's economic prosperity through increased property values, expansion of the local tax base, increased tourism, the attraction and retention of businesses, and crime reduction; and

WHEREAS, parks and recreation are fundamental to the environmental well-being of our community and are essential to an adaptable infrastructure that makes our communities resilient in the face of natural disasters and climate change; and

WHEREAS, our parks and natural recreation areas ensure the ecological beauty of our community and provide a place for children and adults to connect with nature and recreate outdoors, and Rockville recognizes the benefits derived from parks and recreation resources.

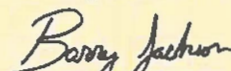
NOW THEREFORE, the Mayor and Council of Rockville, Maryland, do hereby proclaim **July 2026 as Park and Recreation Month**, and urge everyone to take full advantage of our beautiful park and recreation facilities and amenities, now and throughout the year!




Monique Ashton, Mayor


Kate Fulton, Councilmember


Izola (Zola) Shaw, Councilmember


Barry Jackson, Councilmember


Mahssa Valeri, Councilmember


David Myles, Councilmember


Adam Van Grack, Councilmember

June 1, 2026