



RMSC - ROCKVILLE: Practice Cancellations and Changes

Updated: 7/16/26

Planned practice cancellations and changes will be posted here (ex: practices cancelled due to swim meet). Emergency related cancellations (ex: weather events) will be communicated via email. Please contact the athlete's coach with questions, or RMSC – Rockville Head Swim Coach Dave Greene at 240-314-8755 / dgreene@rockvillemd.gov.

Date	Time	Group / Location	Updated Status	Notes
Wed. 7/13/26	3:30pm-5:00pm	Jr. Select / South Pool	Cancelled	
Thurs. 7/16/26	7:30am-9:00am	Jr. Select / Fitness Pool	Cancelled	
Thurs. 7/16/26	4:00pm-5:00pm	Stroke Clinic / South Pool	Cancelled	
Fri. 7/17/26	7:00am-9:00am	Jr. Select / South & Fitness Pool	Cancelled	
Mon. 7/20/26	7:00am-9:00am	Jr. Select / South & Fitness Pool	Cancelled	
Mon. 7/20/26	4:00pm-5:00pm	Stroke Clinic / South Pool	Cancelled	
Tues. 7/21/26	4:00pm-6:00pm	NTG/Fitness Pool	Cancelled	
Wed. 7/22/26	3:30pm-5:00pm	Jr. Select / South Pool	Cancelled	
Fri. 7/24/26	3:30pm-5:00pm	NTG / South Pool	Cancelled	
Mon. 7/27/26	6:00am-8:00am	NTG / Fitness Pool	Added	
Tues. 7/28/26	5:30am-7:30am	NTG / Fitness Pool	Added	
Wed. 7/29/26	6:00am-8:00am	NTG / Fitness Pool	Added	
Thurs. 7/30/26	5:30am-7:30am	NTG / Fitness Pool	Added	
Fri. 7/31/26	6:00am-8:00am	NTG / Fitness Pool	Added	
Fri. 7/31/26	4:00pm-6:00pm	National Team / Fitness Pool	Added	
Sat. 8/1/26	6:00am-8:00am	NTG / Fitness Pool	Added	
Mon. 8/3/26	6:00am-8:00am	NTG / Fitness Pool	Added	
Tues. 8/4/26	5:30am-7:30am	NTG / Fitness Pool	Added	

National Team Practices, 4pm-6pm on Mon / Wed / Fri (in Fitness Pool) Concludes on 7/17/26