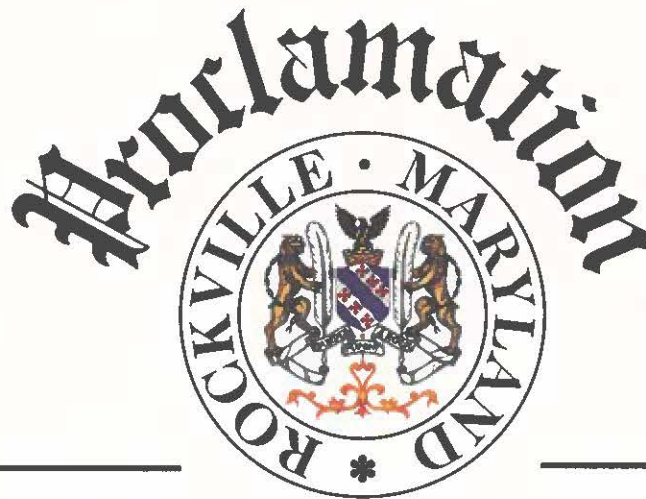




WHEREAS, Ageism refers to the stereotypes (how we think), prejudice (how we feel), and discrimination (how we act) toward others based on age; and

WHEREAS, there are an estimated 1.511 million adults in the state of Maryland, older than age 60, who are potentially impacted by ageism; and

WHEREAS, ageism toward older adults affects their mental and physical health, financial well-being, and the economy of Maryland and the City of Rockville; and

WHEREAS, recognizing that it is up to all of us to ensure that older adults are respected and portrayed as capable, competent, effective, and valued in all areas of society; and

WHEREAS, ageism awareness and preventing ageism are beneficial to all citizens of Rockville, Maryland, by improving the quality of life within our communities.

NOW, THEREFORE, the Mayor and Council of the City of Rockville, Maryland, do hereby proclaim **October 2026 as Ageism Awareness Month**, and want to emphasize the profound impact of meaningful interactions and social connections on the well-being and health of older adults in our community. We call upon all residents to recognize the contributions of our older residents and promote programs and activities that foster connection, inclusion, and support for older adults.


Monique Ashton, Mayor
Kate Fulton, Councilmember
Izola (Zola) Shaw, Councilmember
Barry Jackson, Councilmember
Marissa Valeri, Councilmember
David Myles, Councilmember
Adam Van Grack Councilmember

October 5, 2026